



Jointly operated by the Vancouver Board of Parks and Recreation and the Marpole-Oakridge Community Association

TO REGISTER: [vancouver.ca/marpoleoakridgerec](https://vancouver.ca/marpoleoakridgerec)

FITNESS CENTRE: [vancouver.ca/marpoleoakridgefitness](https://vancouver.ca/marpoleoakridgefitness)

COMMUNITY CENTRE: [marpoleoakridge.org](https://marpoleoakridge.org)



## Marpole-Oakridge Community Centre

# SPRING & SUMMER 2026 RECREATION GUIDE

PROGRAMS RUNNING

Apr 7–Sep 5, 2026

## SPRING PROGRAMS REGISTRATION STARTS:

• Online/In-Person: MONDAY, MARCH 9 @ 7:00PM • By Phone: TUESDAY, MARCH 10 @ 10:00AM

## SUMMER DAYCAMP REGISTRATION STARTS:

• Online/In-Person: WEDNESDAY, APRIL 8 @ 7:00PM • By Phone: THURSDAY, APRIL 9 @ 10:00AM

## SUMMER PROGRAMS REGISTRATION STARTS:

• Online/In-Person: MONDAY, MARCH 25 @ 7:00PM • By Phone: TUESDAY, MARCH 26 @ 10:00AM

## GET IN TOUCH WITH US

990 West 59th Avenue  
(At the corner of Oak Street)  
Vancouver, BC V6P 1X9

### COMMUNITY CENTRE

604.257.8180 (press 1)  
marpolecc@vancouver.ca  
marpoleoakridge.org

### OPERATING HOURS

SPRING: Apr 7-Jun 27, 2026  
SUMMER: Jun 29-Sep 5, 2026

### COMMUNITY CENTRE & FITNESS CENTRE

Mon-Thu 9:00am-9:00pm  
Fri (Spring) 9:00am-8:00pm  
Fri (Summer) 9:00am-5:00pm  
Sat (Spring) 9:00am-4:00pm  
Sat (Summer) 9:00am-1:00pm  
Sun & Stat Holidays • CLOSED

*Closed Apr 3, Apr 6, May 18, Jul 1,  
Aug 1, Aug 3, 2026*

*Centre Office closes 15 minutes  
earlier than the community centre*

### RACQUETBALL COURT

See page 26 for details

### SAUNA & WHIRLPOOL

See page 26 for hours

### MOCA VISION & MISSION

Our mission is to offer accessible and diverse leisure opportunities to enhance the well-being of individuals and strengthen a sense of community in a safe and welcoming environment.

Jointly operated by the Vancouver Board of Parks and Recreation and the Marpole-Oakridge Community Association.

**Interactive Brochure** available at [www.vancouver.ca/marpoleoakridgerec](http://www.vancouver.ca/marpoleoakridgerec) and [www.marpoleoakridge.org](http://www.marpoleoakridge.org)

## REGISTER

- **ONLINE** [recreation.vancouver.ca](http://recreation.vancouver.ca) and browse our activities
- **BY PHONE** 604.257.8180 (press 1) and please have your credit card number and course numbers ready
- **IN PERSON** Register yourself and up to two other people in each course

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## ADMINISTRATIVE INFORMATION

► **Protection of Personal Information:** In the course of providing programs and services, MOCA collects personal information from individuals participating in classes, workshops, events or rentals. The information may be used for communication purposes regarding current or upcoming events, processing payments, or statistical purposes. We respect the importance of protecting the personal information that we collect. For information on our privacy policies and practices, call 604.257.8180 (1) or email [marpoleoakridgecc@gmail.com](mailto:marpoleoakridgecc@gmail.com).

► **Leisure Access Program (LAP):** The Vancouver Park Board LAP is for Vancouver residents who face financial barriers. MOCA allows a 50% discount off most centre programs for those who qualify for the LAP. LAP discount does not apply to: private music lessons, special events, one-day workshops/out-trips, private court rentals, uniforms, material fees and 10 usage passes. Week long camps are limited to one discount per person, per season. Applications available at the front desk.

### ► Refund Policy (by phone/in person)

- A \$5.00 administration fee per program, per person will be charged for all program refunds, unless the program is cancelled by the Community Centre.
- Refund requests must be received by phone or in-person to the front office during operational hours with the required notice as outlined below.
- Regular weekly programs (exceptions are noted below): a full refund less the admin fee will be provided if requested at least 7 calendar days before the program start date. Refunds requested within 6 calendar days of the program start date and up to 72 hours before the start of the scheduled second session, will be charged for the first session and the admin fee. No refunds thereafter.
- One-day sessions and events, workshops, out-trips, and court rentals: a full refund less the admin fee will be provided if requested at least 7 calendar days before the program start date. No refunds thereafter.
- Week-long programs (such as day camps): a full refund less the admin fee will be provided if requested at least 14 calendar days before the program start date. No refunds thereafter.
- 10 usage passes (dance, sports, aerobics) and 1 month aerobics passes: no refunds available.
- Aerobics FitPass: full refunds are not available. Refunds requested before the halfway point of the season (based on pass dates), will be charged 50% of the total pass fee and the admin fee. No refunds thereafter.
- Material fees and uniforms: no refunds.



## PARENT-TOT · PRESCHOOL



## SPORTS/SOCIAL

### Sportball Parent & Tot Multisport 2-3.5 yrs

Preschoolers build motor skills, balance and coordination, and social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class with developmentally appropriate games and activities. A one-parent-per-child ratio policy to ensure that focus is kept on helping little ones practice and progress. More info: [www.sportball.ca](http://www.sportball.ca).

▶ 608609		\$95/5 sess
Apr 10-May 8	F	4:45pm-5:30pm
▶ 608610		\$114/6 sess
May 15-Jun 19	F	4:45pm-5:30pm
▶ 608600		\$95/5 sess
Apr 11-May 9	Sa	10:20am-11:05am
No class Jun 6.		
▶ 608601		\$95/5 sess
May 23-Jun 27	Sa	10:20am-11:05am
No class Aug 1.		
▶ 610190		\$152/8 sess
Jul 4-Aug 29	Sa	10:20am-11:05am
Sportball Vancouver		

## SUMMER CAMPS

### Zumbini® Camp 0-5 yrs

See page 5 for details.  
No class Jul 1.

▶ 614759		\$80/4 sess
Jun 29-Jul 3	M-Tu,Th-F	1:00pm-1:45pm
▶ 614755		\$80/4 sess
Aug 4-Aug 7	Tu-F	9:45am-10:30am
▶ 616936		\$80/4 sess
Aug 24-27	M-Th	1:00pm-1:45pm
Maayan Amitov		

### Music Exploration Camp 3-6.5 yrs

See page 5 for details.

▶ 612918		\$80/5 sess; Drop-in \$22
Jul 27-Jul 31	M-F	10:00am-10:30am
Musical Expressions		

## COMMUNITY PARTNER

### Marpole-Oakridge Family Place

Parent-Tot Drop-In Program, Mon-Fri from 9am-12pm, for families with children 0-6 yrs, offering free play, songs, story-times, literacy games and parental support. At 8188 Lord St. <https://mofp.org/>



## DANCE/MUSIC/SOCIAL

### Zumbini® No Way! Jose 0-5 yrs

Sing, dance and play as you bond with your child! Created by Zumba® and BabyFirst, Zumbini® combines music, dance and playing instruments for 45 minutes of can't-stop, won't-stop bonding, learning and fun! Zumbini® creates a true "360°" experience, with live classes and the "Zumbini® Time" interactive TV show on BabyFirst TV. Parent participation required. Children 6 months and under can attend free with a registered sibling. [www.zumbini.com](http://www.zumbini.com).

▶ 607877		\$180/9 sess
Apr 15-Jun 10	W	9:30am-10:15am
▶ 607878		\$180/9 sess
Apr 15-Jun 10	W	10:30am-11:15am
Maayan Amitov		

### Uke & Me 3-5 yrs

Explore this fun instrument through colours, numbers, jamming and singing along to your favourite tunes. No experience is required. Ukuleles are provided for use in class (though you may bring your own if you prefer). Parent participation is required. Drop-ins welcome if space permits.

▶ 607886		\$162/10 sess
Apr 17-Jun 19	F	11:00am-11:30am
Musical Expressions		



### Wee Expressions 0-4 yrs

Join us on an adventure of imagination in songs through a mixture of free play and structure. Parents and children alike will take pleasure in the interactive nature of the classes and jointly participate in singing, instrument playing, learning manners, brain gym, accompanying song actions, baby sign language and dances with a refreshing sense of exploration and fun. Our curriculum is based on researched methods surrounding the benefits of music infused with Music Therapy techniques. \$7.50 music fee included. Drop-ins welcome, space permitting.

▶ 607880		\$169.50/10 sess; Drop-in \$22
Apr 17-Jun 19	F	10:05am-10:50am
Musical Expressions		

Please note our Summer programs and Daycamps are in yellow

### Family Drop-In Gym 0-12 yrs

Family drop-in playtime for families. Bouncy castle and little kid play area on one half of the gym, and sports stations in the other half. Parent participation is required.

▶ 614766		Drop-in \$3/child
May 16	Sa	11:00am-12:30pm



## PRESCHOOL



## DANCE/SPORT

### Mini Hip Hop Breakers 4-6 yrs

This non-stop action-packed class includes hip-hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Dancers will improve coordination, musicality, expression, and learn a dynamic choreography. Please wear a comfortable dance outfit.

No class Jun 6.

▶ 608569 \$140/10 sess  
 Apr 11-Jun 20 Sa 1:20pm-2:05pm  
 Endorphin Rush Dance

### Sportball Multisport 3.5-5 yrs

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. For more, visit [www.sportball.ca](http://www.sportball.ca).

▶ 608603 \$95/5 sess

Apr 10-May 8 F 3:45pm-4:45pm

▶ 608604 \$114/6 sess

May 15-Jun 19 F 3:45pm-4:45pm

▶ 608585 \$95/5 sess

Apr 11-Jun 20 Sa 9:15am-10:10am

No class Jun 6.

▶ 608599 \$95/5 sess

May 23-Jun 27 Sa 9:15am-10:10am

No class Aug 1.

▶ 610189 \$152/8 sess

Jul 4-Aug 29 Sa 9:15am-10:10am

Sportball Vancouver

### Sportball Outdoor Soccer 3.5-5 yrs

Introduces fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors, rain or shine; Parent is required to remain on the field for children's safety. Visit [www.sportball.ca](http://www.sportball.ca) for info.

No class May 18.

▶ 608621 \$133/7 sess

May 4-Jun 22 M 5:00pm-6:00pm

No class Aug 3.

▶ 610193 \$133/7 sess

Jul 6-Aug 24 M 5:00pm-6:00pm

Sportball Vancouver

## PERFORMING ARTS

### Creative Ballet 3-5 yrs Jazz/Ballet 3.5-5 yrs

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques, exploring their creative expression in this fun and welcoming class. Children must be able to participate without a parent in the room. Please wear ballet outfit.

No class Jun 6.

▶ 608566 \$140/10 sess

Apr 11-Jun 20 Sa 10:20am-11:05am

No class Aug 1.

▶ 610778 \$98/7 sess

Jul 4-Aug 22 Sa 10:05am-10:50am

Endorphin Rush Dance

Children will learn the fundamentals of both ballet and jazz dance while developing their own creative expression. The dancer's mobility, balance, and coordination will be improved in this fun and welcoming program. Children must be able to participate without a parent in the room.

No class Jun 6.

▶ 608570 \$140/10 sess

Apr 11-Jun 20 Sa 2:10pm-2:55pm

No class Aug 1.

▶ 610789 \$98/7 sess

Jul 4-Aug 22 Sa 11:45am-12:30pm

Endorphin Rush Dance

### Children's Creative Ballet 4-6 yrs

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques, exploring their creative expression in this fun and welcoming class. Children must be able to participate without a parent in the room. Please wear ballet outfit.

No class Jun 6.

▶ 608567 \$140/10 sess

Apr 11-Jun 20 Sa 11:10am-11:55am

No class Aug 1.

▶ 610783 \$98/7 sess

Jul 4-Aug 22 Sa 10:55am-11:40am

Endorphin Rush Dance

### Mini Hip Hop Breakers 3.5-5 yrs

This non-stop action-packed class includes hip-hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Dancers will improve coordination, musicality, expression, and learn a dynamic choreography. Please wear a comfortable dance outfit.

No class Jun 6.

▶ 608565 \$140/10 sess

Apr 11-Jun 20 Sa 9:30am-10:15am

No class Aug 1.

▶ 610776 \$98/7 sess

Jul 4-Aug 22 Sa 9:15am-10:00am

Endorphin Rush Dance



Please note our **Summer programs** and **Daycamps** are in yellow

## PRESCHOOL



### ART/MOVEMENT

#### Preschool Drawing

3.5-5 yrs

Springtime is the right time to sign up your early learner for a Young Rembrandts class! We will begin our adventure with an imaginary trip to the hardware store as we illustrate and learn about different tools. We'll continue to stomp away springtime boredom as we draw and colour a mighty dinosaur. The sky is the limit as we draw a colourful, patterned butterfly. And we'll soar to new heights with our fantastic kite drawing. There's no better time than now to enroll!

► 608572 \$198/9 sess  
Apr 22-Jun 17 W 3:30pm-4:20pm  
Young Rembrandts

#### Kinetic Kids

#### Fundamentals

3.5-5 yrs

This is a high-energy, hands-on program designed to help little ones build strength, coordination, and confidence through a blend of exciting games, obstacle courses, and creative free play. With a perfect mix of guided activities and child-led exploration, children will grow their physical skills for everyday movement! [www.kinetickids.ca](http://www.kinetickids.ca).

No class Jun 6.

► 608574 \$150/10 sess  
Apr 11-Jun 20 Sa 1:45pm-2:30pm  
Kinetic Kids

**Mark your calendar**  
for **Summer Camp registration**  
Wed Apr 8 @ 7pm.

### MARTIAL ARTS

#### SunMithr Taekwondo Little Ninjas

3.5-6 yrs

Everyone can benefit from martial arts according to their needs and lifestyle. Learning these new techniques will improve mental and physical development. Purchase of a uniform will be available for approximately \$60 plus tax. Option of a t-shirt and belt uniform for \$30 plus tax. Waiver form must be completed for participation, to be handed in by first class.

—  
**Little Ninjas** 3.5-5 yrs  
► 608615 \$93/12 sess  
Apr 7-Jun 23 Tu 3:45pm-4:15pm  
► 608616 \$93/12 sess  
Apr 9-Jun 25 Th 3:30pm-4:00pm

#### Little Ninjas Plus

3.5-6 yrs

For those who've completed a previous session of Tae Kwon Do Little Ninjas. Waiver form must be completed for participation by first class.

► 608650 \$93/12 sess  
Apr 7-Jun 23 Tu 4:15pm-4:45pm  
► 608652 \$93/12 sess  
Apr 9-Jun 25 Th 4:00pm-4:30pm

#### Little Ninjas/ Ninjas Plus

3.5-6 yrs

► 610334 \$62/8 sess  
Jul 7-Aug 25 Tu 4:15pm-4:45pm  
► 610830 \$62/8 sess  
Jul 9-Aug 27 Th 4:00pm-4:30pm

Bahareh Dehkordi

### MARTIAL ARTS

#### Capoeira

4-6 yrs

Learn the art of Capoeira! Capoeira is a Brazilian martial art that combines self-defense, dance, acrobatics, music and Brazilian culture. Participants will learn the fundamentals of capoeira while working on coordination, flexibility and endurance. Beginner friendly and inclusive environment for all. Waiver form must be completed for participation, to be handed in by first class.

► 614685 \$125/10 sess  
Apr 15-Jun 17 W 3:45 pm-4:30 pm  
► 616948 \$87.50/7 sess  
Jul 8-Aug 19 W 3:45pm-4:30pm  
Douglas Da Silva Soares

### SPECIALTY DAYCAMPS

#### Zumbini® Camp

0-5 yrs

Created by Zumba® and BabyFirst, the Zumbini® program combines music, dance and playing instruments for 45 minutes of learning and fun. Parent participation required. Themes: Kalino-Hili-TJ-Jose.

No class Jul 1.

► 614759 \$80/4 sess  
Jun 29-Jul 3 M-Tu,Th-F 1:00pm-1:45pm  
► 614755 \$80/4 sess  
Aug 4-Aug 7 Tu-F 9:45am-10:30am  
► 616936 \$80/4 sess  
Aug 24-27 M-Th 1:00pm-1:45pm  
Maayan Amitov

#### Music Exploration Camp

3-6.5 yrs

Explore this fun instrument through colours, numbers, musical story telling and sing-alongs. Instruments and Ukulele are provided for use in class. Parent participation required.

► 612918 \$80/5 sess; Drop-in \$22  
Jul 27-Jul 31 M-F 10:00am-10:30am  
Musical Expressions

### CONSTRUCTION UPDATES

Construction is underway on your new Marpole Community Centre. For the latest updates, visit <https://vancouver.ca/parks-recreation-culture/marpole-community-centre-renewal.aspx>.

# SPECIALTY CAMPS: PRESCHOOL



**REFUND POLICY** • all refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required. Refund requests must be made in person or by phone

## SPORT CAMPS

### Sportball Outdoor Soccer Camp 3.5-5 yrs

Kickstart your day! Sportball soccer camps introduce fundamental concepts of gameplay and teaches the basic skills required to bend it like Beckham in a supportive, noncompetitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play. Please bring a nut free snack and/or lunch with a name labeled water bottle. Camp is held outdoors for the duration of the camp.

▶ 612647 \$95/5 sess  
Jul 13-Jul 17 M-F 10:45am-12:00pm  
Sportball Vancouver

### Sportball Outdoor Multisport Camp 3.5-5 yrs

A variety of ball sports and activities PLUS snack time, stories, co-operative games and more! Camps will run outdoors, rain or shine. Please pack a hat, sunscreen, a labelled water bottle and a nut free lunch or snack. More info: [www.sportball.ca](http://www.sportball.ca)

▶ 612675 \$95/5 sess  
Jul 27-Jul 31 M-F 10:45am-12:00pm  
▶ 612681 \$95/5 sess  
Aug 17-Aug 21 M-F 10:45am-12:00pm  
Sportball Vancouver

## DANCE CAMPS

### Frozen Ballet Dance Camp 3.5-5 yrs

100% Frozen Soundtrack Music is played in this creative ballet class. Dancers learn the basics of ballet and expression through movement. Costumes welcome, but not required. Beginner friendly, no experience required. Presentation on the last day!

▶ 612909 \$109/5 sess  
Jul 13-Jul 17 M-F 9:15am-10:30am  
▶ 612915 \$109/5 sess  
Aug 17-Aug 21 M-F 9:15am-10:30am  
Endorphin Rush Dance

### Fairytale Remix Camp 4-6 yrs

Classic fairytales meet movement and imagination in Fairytale Remix. Young dancers bring princes, princesses, heroes, and magical creatures to life through ballet and jazz-inspired movement. This camp encourages creativity, listening skills, and confidence while introducing basic dance technique in a fun and engaging way. Bring your cameras! Presentation for parents on the last day! More info: [www.kirbysnelldance.com](http://www.kirbysnelldance.com)

▶ 612912 \$109/5 sess  
Aug 10-Aug 14 M-F 9:15am-10:30am  
Endorphin Rush Dance

### Under the Sea Dance Quest Camp 4-6 yrs

Dive into an ocean of creativity! Under the Sea Dance Quest uses ballet, jazz, and creative movement to explore flowing, playful dances inspired by sea creatures and underwater adventures. Through storytelling, movement games, and music, dancers build coordination, confidence, and a love of dance while letting their imaginations swim free. Presentation for parents on the last day! More info at [www.kirbysnelldance.com](http://www.kirbysnelldance.com).

▶ 612913 \$109/5 sess  
Aug 10-Aug 14 M-F 10:45am-12:00pm  
Endorphin Rush Dance

### Kinetic Kids Fundamentals Camp 3-5 yrs

An action-packed, program where kids jump, run, climb, and play their way through exciting games, obstacle courses, and creative movement challenges. Designed to build strength, coordination, balance, and confidence in a supportive, high-energy environment.

▶ 614787 \$112.50/5 sess  
Aug 31-Sep 4 M-F 9:30am-11:00am  
▶ 616863 \$112.50/5 sess  
Aug 31-Sep 4 M-F 11:00am-12:30pm  
Kinetic Kids

# DAYCAMPS

## PRE-CAMP

### Pre-Camp 6-12 yrs

A fun one-day onsite camp filled with age-appropriate activities for all campers. Participants will enjoy a mix of engaging indoor activities and supervised outdoor play. A safe, active day designed to encourage creativity, movement, and socialization.

▶ 612446		\$35/1 sess
Jun 29	M	9:00am-4:00pm
▶ 612448		\$35/1 sess
Jun 30	Tu	9:00am-4:00pm
▶ 612449		\$35/1 sess
Jul 2	Th	9:00am-4:00pm
▶ 612450		\$35/1 sess
Jul 3	F	9:00am-4:00pm

**REGISTRATION**  
starts online/in person:  
**Wednesday April 8**  
@ 7:00pm  
by phone:  
**Thursday April 9**  
@ 10:00am

## DAYCAMPS

### Summer Fun Day Camp

Our summer daycamp is a full-day, play-based recreation program designed to foster friendships and encourage play through group activities and games. Please note this is not a licensed child care program.

Each week, campers will go on outings throughout the lower mainland (e.g., swimming, ice skating, parks), traveling by a combination of public transit, charter bus, and/or on foot. This action-packed camp offers a variety of activities, including games, sports, dance, and crafts. Staff members are primarily between the ages of 18 and 22. The program has a staff-to-participant ratio of 1:10, with additional support from youth volunteers.

We meet in the Auditorium (for ages 6-8) and the Basement (for ages 9-12), both of which can be loud, open spaces with fluorescent lighting. Children are required to bring a backpack containing a snack, lunch, water bottle, sunscreen, a hat, and closed-toe shoes.

To ensure all campers have a positive experience, we provide daily visual schedules and offer a quiet corner and sensory tools. If you have any questions or concerns about how we can support your child's participation, please contact staff by emailing: [marpole.camps@vancouver.ca](mailto:marpole.camps@vancouver.ca)

- Waiver forms must be completed and submitted at drop-off.
- Children must be signed in and out daily by a parent or guardian.
- Children must have completed kindergarten and be eligible for grade 1 to register for camp.
- No camps on Aug 3.

#### REFUND POLICY for daycamps

All refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required. Refunds requests cannot be done online.

Daycamp	6-8 yrs	Daycamp	9-12 yrs	Aftercare	6-12 yrs
▶ 612455	\$180/5 sess	▶ 612456	\$180/5 sess	▶ 612454	\$40/5 sess
Jul 6-Jul 10	M-F 9:00am-3:30pm	Jul 6-Jul 10	M-F 9:00am-3:30pm	Jul 6-Jul 10	M-F 3:30pm-5:00pm
▶ 612457	\$180/5 sess	▶ 612464	\$180/5 sess	▶ 612632	\$40/5 sess
Jul 13-Jul 17	M-F 9:00am-3:30pm	Jul 13-Jul 17	M-F 9:00am-3:30pm	Jul 13-Jul 17	M-F 3:30pm-5:00pm
▶ 612458	\$180/5 sess	▶ 612465	\$180/5 sess	▶ 612633	\$40/5 sess
Jul 20-Jul 24	M-F 9:00am-3:30pm	Jul 20-Jul 24	M-F 9:00am-3:30pm	Jul 20-Jul 24	M-F 3:30pm-5:00pm
▶ 612459	\$180/5 sess	▶ 612466	\$180/5 sess	▶ 612634	\$40/5 sess
Jul 27-Jul 31	M-F 9:00am-3:30pm	Jul 27-Jul 31	M-F 9:00am-3:30pm	Jul 27-Jul 31	M-F 3:30pm-5:00pm
▶ 612460	\$144/4 sess	▶ 612467	\$144/4 sess	▶ 612635	\$32/4 sess
Aug 4-Aug 7	Tu-F 9:00am-3:30pm	Aug 4-Aug 7	Tu-F 9:00am-3:30pm	Aug 4-Aug 7	Tu-F 3:30pm-5:00pm
▶ 612461	\$180/5 sess	▶ 612468	\$180/5 sess	▶ 612636	\$40/5 sess
Aug 10-Aug 14	M-F 9:00am-3:30pm	Aug 10-Aug 14	M-F 9:00am-3:30pm	Aug 10-Aug 14	M-F 3:30pm-5:00pm
▶ 612462	\$180/5 sess	▶ 612469	\$180/5 sess	▶ 612637	\$40/5 sess
Aug 17-Aug 21	M-F 9:00am-3:30pm	Aug 17-Aug 21	M-F 9:00am-3:30pm	Aug 17-Aug 21	M-F 3:30pm-5:00pm
▶ 612463	\$180/5 sess	▶ 612470	\$180/5 sess	▶ 612639	\$40/5 sess
Aug 24-Aug 28	M-F 9:00am-3:30pm	Aug 24-Aug 28	M-F 9:00am-3:30pm	Aug 24-Aug 28	M-F 3:30pm-5:00pm

## DAYCAMPS & SPECIALTY CAMPS

REGISTRATION starts online/ in person **Apr 8 @ 7pm** and **Apr 9 @10am** by phone

## TECH/BYTE CAMPS

### DRAWING & TECH CAMPS

#### Anime Cartoon Drawing Camp **NEW** 6-12yrs

We will learn about and draw cartoons in the Anime style. We will learn to create our own original Anime characters. We will use a variety of facial expressions and action and movement to illustrate our scenes. On the final day, we will pull from what we already learned to draw a large comic book type scene in the Anime style.

▶ 612145 \$220/5 sess  
Jul 6-Jul 10 M-F 9:15am-12:15pm  
Young Rembrandts

#### Animal Cartoon Drawing Camp 6-12yrs

If your child is a fan of cuddly animals and funny cartoons, this drawing workshop is especially tailored for his or her needs. Over the course of five days, our students will learn how to draw animals of all shapes, sizes, and colours. They will learn how to personify ordinary animals, transforming them into fully-realized cartoon characters.

▶ 612149 \$220/5 sess  
Jul 6-Jul 10 M-F 12:45pm-3:45pm  
Young Rembrandts

#### Pastel & Drawing Camp: Colourful Animals Camp 7-12yrs

Young artists will explore the animal world through various drawing styles such as cartoon, graphic and realistic. Campers will learn basic to intermediate drawing skills, shading techniques, and colour blending while creating vibrant animal artworks inspired by pets and wildlife. Campers should bring a snack, a lunch, and wear appropriate footwear and clothing for outdoor breaks.

▶ 612152 \$395/5 sess  
Jul 27-Jul 31 M-F 9:15am-3:45pm  
Young Rembrandts

#### 2D Animation on Tablet Camp 9-12yrs

See online for course description.  
▶ 612631 \$355/ 4 sess  
Aug 4-Aug 7 Tu-F 9:15am-4:15pm  
Byte Camp

#### Cartoons Character Creation Drawing Camp **NEW** 6-12yrs

Learn the basics of cartooning and create your own characters! Each day students will learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action and personification will contribute to your child's artistic advancement! Young Rembrandts students will immediately apply their new skills in every class to create their own original cartoon characters.

▶ 612194 \$220/5 sess  
Aug 17-Aug 21 M-F 9:15am-12:15pm  
Young Rembrandts

#### K-POP Anime Manga Drawing Camp 7-12 yrs

Our K-Pop Anime Drawing Workshop is bursting with creative star power. Kids will spend five fun-filled days learning how to draw anime characters in a K-Pop style including specialty eyes, stylish outfits and stage-ready poses. K-Pop artists will use colour pencils, Sharpies, and markers to bring every detail to life on large 11x17 poster-sized paper.

▶ 612195 \$220/5 sess  
Aug 17-Aug 21 M-F 12:45pm-3:45pm  
Young Rembrandts

#### 2D Video Game Design Camp 11-14yrs

Learn how to build a 2D game from the ground up using Godot, an awesome free platform for coding and launching games (think Python, but way more fun!) This is a coding camp, so be prepared to challenge yourself and learn some new skills. Time will be spent learning how to create advanced 2D vector artwork and animated character sprites to make your game look great. Some coding experience or Byte Camp's Intro to Coding is recommended as a prerequisite.

▶ 612626 \$410/5 sess  
Jul 6-Jul 10 M-F 9:15am-4:15pm  
Byte Camp

#### Foundations in AI Camp 11-14yrs

Learn how computers think, how to think like computers, and how to make the computers think like us. This camp will explore the basics of AI and give students an opportunity to build and train their own bots as they compete with other bots in simulated competitions.

▶ 612628 \$410/5 sess  
Jul 13-Jul 17 M-F 9:15am-4:15pm  
Byte Camp

#### Music Video Production Camp 9-12yrs

Camp time will be split between digital music composition, video filming and editing. Use amazing software tools to craft your very own song from scratch. We will show you the basics of beats, baselines, chords, and melodies so that your song will sound awesome. Experiment with video, special effects, and TikTok style editing techniques to make your own video as cool as your tune.

▶ 612629 \$410/5 sess  
Jul 20-Jul 24 M-F 9:15am-4:15pm  
Byte Camp

#### Introduction to Coding Camp 9-12yrs

Build your own game! Students will be to basic coding skills with Scratch and make their very own games. They will learn how to create 2D vector artwork to make characters and levels that are entirely their own. The final project is a game that you can play and share with friends online.

▶ 612630 \$410/5 sess  
Jul 27-Jul 31 M-F 9:15am-4:15pm  
Byte Camp

#### 3D Animation Camp 9-12yrs

Ever wonder how 3D animated movies like Shrek, Toy Story and Frozen are made? Learn how by modeling, animating and telling your own stories in 3D. You'll use Blender, a wonderful (and free!) 3D software, to design characters that jump off the screen and then make them come alive by adding voices, soundtracks and completing a group-made short film.

▶ 612638 \$410/5 sess  
Aug 24-Aug 28 M-F 9:15am-4:15pm  
Byte Camp

## ROBOTICS CAMPS

### Brick Animation Camp

6-12 yrs

Bring your movie-making ideas to life by creating a stop-motion Brick Animation mini movie, using LEGO® Movie Maker Software and LEGO® elements! Students will learn the basic techniques of Brick Animation including movement, timing, effects, editing, voice overs, and more! See online for detailed camp descriptions.

▶ 612882 \$175/5 sess

Aug 24-Aug 28 M-F 10:00am-12:00pm  
Tomorrow's Playground

### Robotics 1 Camp

6-11 yrs

WEDO 2.0 supports a hands-on, minds on learning experience. Using LEGO® elements, and experimentation, and incorporates activities across science, engineering, and technology with STEM education. Students will be assigned projects according to their abilities and returning students will be given new more challenging builds and coding.

No class Jul 1.

▶ 617065 \$140/4 sess

Jun 29-Jul 3 M-Tu, Th-F 12:00pm-2:00pm

▶ 612883 \$175/5 sess

Aug 24-Aug 28 M-F 12:30pm-2:30pm  
Tomorrow's Playground

### Spike Robotics Camp

8-12 yrs

An introductory educational Robotics program featuring LEGO® Spike Robotics. In this STEAM-based program, teams of students will learn to design, program, and control Robots and other mechanisms with the use of motors, sensors, and gears, and engage in exciting Fun Challenges! Using Scratch coding, students can build, program, and test their solutions based on real-life robotics technology.

▶ 612884 \$225/5 sess

Aug 24-Aug 28 M-F 3:00pm-5:00pm  
Tomorrow's Playground

### EV3 Mindstorms

### Robotics Camp

8-12 yrs

Students will learn to design, program, and control Robots and other mechanisms and engage in exciting Builds and Challenges! Full description available online. No class Jul 1.

▶ 617066 \$140/4 sess

Jun 29-Jul 3 M-Tu, Th-F 2:30pm-4:30pm  
Tomorrow's Playground

## ARCHITECTURE CAMPS

### Dream House Camp

7-12 yrs

Imagine designing a home that's 100% you—from the cozy bedroom to the ultimate game room, a chef's kitchen, or even a secret hideout! In this camp, kids will become architects, interior designers, and builders as they create their dream house from the ground up. Full description online.

▶ 615320 \$490/5 sess

Jul 13-Jul 17 M-F 9:30am-3:15pm  
Petit Architect Design For Kids Ltd

### Architecture Around the World Camp

7-12 yrs

Campers will discover how communities around the world have designed homes using local materials, clever techniques, and sustainable practices—then bring those designs to life with their own hands. Full description online.

▶ 615326 \$375/4 sess

Aug 4-Aug 7 Tu-F 9:30am-3:15pm  
Petit Architect Design For Kids Ltd.

### Happy City Camp

7-12 yrs

In this imaginative STEAM camp, kids will become urban planners and architects for a week, designing their own Happy City—a place where people, nature, and fun come together. Full description online.

▶ 616919 \$450/5 sess

Aug 31-Sep 4 M-F 9:30am-3:15pm  
Petit Architect Design For Kids Ltd.

## SPORTS CAMPS

### Sportball Outdoor Soccer Camp

5-8 yrs

Camps will run outdoors, rain or shine. Introduces fundamental concepts of gameplay and basic skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play. Please bring a nut free snack and a name labeled water bottle.

▶ 612655 \$225/5 sess

Jul 13-Jul 17 M-F 1:00pm-4:00pm  
Sportball Vancouver

## SPORTS CAMPS

### Sportball Outdoor Multisport Camp

5-8 yrs

Introduces children to a variety of ball sports and activities PLUS snack time, stories, co-operative games and more! Camps will run outdoors, rain or shine. Please be sure to pack a hat, sunscreen, a labelled water bottle and a nut free snack.

▶ 612677 \$225/5 sess

Jul 27-Jul 31 M-F 1:00pm-4:00pm

▶ 617075 \$350/5 sess

Aug 10-Aug 14 M-F 9:30am-3:30pm

▶ 612683 \$225/5 sess

Aug 17-Aug 21 M-F 1:00pm-4:00pm

Sportball Vancouver

### Kids Basketball Camp

### DRIVE Basketball

7-12 yrs

A focus on developing playing skills; understanding and playing as a team on both offense and defense; improving shooting skills and providing conditioning exercises. Bring a water bottle and dress in proper attire.

No class Jul 1.

▶ 613210 \$216/4 sess

Jun 29-Jul 3 M-Tu,Th-F 10:45am-3:15pm

▶ 613211 \$240/5 sess

Aug 31-Sep 4 M-F 12:45pm-4:45pm  
DRIVE Basketball Inc.

### Mini Aces Camp

### Indoor Tennis

6-7.5 yrs

This fun camp focuses on developing a tennis foundation, including fundamental movement, tracking, and racquet skills while developing motor skills and physical literacy. Please bring your own racquet.

▶ 613212 \$115/5 sess

Aug 31-Sep 4 M-F 9:15am-10:15am  
Summer Smash Tennis

### Junior Fundamentals

### + Aces Indoor

### Camp

7.5-10 yrs

Develop a strong tennis foundation in a fun and supportive environment. This camp is designed for beginners AND players with experience. Students will develop their skills each week through high energy, game-based lessons that follow the Summer Smash Progression. Please bring your own racquet.

▶ 613213 \$258.75/5 sess

Aug 31-Sep 4 M-F 10:15am-12:30pm  
Summer Smash Tennis

#### REFUND POLICY for daycamps

All refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required Refunds requests cannot be done online.

## SPECIALTY CAMPS



► **CAMP REFUND POLICY:** Refund requests must be made 14 days before the first day of camp, by phone or in person. Otherwise, no refunds.  
**Waiver Forms:** need to be completed and handed in on first day of camp.

## CHILDREN'S DANCE CAMPS

### Superhero Training Academy Dance Camp

5-8 yrs

In this action-packed camp, dancers train their superpowers through big movements, jumps, spins, and creative dance challenges. Using jazz and hip hop-inspired movement, kids build strength, coordination, and confidence while learning teamwork and imagination-based storytelling. Bring your cameras! Presentation for parents on the last day! More info: [www.kirbysnelldance.com](http://www.kirbysnelldance.com)

► 612914 \$219/5 sess  
 Aug 10-Aug 14 M-F 12:30pm-3:00pm  
 Endorphin Rush Dance

### Hip Hop Playground Dance Camp

5-8 yrs

Hip Hop Playground is an energetic introduction to hip hop dance. Dancers learn foundational grooves, rhythm, and short choreography combinations while building confidence and musicality. This camp balances structure and creativity, making it ideal for dancers who love high-energy movement and modern music. More info: [www.KirbySnellDance.com](http://www.KirbySnellDance.com)

► 612916 \$109/5 sess  
 Aug 17-Aug 21 M-F 10:45am-12:00pm  
 Endorphin Rush Dance

### K-Pop Demon Hunters Theme Dance Camp

6-12 yrs

In this high energy dance camp, kids learn K-Pop inspired choreography while stepping into a world of fantasy and adventure as brave Demon Hunters. Each day combines dynamic dance training, games, and creative activities where campers design their own 'hunter' persona, complete with special powers and dramatic flair. More info: [www.kirbysnelldance.com](http://www.kirbysnelldance.com)

► 612911 \$219/5 sess  
 Jul 13-Jul 17 M-F 12:30pm-3:00pm  
 ► 612917 \$219/5 sess  
 Aug 17-Aug 21 M-F 12:30pm-3:00pm  
 Endorphin Rush Dance

### Dance Camp: Street, Locking & Popping

6-13 yrs

Learn Hip Hop, Locking, Popping, Street Dance and other ethnic dance styles. Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge! No previous experience required.

► 612698 \$195/5 sess  
 Jul 6-Jul 10 M-F 9:15am-12:15pm  
 ► 612714 \$153/4 sess  
 Aug 4-Aug 7 Tu-F 12:15pm-3:15pm  
 Praise TEAM

## PERFORMING ARTS CAMPS

### Dance Camp: Jazz Funk, Hip Hop & Asian Pop

6-13 yrs

A beginner/intermediate level camp to learn Hip Hop dance and be exposed to fundamental dance styles including Korean Pop (KPOP). Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and allow your child to rise to a new challenge.

► 617046 \$153/4 sess  
 Jun 29-Jul 3 M-Tu, Th-F 9:15am-12:15pm  
 ► 612706 \$195/5 sess  
 Jul 6-Jul 10 M-F 12:15pm-3:15pm  
 ► 612708 \$195/5 sess  
 Jul 20-Jul 24 M-F 9:15am-12:15pm  
 ► 612726 \$195/5 sess  
 Aug 31-Sep 4 M-F 12:15pm-3:15pm  
 Praise TEAM

### Musical Theatre Camp: Act, Dance, Sing FUN!

6-13 yrs

Learn the technical and artistic aspects of a musical theatre performance, including minimal singing, acting and dancing. We'll learn choreographed routines set to the music of famous musicals while supporting classmates, having fun, and rising to a challenge.

► 617047 \$153/4 sess  
 Jun 29-Jul 3 M-Tu, Th-F 12:15pm-3:15pm  
 ► 612709 \$195/5 sess  
 Jul 20-Jul 24 M-F 12:15pm-3:15pm  
 ► 612713 \$153/4 sess  
 Aug 4-Aug 7 Tu-F 9:15am-12:15pm  
 ► 612725 \$195/5 sess  
 Aug 31-Sep 4 M-F 9:15am-12:15pm  
 Praise TEAM

### Arts in Motion Camp

6-11 yrs

Children will be exploring their musical, artistic and active sides. Through the week, participants will be engaged in singing, playing, movement, creating and self-expression via different activities: Group Ukulele, Rhythmic learning, Art Time (hands-on activities making art through various mediums. They will be able to take home things they make including instruments) and Drum Time (a fusion of movement, singing, African drumming and Taiko drumming.)

► 612919 \$445/5 sess  
 Jul 20-Jul 24 M-F 9:15am-2:15pm  
 Musical Expressions

## CHILDREN



## PERFORMING ARTS

### KPOP (Korean Pop)/ Hip Hop Open 6-17 yrs

Students will experience high dynamics cardio Korean Pop Music Dance and learn Hip Hop fundamentals in one class! Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more!

#### 6-12 yrs

▶ 609377 \$204/12 sess  
Apr 9-Jun 25 Th 3:30pm-4:30pm  
No class Jun 6.

▶ 609392 \$170/10 sess  
Apr 11-Jun 20 Sa 10:30am-11:30am

▶ 610793 \$136/8 sess  
Jul 9-Aug 27 Th 3:30pm-4:30pm

No class Aug 1.

▶ 610795 \$136/8 sess  
Jul 4-Aug 29 Sa 10:30am-11:30am

#### 10-17 yrs

▶ 609380 \$204/12 sess  
Apr 9-Jun 25 Th 4:30pm-5:30pm  
No class Jun 6.

▶ 609408 \$170/10 sess  
Apr 11-Jun 20 Sa 11:30am-12:30pm

▶ 610794 \$136/8 sess  
Jul 9-Aug 27 Th 4:30pm-5:30pm

No class Aug 1.

▶ 610799 \$136/8 sess  
Jul 4-Aug 29 Sa 11:30am-12:30pm

Praise TEAM

### Hip Hop, Dance, Stretch & Strength 10-17 yrs

Through proper breathing, strengthening, and stretching, learn to have a better understanding of your bodies and develop proper muscle memory. Learn proper techniques to have better physical awareness, stronger core muscles, increase flexibility and stand tall with confidence.

No class Jun 6.

▶ 614677 \$170/10 sess  
Apr 11-Jun 20 Sa 12:30pm-1:30pm

### Hip Hop, Pop Star, Urban Street Dance 10-17 yrs

Come experience hip hop, pop and urban street styles including locking, popping, waacking! Dance to hip hop music for cardio training! See online for full course description.

▶ 614683 \$204/12 sess  
Apr 8-Jun 24 W 3:30pm-4:30pm

▶ 614822 \$136/8 sess  
Jul 8-Aug 26 W 5:45pm-6:45pm

Praise TEAM

## PERFORMING ARTS

### Children's Creative Ballet 4-6 yrs

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love exploring their creative expression in this fun and welcoming class. Children must be able to participate without a parent in the room. Please wear ballet outfit.

No class Jun 6.

▶ 608567 \$140/10 sess  
Apr 11-Jun 20 Sa 11:10am-11:55am

No class Aug 1.

▶ 610783 \$98/7 sess  
Jul 4-Aug 22 Sa 10:55am-11:40am

Endorphin Rush Dance

### Mini Hip Hop Breakers 4-6 yrs

This non-stop action-packed class includes hip-hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Dancers will improve coordination, musicality, expression, and learn a dynamic choreography. Please wear a comfortable dance outfit.

No class Jun 6.

▶ 608569 \$140/10 sess  
Apr 11-Jun 20 Sa 1:20pm-2:05pm

Endorphin Rush Dance

## PERFORMING ARTS

▶ See page 2 for Refund Policy

### Jazz/Ballet 5-7 yrs

Children will learn the fundamentals of both ballet and jazz dance while developing their own creative expression. The dancer's mobility, balance, and coordination will be improved in this fun and welcoming program. No class Jun 6.

▶ 608568 \$150/10 sess  
Apr 11-Jun 20 Sa 12:15pm-1:15pm

Endorphin Rush Dance

### Audition Prep and Performance Class 10-16 yrs

Students will be trained in dance fundamentals and refine their technique essential for performance. We will be working on hip hop, street dance and jazz funk dance skills, choreography and formation, strength development, footwork, isolations, stretches and everything related to get you stage ready! Previous dance experience recommended. Performance opportunities will be announced during the season. See online for dress code.

▶ 614679 \$300/12 sess  
Apr 8-Jun 24 W 4:30pm-5:45pm

▶ 614746 \$200/8 sess  
Jul 8-Aug 24 W 4:30pm-5:45pm

Praise TEAM

Please note our **Summer programs and Daycamps** are in yellow

## CHILDREN



## EDUCATION

### Design & Architecture for Kids 7-12 yrs

Young architects will explore the fascinating worlds of famous architects and design concepts, growing their creativity through the creation of 2D drawings and 3D models. We transform learning into an exciting adventure, encouraging children to observe and appreciate their built and natural surrounding. All supplies provided and students will bring home their models.

▶ 609457 \$240/8 sess  
 Apr 14-Jun 2 Tu 5:15pm-6:30pm  
 Petit Architect Design For Kids Ltd.

## SPORTS

### Volleyball: Learn to Play 9-12 yrs

This introductory program guides players into the game by building the core skills of passing, setting, attacking and serving through targeted drills, small sided gameplay and fun, guided discovery of the game led by experienced and accredited coaches! No class May 18.

▶ 609762 \$175/10 sess  
 Apr 13-Jun 22 M 5:45pm-7:00pm  
 No class Aug 3.  
 ▶ 610805 \$122.50/7 sess  
 Jul 6-Aug 24 M 5:45pm-7:00pm  
 Volleyball BC

### Volleyball: Train & Play 13-16 yrs

The Train & Play sessions are designed for participants of all levels to learn volleyball in a low-pressure, developmentally appropriate environment. Coaches will instruct the participants on the different technical and tactical skills of volleyball using both the traditional and conceptual approach. No class May 18.

▶ 609772 \$175/10 sess  
 Apr 13-Jun 22 M 5:45pm-7:00pm  
 No class Aug 3.  
 ▶ 610807 \$122.50/7 sess  
 Jul 6-Aug 24 M 5:45pm-7:00pm  
 Volleyball BC

## EDUCATION

### FUNDamental Drawing 6-12 yrs

If your children are sports fans, they will love our baseball still life lesson. Learning about warm colours and cool colours will be the focus as our artists draw a fancy graphic flamingo. We'll also learn about and draw the legendary Mars Rover. Finally, we'll take an imaginary trip to Japan and learn about the artistry of the kimono. Sign up for classes today!

▶ 608573 \$198/9 sess  
 Apr 22-Jun 17 W 4:30pm-5:30pm  
 Young Rembrandts

### Robotics 6-11 yrs

WEDO 2.0 supports a hands-on, minds on learning experience. Using LEGO elements, and experimentation, and incorporates activities across science, engineering, and technology with STEM education. No prior robotics experience necessary. Students will be assigned projects according to their abilities and returning students will be given new more challenging builds and coding.

**Robotics 1**  
 ▶ 609577 \$100/4 sess  
 Apr 20-May 11 M 4:00pm-5:30pm

**Robotics 2**  
 The LEGO Education WEDO 2.0 for beginners and returning students.  
 ▶ 609582 \$100/4 sess  
 May 25-Jun 15 M 4:00pm-5:30pm  
 Tomorrow's Playground

### Chess for Kids 6-12 yrs

Whether a beginner or an expert, all are welcome as we explore the ancient game. Our program blends the fundamentals of chess with the essential life skills the game imparts to create a truly unique and engaging learning experience.

**6-8 yrs**  
 ▶ 611207 \$150/10 sess  
 Apr 16-Jun 18 Th 4:00pm-5:00pm  
 No class Jun 6.

▶ 611218 \$150/10 sess  
 Apr 11-Jun 20 Sa 10:00am-11:00am  
 ▶ 614552 \$105/7 sess  
 Jul 9-Aug 20 Th 4:30pm-5:30pm  
 No class Aug 1.

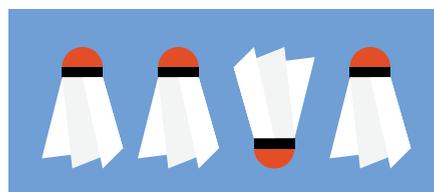
▶ 614550 \$120/8 sess  
 Jul 4-Aug 29 Sa 10:00am-11:00am

**9-12 yrs**  
 ▶ 611209 \$150/10 sess  
 Apr 16-Jun 18 Th 5:00pm-6:00pm  
 No class Jun 6.

▶ 611220 \$150/10 sess  
 Apr 11-Jun 20 Sa 11:00am-12:00pm  
 ▶ 614553 \$105/7 sess  
 Jul 9-Aug 20 Th 5:30pm-6:30pm  
 No class Aug 1.

▶ 614551 \$120/8 sess  
 Jul 4-Aug 29 Sa 11:00am-12:00pm

Chess Institute of Canada



### FAMILY BADMINTON COURT RENTALS

Available Thu and Sat in the summer. See online for schedule and details.



**Basketball • DRIVE Training Academy 6-12 yrs**

Athletes develop the fundamentals while improving their overall skills. This program will allow athletes to advance as they progress with their skills, athleticism and confidence. They will learn the fundamentals of shooting, passing, triple threat, scoring moves and more. They will also be playing games and learning team concepts in a fun and competitive environment.

**6-8 yrs**

▶ 607889		\$132/12 sess
Apr 7-Jun 23	Tu	3:35pm-4:35pm
▶ 607890		\$132/12 sess
Apr 9-Jun 25	Th	3:35pm-4:35pm
▶ 610808		\$88/8 sess
Jul 7-Aug 25	Tu	3:35pm-4:35pm
▶ 610814		\$88/8 sess
Jul 9-Aug 27	Th	3:35pm-4:35pm

**9-12.5 yrs**

▶ 607894		\$165/12 sess
Apr 7-Jun 23	Tu	4:35pm-5:50pm
▶ 607895		\$165/12 sess
Apr 9-Jun 25	Th	4:35pm-5:50pm
▶ 610815		\$110/8 sess
Jul 7-Aug 25	Tu	4:35pm-5:50pm
▶ 610816		\$110/8 sess
Jul 9-Aug 27	Th	4:35pm-5:50pm

DRIVE Basketball Inc.

**Summer Smash Tennis: Kids Indoor Tennis Lessons 7.5-15 yrs**

Young players with some experience continue to develop their skills through high energy, game-based lessons that use the 1/2 stage of the progressive tennis model. An emphasis is placed on inspiring a love for the game while building a strong technical foundation. Please bring your own racquet. Class takes place in the gymnasium.

**Junior Aces 7.5-10 yrs**

▶ 609797		\$90/3 sess
Apr 11-Apr 25	Sa	2:05pm-3:00pm
No class Jun 6.		
▶ 609799		\$210/7 sess
May 2-Jun 20	Sa	2:05pm-3:00pm

**Youth Aces 11-15 yrs**

▶ 609801		\$90/3 sess
Apr 11-May 9	Sa	3:00pm-4:00pm
No class Jun 6.		
▶ 609807		\$210/7 sess
May 2-Jun 20	Sa	3:00pm-4:00pm

Summer Smash Tennis

SPORTS

**Kids Indoor Soccer**

An introduction to soccer. Cooperative games and basic soccer skills will be taught. Soccer provides a safe environment for children to play soccer, to learn about fair play, tolerance, inclusion, and respect, and to build confidence.

**6-8.5 yrs**

No class Apr 27, May 18, May 25.

▶ 609780		\$88/8 sess
Apr 13-Jun 22	M	3:30pm-4:30pm

**8.5-11 yrs**

No class Apr 27, May 18, May 25.

▶ 609786		\$88/8 sess
Apr 13-Jun 22	M	4:35pm-5:35pm

Raquel Quintanilla

**6-8.5 yrs**

No class Aug 3.

▶ 610802		\$77/7 sess
Jul 6-Aug 24	M	3:30pm-4:30pm

**8.5-11 yrs**

No class Aug 3.

▶ 610803		\$77/7 sess
Jul 6-Aug 24	M	4:35pm-5:35pm

TBA Instructor

**Table Tennis Rentals for Families 6 yrs+**

A time for kids and parents to play together. Two tables available for two families (max 6 people), per time slot. Adult supervision at all times. Children must be 6 years of age or older. 1 adult to register for appropriate timeslot.

\$5/1 sess

Weekly	M	4:45pm-5:45pm
Weekly	M	6:00pm-7:00pm

**6-11 yrs**

**Table Tennis for Kids**

This table tennis program provides a supportive and engaging environment for players of all levels. Participants will develop through a mix of interactive drills, friendly competition, and skill-building exercises. No session May 18.

▶ 608710		\$45/8 sess
Apr 13-Jun 8	M	3:30pm-4:30pm

Curtis Chow

**6-12 yrs**

**Sportball Outdoor Soccer**

This program introduces fundamental concepts of gameplay and teaches the basic skills required in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors, rain or shine; Parent is required to remain on the field for children's safety. For more, visit [www.sportball.ca](http://www.sportball.ca).

**5-7yrs**

No class May 18.		
▶ 608627		\$133/7 sess
May 4-Jun 22	M	6:00pm-7:00pm
No class Aug 3.		
▶ 610197		\$133/7 sess
Jul 6-Aug 24	M	6:00pm-7:00pm

**8-10yrs**

No class May 18.		
▶ 608646		\$133/7 sess
May 4-Jun 22	M	7:00pm-8:00pm
No class Aug 3.		
▶ 610199		\$133/7 sess
Jul 6-Aug 24	M	7:00pm-8:00pm

Sportball Vancouver

**SPORTS**

**Badminton Lessons**

**8-14 yrs**

**Beginner I**

**8-10 yrs**

We will focus on building basic skills such as grip, footwork, strokes, and simple game rules in a fun and encouraging environment. Great for developing coordination, confidence, and a love for the game. Please bring your own racquet.

No class May 16 & Jun 6.

▶ 609812 \$80/10 sess  
Apr 11-Jun 27 Sa 11:15am-12:00pm

**Beginner II**

**10-14 yrs**

Participants will develop essential skills like grip, footwork, serving, and rallying, while building coordination, confidence, and teamwork. No experience needed—just a willingness to learn and have fun on the court. Please bring your own racquet.

No class May 16 & Jun 6.

▶ 609814 \$105/10 sess  
Apr 11-Jun 27 Sa 12:00pm-12:55pm

**Intermediate**

**10-14 yrs**

This intermediate program helps players sharpen their skills and elevate their game. Training focuses on improving footwork, shot variety, game strategy, and match play—all in a supportive, energetic environment.

No class May 16 & Jun 6.

▶ 609816 \$105/10 sess  
Apr 11-Jun 27 Sa 12:55pm-1:55pm  
Raymond Wong

**MARTIAL ARTS**

**Self Defense**

**Krav-Jitsu**

**6-14 yrs**

Build confidence, keep fit, improve grades and bully-proof! Kids learn realistic street safety and effective self-defense in a fun and cooperative environment. Two multi-black belt instructors (male and female) teach striking, ground protection, weapons safety, escapes (grabbed/pinned), rolls, falling, pad hitting and more.

▶ 603130 \$143/11 sess  
Apr 9-Jun 18 Th 6:15pm-7:15pm

▶ 603133 \$78/6 sess  
Jul 9-Aug 13 Th 6:15pm-7:15pm

Hit And Run Self Defense

**MARTIAL ARTS**

**SunMither Taekwondo**

**6-16 yrs**

Everyone can benefit from martial arts. Learning these new techniques will improve mental and physical development. Uniforms \$60 plus tax.

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**6-9 yrs**

**White/yellow stripe/yellow belt**

▶ 609950 \$144/12 sess  
Apr 7-Jun 23 Tu 4:45pm-5:30pm

▶ 609955 \$144/12 sess  
Apr 9-Jun 25 Th 4:30pm-5:15pm

▶ 610833 \$62/8 sess

Jul 7-Aug 25 Tu 4:45pm-5:30pm

▶ 610834 \$62/8 sess

Jul 9-Aug 27 Th 4:30pm-5:15pm

—

**7-16 yrs**

**Green stripe/green and up belt**

▶ 609958 \$186/12 sess  
Apr 7-Jun 23 Tu 5:30pm-6:30pm

▶ 609960 \$144/12 sess  
Apr 9-Jun 25 Th 5:15pm-6:00pm

▶ 610873 \$124/8 sess

Jul 7-Aug 25 Tu 5:30pm-6:30pm

▶ 610874 \$96/8 sess

Jul 9-Aug 27 Th 5:15pm-6:00pm

Bahareh Dehkordi

**Wushu/Kung Fu 6-15 yrs**

An introduction to the fundamentals of Wushu, a Chinese Martial Art. Develop punching, kicking, and forms techniques while learning discipline, respect, and self-confidence. Uniform and shoes required (\$100 for both, or \$70 for uniform, \$40 for shoes, + tax) and are available at the front office.

**Beginner/Intermediate**

No class May 11, May 18.

▶ 609962 \$135/9 sess  
Apr 13-Jun 22 M 4:30pm-5:30pm

No class May 9, May 16, Jun 6.

▶ 609963 \$135/9 sess  
Apr 11-Jun 27 Sa 2:45pm-3:45pm

No class Aug 3.

▶ 615330 \$105/7 sess  
Jul 6-Aug 24 M 4:30pm-5:30pm

Ken Low

**PLEASE NOTE**

Martial Arts classes: Waiver form must be completed for participation and handed in by first class.

**MARTIAL ARTS**

**KEES**

**Tae Kwon Do**

**5-15 yrs**

A training system made up of symmetrical body exercises and techniques designed for self-defense and unarmed combat. See online for full course description & info on belt testing. KEES Tae Kwon Do training uniform required: \$70 plus tax. Please purchase through community centre.

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**5-7 yrs • Beginner/Intermediate**

No class May 18.

▶ 609966 \$120/10 sess  
Apr 13-Jun 22 M 3:45pm-4:30pm

▶ 609976 \$144/12 sess  
Apr 10-Jun 26 F 3:45pm-4:30pm

No class Aug 3.

▶ 613101 \$84/7 sess  
Jul 6-Aug 24 M 3:30pm-4:15pm

No class Aug 7.

▶ 613102 \$84/7 sess  
Jul 10-Aug 28 F 3:30pm-4:15pm

—

**8-15 yrs • Beginner/Intermediate**

No class May 18.

▶ 609972 \$120/10 sess  
Apr 13-Jun 22 M 4:30pm-5:15pm

▶ 609980 \$144/12 sess  
Apr 10-Jun 26 F 4:30pm-5:15pm

No class Aug 3.

▶ 613106 \$84/7 sess  
Jul 6-Aug 24 M 4:15pm-5:00pm

—

**8-15 yrs • Advanced**

▶ 609981 \$144/12 sess  
Apr 10-Jun 26 F 5:15pm-6:00pm

—

**8-15 yrs • All Levels**

No class Aug 7.

▶ 613107 \$84/7 sess  
Jul 10-Aug 28 F 4:15pm-5:00pm

KEES Tae Kwon Do

**Capoeira**

**7-12 yrs**

Capoeira is a Brazilian martial art combining self-defense, dance, acrobatics, music and Brazilian culture. We will learn the fundamentals while developing coordination, flexibility and endurance. Beginner-friendly and inclusive environment for all.

▶ 614687 \$155/10 sess  
Apr 15-Jun 17 W 4:45pm-5:45pm

▶ 616949 \$108.50/7 sess  
Jul 8-Aug 19 W 4:45pm-5:45pm

Douglas Da Silva Soares

## MUSIC LESSONS



## PRIVATE MUSIC LESSONS

### PRIVATE MUSIC LESSONS

#### Private Guitar/Drums or Ukulele Lessons **6 yrs+**

Have you always wanted to learn a string instrument? We offer private guitar or even ukulele lessons to get you started. This program is based on special interests and fundamental goals that serve the humble of beginners all the way to tomorrow's prodigies. All students are required to bring their own guitar or ukulele to the lessons.

▶ 607492-607505	\$390/12 sess
Apr 7-Jun 23 Tu	3:00pm-7:30pm
▶ 614193-614199	\$130/4 sess
Jul 7-Jul 28 Tu	3:30pm-6:30pm

Musical Expressions-Alex Figueroa

#### Private Singing Lessons **10 yrs+**

Private singing lessons are for people of all ages who love to sing, no experience necessary. Students will learn to express themselves through singing and having fun! Lessons are scheduled in 30 minute time slots. No classes May 13, 14, 16

▶ 614143-614149	\$305/10 sess
Apr 8-Jun 17 W	10:00am-11:30am
▶ 614129-614134	\$305/10 sess
Apr 9-Jun 18 Th	5:00pm-7:40pm
▶ 614135-614142	\$305/10 sess
Apr 11-Jun 20 Sa	10:00am-1:15pm

Gina Morel

#### Private Violin Lessons **6 yrs+**

Join as a complete beginner or tune up your violin skills. Students of all levels are welcome! Learn the violin in a supportive environment with a dedicated teacher, who will also provide you with information on how to get the appropriate size and type of violin. Preparation for the Royal Conservatory of Music exams is a possibility for those who wish to have their learning level recognized. Lessons are scheduled in 60 min slots.

▶ 603090-603113	\$715/13 sess
Apr 1-Jun 24 W	3:30pm-7:30pm
▶ 603117-603123	\$440/8 sess
Jul 8-Aug 26 W	3:30pm-7:30pm

Ali Nourbakhsh

#### Private Flute Lessons **7 yrs+**

Enjoy private flute lessons and learn at your own pace. All levels are welcome, from beginners to students needing coaching in school band and orchestra programs. Lessons are scheduled in 30 minute time slots. Please bring your own flute. Music books are extra. For more info visit [www.andreaminden.ca](http://www.andreaminden.ca)

▶ 613089-613092	\$366/12 sess
Mar 31-Jun 16 Tu	4:00pm-5:30pm

Andrea Minden

#### Piano Lessons **5 yrs+**

All ages and levels. Develop proper technique with fun exercises, including dexterity, listening, rhythm, and theory. No classes May 18.

▶ 607462-607468	\$325/10 sess
Apr 13-Jun 22 M	3:30pm-5:30pm
▶ 614182-614186	\$130/4 sess
Jul 6-Jul 27 M	3:30pm-5:30pm

Musical Expressions

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No classes Apr 7 and May 19

▶ 603163-603183	\$275/10 sess
Mar 31-Jun 16 Tu	3:30pm-6:30pm

Roy Sun

—

No classes May 16

▶ 607437-607448	\$220/8 sess
Apr 25-Jun 20 Sa	10:00am-1:30pm

No lessons on Apr 22 and May 20

▶ 607453-607459	\$275/10 sess
Apr 1-Jun 17 W	4:00pm-6:00pm

Fiorella Alvarenga Morales

—

▶ 607764-6047768	\$305.50/11 sess
Apr 8-Jun 17 W	2:30pm-6:00pm
▶ 607774-6047779	\$302.50/11 sess
Apr 9-Jun 18 Th	3:30pm-6:00pm
▶ 607781-607786	\$302.50/11 sess
Apr 10-Jun 19 F	3:30pm-6:00pm

No classes Jun 6

▶ 607787-607791	\$275/10 sess
Apr 11-Jun 20 Sa	9:30am-12:00pm
▶ 616527-616532	\$110/ 4 sess
Jul 8-Jul 29 W	3:30pm-6:00pm
▶ 616533-616538	\$110/4 sess
Jul 9-Jul 30 Th	3:30pm-6:00pm

Andrea Chang

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▶ 613160-613163	\$208/8 sess
Apr 30-Jun 18 Th	5:00pm-6:30pm
▶ 607881-607884	\$234/9 sess
Apr 25-Jun 20 Sa	10:30am-12:30pm

No classes Jul 23

▶ 616958-616961	\$130/5 sess
Jul 2-Aug 6 Th	4:00pm-5:30pm

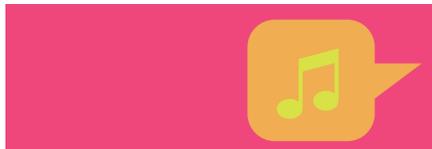
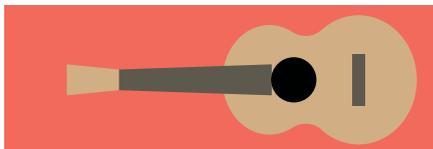
Brendan Wong

#### Daytime Piano Lessons **3 yrs+**

Preschool piano and adapted piano sessions designed for individuals with diverse needs. Iris has experience worked with neurodiverse students of all ages and abilities.

▶ 614153-614158	\$224/8 sess
May 5-Jun 23 Tu	10:30am-1:30pm
▶ 614159-614164	\$112/4 sess
Jul 7-Jul 21 Tu	10:30am-1:30pm

Iris Lam



## PRE-TEEN/YOUTH



## CAMPS

### Youth Camp 11–14yrs

Youth Camp is designed to help young people build leadership and communication skills while preparing for future volunteer opportunities. This program blends fun, learning, and friendship in a safe and welcoming environment.

Each week features a new theme explored through interactive workshops, leadership games, and team-building activities. Campers take part in creative arts and crafts and enjoy local outings and excursions throughout the Lower Mainland, including swimming, ice skating, and visits to fun venues. Travel may take place by public transit, charter bus, or on foot.

Sessions are held in a lively youth room with fluorescent lighting and open spaces. Youth should bring a backpack with a snack, lunch, a water bottle, sunscreen, a hat, and closed-toe shoes. To support all participants, we provide daily visual schedules and a quiet corner equipped with sensory tools.

▶ 608760		\$165/5 sess
Jul 6-Jul 10	M-F	9:00am-4:00pm
▶ 608770		\$165/5 sess
Jul 13-Jul 17	M-F	9:00am-4:00pm
▶ 608772		\$165/5 sess
Jul 20-Jul 24	M-F	9:00am-4:00pm
▶ 608775		\$165/5 sess
Jul 27-Jul 31	M-F	9:00am-4:00pm
▶ 608777		\$132/4 sess
Aug 4-Aug 7	Tu-F	9:00am-4:00pm
▶ 608780		\$165/5 sess
Aug 10-Aug 14	M-F	9:00am-4:00pm
▶ 608781		\$165/5 sess
Aug 17-Aug 21	M-F	9:00am-4:00pm
▶ 608782		\$165/5 sess
Aug 24-Aug 28	M-F	9:00am-4:00pm
Youth Camp Staff		

## TECHNOLOGY CAMPS

See online for course descriptions.

### 2D Video Game Design Camp 11–14yrs

▶ 612626		\$410/5 sess
Jul 6-Jul 10	M-F	9:15am-4:15pm

### Foundation in AI Camp 11–14yrs

▶ 612628		\$410/5 sess
Jul 13-Jul 17	M-F	9:15am-4:15pm
Byte Camp		

## EDUCATION

### Cooking Skills 11–13 yrs

Each week we will make a different recipe from scratch. Together we will meal prep, cook, eat, and clean.

▶ 608606		\$48/4 sess
Apr 7-Apr 28	Tu	3:30pm-5:30pm
▶ 608614		\$48/4 sess
May 5-May 26	Tu	3:30pm-5:30pm
▶ 608624		\$48/4 sess
Jun 2-Jun 23	Tu	3:30pm-5:30pm
Callie Almonte		

### Girls Group 11–14yrs

Girls Group is an inclusive space for girls and female-identifying youth to hang out, connect, and be themselves. Along the way, members get chances to build leadership, confidence, and real-life skills in a supportive, low-pressure way. We'll mostly meet at the centre, with the possibility of occasional outings and activities in the community. No session Apr 28 & May 26.

▶ 613388		Free/10 sess
Apr 7-Jun 23	Tu	4:00pm-5:30pm
Youth Leader		

### Crochet & Create 10–15 yrs

A hands-on course to develop gross motor skills and patience, with a focus on practicing healthy mental health habits. Crafters will gain confidence to hook their way into a new, exciting hobby and come home with their own crochet project. Materials included. No session May 15.

▶ 612867		\$40/8 sess
Apr 10-Jun 5	F	4:00pm-5:30pm
Tammy Tsui		

## PRE-TEEN SOCIAL

### Pre-Teen Movie Club 9–12 yrs

Get ready for monthly movie nights! Pre-teens are invited to an evening of age-appropriate movies with popcorn, juice box, and pizza. From laugh-out-loud comedies and thrilling adventures to animated classics, we hand-pick films that entertain & spark imagination.

▶ 608702		\$5/1 sess
Apr 17	F	5:45pm-7:45pm
▶ 608708		\$5/1 sess
May 15	F	5:45pm-7:45pm
Helen Dejene & MO Youth Volunteers		

### Pre-Teen Club 9–12 yrs

Calling all grade 4, 5, 6 and 7's! Meet other pre-teens in the neighborhood and join us every Friday evening for arts & crafts, movies, games and more.

Weekly Activities:

April 10	• Squishies
April 17	• Pokémon Pokéball Craft
April 24	• Berry Cheesecake Cookies
May 1	• Smash Cheeseburger Tacos
May 15	• Phone/Bag Charms
May 22	• Cheesy Pizza Quesadillas
May 29	• Fruit Pencil Holder Craft
June 12	• Air Fryer Churro Bites
June 19	• Outdoor Games & Snacks
▶ 608662	\$2 drop-in
Apr 10-Jun 19	F 4:00pm-5:15pm
Youth Volunteers & Staff	

## YOUTH



## PERSONAL DEV'T

### Resume & Cover Letter 15-18 yrs

Come and get some guidance to create a standout resume and tailored cover letter that highlight your skills and experience. Sign up for a one-hour session; bring your volunteer/employment details, certifications, and education info. Gain the confidence to secure your next opportunity!

► 613350, 613361-613367 Free  
Apr 9-May 28 Th 4:00pm-5:00pm  
Community Youth Worker

### Emergency First Aid & CPR/AED C (Blended) 14-18 yrs

Basic one day course offering lifesaving first aid and cardiopulmonary resuscitation (CPR) skills. This course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines. It is equivalent to Occupational First Aid Level 1. A 3-year Emergency First Aid with CPR/AED Level C certification from the Canadian Red Cross will be awarded with successful completion. This course has an on-line component and 4 hours of in-person training.

► 617054 \$100/1 sess  
Apr 20 M 11:00am-3:00pm  
First Aid Pro

### FoodSafe Level 1 13-18 yrs

This 8-hour course covers food handling, sanitation, and work safety to prepare you for the food service industry. The course covers foodborne illnesses, receiving and storing food, preparing and serving food, cleaning and sanitation. This is a great certificate to add to your resume! Certification is valid for 5 years.

► 617056 \$85/1 sess  
May 23 Sa 9:00am-4:00pm  
Paul Richardson

### MO Youth Room 12-18 yrs

Drop by and hang out with your friends; there's lots to do! You can play pool, Nintendo Switch, play board games, do arts and crafts, or join in daily games and activities. No session April 3, 6, May 18.

► 608644 Free

## LEADERSHIP

### Youth Volunteer Orientation 13-18 yrs

Mandatory orientation for youth who want to volunteer for MOCC programs, special events and youth council. Training will provide information on volunteer rights & expectations, guidelines, emergency procedures, volunteer opportunities, and volunteer sign-up. Next intake in Sept 2026.

► 613331 Free/1 sess  
Apr 2 Th 4:00pm-6:00pm  
Community Youth Worker

### Marpole Day Volunteer Orientation 13-18 yrs

The Marpole Day Community Festival is looking for LOTS... of volunteers to help with set-up, rides, carnival games/activities, concession, take-down, and more! We will be going over emergency procedures, volunteer station, expectations, and breaks.

► 613333 Free/1 sess  
May 29 F 4:00pm-6:00pm  
Community Youth Worker

### Day Camp Volunteer Orientation 16-18 yrs

Mandatory for youth obtaining a volunteer position this summer with Marpole-Oakridge Community Centre camps. Training will provide information on safety, volunteer rights & expectations, emergency procedures, behavior management, and activity/game planning.

► 613332 Free/1 sess  
Jun 17 W 4:00pm-6:00pm  
Community Youth Worker

### Marpole Day Volunteers Needed! 13-18 yrs

The Marpole Day Community Festival is slowly creeping up and we are looking for LOTS... of volunteers to help with set-up, rides, carnival games/activities, concession, take-down, and much more! Sign up to volunteer, we have 3 shifts available, see below. All volunteers must attend the Marpole Day Volunteer Orientation that will be held on Friday, May 29th from 4:00-6:00pm in the club room.

► 613335 All Day Shift 9:00am-5:00pm  
► 613337 Morning Shift 9:00am-1:00pm  
► 613339 Afternoon Shift 1:00pm-5:00pm  
Community Youth Worker

## VOLUNTEER INFORMATION 13-18yrs

### Want to be a youth volunteer?

1. Pick up a Youth Volunteer Application form at the front desk or youth room info board in the hallway or on Instagram at @mocc.youth in the bio.
2. Complete application form, have it signed by a parent/guardian, and drop off at the front desk or in the youth room.
3. Sign up for the youth volunteer orientation.

Next volunteer intake is Sept 2026.

# YOUTH



## OUT TRIPS

### PNE Out Trip 13-18 yrs

Youth will attend a supervised outing to the Pacific National Exhibition (PNE), a popular local fair offering games, entertainment, and interactive exhibits. This trip provides a fun and engaging opportunity for youth to socialize, and enjoy a positive community experience.

▶ 615372 \$20/1 sess  
 Aug 25 Tu 11:00am-5:00pm

## SPECIAL EVENTS

### Calling All Youth Performers! 13-18yrs

Do you love music, dance, art, spoken word, or performing? Join our Intergenerational Arts Program and share your creativity with seniors in the community! Each youth/group will have 5-10mins per performance. No professional experience is needed, just a willingness to participate and have fun!

▶ 615376 Free/1 sess  
 Apr 20 M 1:00pm-2:30pm

## OUT TRIPS

### Movie at Cineplex 13-18 yrs

Let's go watch a movie! Enjoy a night out hanging out with friends. Youth are to meet in the youth room with completed and signed waiver.

▶ 613342 \$5/1 sess  
 Apr 28 Tu 4:00pm-8:00pm  
 ▶ 613343 \$5/1 sess  
 May 26 Tu 4:00pm-8:00pm  
 ▶ 613345 \$5/1 sess  
 Jun 30 Tu 4:00pm-8:00pm

### Bowling Out Trip 13-18 yrs

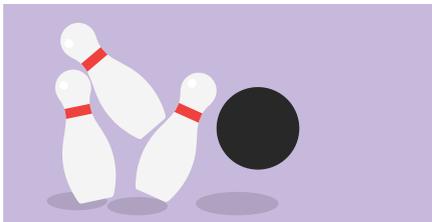
Get ready to roll at the Commodore! Our youth bowling outing is all about fun, friends, and friendly competition. Don't miss this exciting group experience at the lanes. Participants need a completed waiver to attend.

▶ 613947 \$12/1 sess  
 Apr 17 F 4:00pm-8:00pm

### Climbing at The Hive 13-18 yrs

Get ready to roll at the Commodore! Our youth bowling outing is all about fun, friends, and friendly competition. Don't miss this exciting group experience at the lanes.

▶ 613947 \$50/1 sess  
 May 15 F 4:00pm-8:00pm



### Cultus Lake Water Park 12-18 yrs

Join us for a visit to Cultus Lake Water Park. Bring swimwear, lunch, a water bottle, and water footwear for the day. We will meet at Hillcrest Community Centre, where a charter bus will depart at 9:00am. Registration fee includes transportation, water park admission, and staff supervision. A welcome email with itinerary will be sent to all participants one week prior to the trip.

▶ 613927 \$50/1 sess  
 Jul 15 W 9:00am-5:00pm

### Kayaking at Jericho Beach 13-18 yrs

Join us for kayaking at Jericho Beach, where we will enjoy the outdoors while learning basic paddling skills. This supervised activity encourages teamwork, confidence, and physical activity in a fun and supportive setting. All safety equipment and instruction provided, making this a safe and memorable experience for all skill levels.

▶ 615373 \$50/1 sess  
 Jul 28 Tu 11:00am-3:30pm

### Deer Lake Paddle Boating 13-18 yrs

We will enjoy a full day at Deer Lake, starting with paddle boating on the lake followed by a relaxing walk on the trails. We will also visit Burnaby Village Museum to explore local history through interactive exhibits and heritage buildings.

▶ 615374 \$25/1 sess  
 Aug 11 Tu 11:00am-4:00pm



### Youth Week Kick Off Carnival

▶ 616940 Free/1 sess  
 May 1 F TBA

### Youth Week Annual Co-ed 6's Volleyball Tournament 13-18yrs

▶ 604677 Free/1 sess  
 May 5 Tu 3:30pm-9:00pm

### Marpole Music Festival 13-18yrs

▶ 613334 Free/1 sess  
 May 8 F 5:30pm

Stay tuned for more info!



# YOUTH • April 1-June 31 & July 2-Aug 31, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Youth Room Drop-In 3:00pm-5:00pm No sess Apr 6 & May 18	Youth Room Drop-In 3:00pm-5:30pm Youth Room Drop-In 4:15pm-5:30pm	Youth Room Drop-In 3:00pm-6:45pm Youth Room Drop-In 4:15pm-6:45pm	Youth Room Drop-In 3:00pm-6:30pm Youth Room Drop-In 4:15pm-6:45pm	Youth Room Drop-in 3:00pm-7:45pm No sess Apr 3 Youth Room Drop-In 4:15pm-5:00pm
	Youth Table Tennis 3:15pm-4:30pm	Youth Table Tennis 3:15pm-3:55pm		Youth Table Tennis 3:10pm-7:15pm No sess Apr 3
		Youth Open Gym 3:15pm-4:30pm Youth Basketball 3:15pm-4:25pm		Youth Badminton 3:15pm-4:45pm No sess Apr 3, Jun 5 Youth Badminton 3:20pm-4:50pm
		Youth Volleyball 4:30pm-5:45pm Youth Volleyball 4:30pm-5:45pm		Youth Basketball 4:50pm-6:20pm No sess Apr 3 & Jun 5
<ul style="list-style-type: none"> <li>Youth are required to scan their One Card upon arrival in the youth room. Sign up in the youth room with the Community Youth Worker.</li> <li>Don't forget, we have sports equipment available for borrowing in the gym! Ask the staff or volunteer.</li> </ul>		<b>Snack Bar Schedule</b>	Monday 3:30pm-5:30pm Tuesday 3:30pm-5:30pm Wednesday 3:30pm-6:00pm Thursday 3:30pm-5:30pm Friday 3:30pm-7:00pm	

## SPORTS

### Athletic Foundation

13-18 yrs

This program focuses on developing physical characteristics such as strength, speed, and agility, while building an athletic foundation and fundamental movement competencies. Participants are exposed to a wide range of movement patterns to develop coordination, control, and overall physical capacity that supports performance in any sport or activity. Training is progressive, age-appropriate, and structured to help youth move efficiently, safely, and effectively while reducing injury risk and supporting long-term physical development.

▶ 608666

\$120/8 sess

Apr 10-May 29 F  
Cean Bod-oy

6:15pm-7:15pm

### Night Hoops Skills & Drills

11-16 yrs

Join Night Hoops, a free, community-driven basketball program where passion meets purpose. Designed for youth ages 11 to 16, Night Hoops blends skill-building, mentorship, and teamwork in a positive, highenergy environment. Led by experienced coaches and community mentors, players develop confidence, leadership, and lifelong friendships both on and off the court. All equipment is provided, just show up ready to play. No session Jun 5.

▶ 608724

FREE/9 sess

Apr 10-Jun 12 F  
Night Hoops

6:30pm-8:00pm

### Volleyball: Train & Play

13-16 yrs

Designed for all levels to learn volleyball in a low-pressure, developmentally appropriate environment. Coaches will teach different technical and tactical skills of volleyball using both the traditional and conceptual approach.

No class May 18.

▶ 609772

\$175/10 sess

Apr 13-Jun 22 M  
No class Aug 3.

5:45pm-7:00pm

▶ 610807

\$122.50/7 sess

Jul 6-Aug 24 M  
Volleyball BC

5:45pm-7:00pm



# AEROBICS SCHEDULE • Apr 7-Jun 27 + Jun 29-Aug 29

Monday *no classes May 18 & Aug 3	Tuesday	Wednesday *no classes Jul 1	Thursday	Friday	Saturday *no class Aug 1
Step & Strength 9:20am-10:20am Rilla ▶ 609501	Tabata & Stretch 9:20am-10:20am TBD ▶ 609502	Muscle Madness 9:20am-10:20am Charlene ▶ 609497	Zumba 9:20am-10:20am Marina ▶ 609506	HIIT 9:20am-10:20am Bonnie ▶ 609496	Zumba 9:15am-10:15am Marina ▶ 609507
Refit 10:25am-11:25am Don ▶ 609498 ** no Jun 29		Refit 10:25am-11:25am Sarah ▶ 609499		Refit 10:25am-11:25am Bonnie ▶ 609500 * no Jul 3	
Total Body Conditioning 6:00pm-7:00pm Charlene ▶ 609504 *Auditorium*	Zumba 6:00pm-7:00pm Marina ▶ 609505	Total Body Conditioning 6:00pm-7:00pm Kristiina ▶ 609503	 <b>PLEASE NOTE</b> • 10 usage passes & 1 month aerobics passes; no refunds • <b>Seasonal FitPass</b> will be discontinued and no longer available after June 27, 2026.		

## FITNESS

### Step & Strength

A total body conditioning class using the step for cardio, weights for strength work and a mat for stretching to end the class. Moderate to challenging with options provided. No class May 18 and Aug 3.

Apr 13-Jun 22 M 9:20am-10:20am  
 Jun 29-Aug 24 M 9:20am-10:20am  
 Rilla Hallwood

### High Intensity (HIIT) Interval Training

Get your sweat on with this full-body HIIT class with 70% cardio and 30% strength training. The equipment, moves, format and music will be ever-changing to keep you coming back! High and low modifications will be provided.

Apr 10-Jun 26 F 9:20am-10:20am  
 Jul 3-Aug 28 F 9:20am-10:20am  
 Bonnie Kramer

### Muscle Madness

This full body workout is designed to increase strength, mobility and stability using weights, resistance bands and your own body weight. Suitable for all fitness levels.

Apr 8-Jun 24 W 9:20am-10:20am  
 Jul 8-Aug 26 W 9:20am-10:20am  
 Charlene Wharton

### Refit

Get back into your fitness routine with a fun complete workout incorporating progressively challenging strength exercises, hi/low cardio, and core work and a relaxing stretch. Options provided throughout. No class May 18 and Aug 3.

Apr 13-Jun 22 M 10:25am-11:25am  
 Jul 6-Aug 24 M 10:25am-11:25am  
 Don Walden  
 Apr 8-Jun 24 W 10:25am-11:25am  
 Jul 8-Aug 26 W 10:25am-11:25am  
 Sarah Groberman  
 Apr 10-Jun 26 F 10:25am-11:25am  
 Jul 10-Aug 28 F 10:25am-11:25am  
 Bonnie Kramer

### Total Body Conditioning

A combination of exercises, cardio routines, core work, and agility drills with a cool down stretch. You will have a fun, challenging workout and a functionally fit core. No class May 18.

Apr 7-Jun 23 M 6:00pm-7:00pm  
 Charlene Wharton

### Tabata & Stretch

Get ready to move with bursts of cardio combined with resistance band strength using your own body weight. Work at your own pace.

Apr 7-Jun 23 Tu 9:20am-10:20am  
 Jun 30-Aug 25 Tu 9:20am-10:20am

### Zumba

A fusion of dance and fitness, combining Latin and international music with movement.

Apr 7-Jun 23 Tu 6:00pm-7:00pm  
 Apr 9-Jun 25 Th 9:20am-10:20am  
 Apr 11-Jun 27 Sa 9:15am-10:15am  
 Jun 30-Aug 25 Tu 6:00pm-7:00pm  
 Jul 2-Aug 27 Th 9:20am-10:20am  
 Jul 4-Aug 29 Sa 9:15am-10:15am  
 Marina Orlova

### Total Body Cardio & Strength

A moderate workout combines high and low impact moves in a fun and challenging way. Set your own pace, finishing with dumbbells and core.

Apr 8-Jun 24 W 6:00pm-7:00pm  
 Jul 8-Aug 26 W 6:00pm-7:00pm  
 Kristiina Oinonen

### Fees

	Adult 19-64 yrs	Senior 65 yrs+
Drop-In	\$6.52	\$5.78
10 Ticket	\$57.38	\$42.86
1 Month Aerobics Pass	\$60	\$50.24
FitPass Unlimited (Apr 7-Jun 27)	\$153	\$129

Prices do not include GST

## ADULTS



## HEALTH & WELLNESS

### Laughter Yoga 19 yrs+

The art of laughing for no reason and the science of breathing, with plenty of health benefits. Laughter Yoga is not traditional yoga and also does not rely on jokes or comedy. Laughter yoga is all about fun and breathing exercises.

▶ 615260		\$3.33/1 sess
Apr 2	Th	6:30 pm-7:30 pm
▶ 615261		\$3.33/1 sess
May 7	Th	6:30 pm-7:30 pm
▶ 615262		\$3.33/1 sess
Jun 4	Th	6:30 pm-7:30 pm
▶ 615263		\$3.33/1 sess
Jul 2	Th	6:30 pm-7:30 pm
▶ 615264		\$3.33/1 sess
Aug 6	Th	6:30 pm-7:30 pm

Aggie Cheung

## MARTIAL ARTS

### Iaido

19 yrs+

Iaido is the traditional Japanese martial art of drawing and cutting with the samurai sword. Develop awareness, centeredness, a calm mind, and mental and physical harmony through the practice of traditional sword techniques. Beginners welcome. Drop in \$14.29 + tax. No class May 8.

▶ 613060		\$143.43/11 sess
Apr 10-Jun 26	F	5:45pm-7:30pm
▶ 613061		\$154.29/12 sess
Jul 8-Sep 2	W	5:45pm-7:30pm

Peter Pao

### Tai Chi Learn & Practice

19 yrs+

Join this dedicated group to learn and practice the Tai Chi 24, 48 and 85 forms. The 85 forms a real traditional routine offers greater health benefits. Open to all levels welcome. Drop-in \$3.10 + tax.

▶ 613024		\$31.43/12 sess
Apr 7-Jun 23	Tu	10:00am-11:30am

Jack Fong

### Capoeira

13 yrs+

Learn the art of Capoeira! Capoeira is a Brazilian martial art that combines self-defense, dance, acrobatics, music and Brazilian culture. Participants will learn the fundamentals of capoeira while working on coordination, flexibility and endurance. Beginner friendly and inclusive environment for all.

▶ 614689		\$175/10 sess
Apr 15-Jun 17	W	6:00 pm-7:15 pm
▶ 617040		\$122.50/7 sess
Jul 8-Aug 19	W	6:00pm-7:15pm

Douglas Da Silva Soares

## HEALTH & WELLNESS

### Hatha Yoga

19 yrs+

Enjoy the classic postures of Hatha Yoga to stretch and release tired muscles. Breathwork detoxifies and energizes. We finish with long, deep relaxation to refresh and revitalize. Drop-in space permitting \$15.24 + tax.

▶ 603136		\$74.29/6 sess
Apr 8-May 13	W	9:30am-10:30am
▶ 613096		\$74.29/6 sess
May 20-Jun 24	W	9:30am-10:30am
▶ 613097		\$49.52/4 sess
Jul 8-Jul 29	W	9:30am-10:30am
▶ 613098		\$49.52/4 sess
Aug 5-Aug 26	W	9:30am-10:30am

Janet Ward

### Iyengar Yoga

19 yrs+

The Iyengar method is adaptable to suit individual needs. Increased flexibility, reduced risk of injury, enhanced fitness for sports, relaxation for the mind and an increase of self-confidence are a few of the benefits. Drop-in \$23 + tax.

▶ 613065		\$252/10 sess
Apr 11-Jun 20	Sa	9:30am-11:00am

Grant Richards



### Open Sound Bath Meditation

19 yrs+

Immerse yourself in deep relaxation with our open weekly sound bath meditation sessions. Designed for all experience levels, these sessions use the soothing vibrations of crystal singing bowls and chimes to calm the mind, release stress, and promote inner balance. Please bring a yoga mat, blanket, pillow, and anything else you need to feel comfortable lying down. Drop-in \$25 + GST

▶ 614866		\$120/6 sess
Apr 10-May 15	F	11:30am-1:00pm
▶ 614868		\$120/6 sess
May 22-Jun 26	F	11:30am-1:00pm

Viola Choy

### Changing Aging 55 yrs+

Changing Aging is an evidence-based exercise program for older adults delivered by specially trained UBC BodyWorks School of Kinesiology student instructors. It focuses on strength, mobility, and cardiovascular health through muscle and bone strengthening exercises followed by intervals of aerobic exercise. An initial assessment at UBC is required to join the program, with follow-up assessments annually. Complete the BodyWorks questionnaire at <https://kin.educ.ubc.ca/bodyworks-gaq> or call 604.827.5059 or email [body.works@ubc.ca](mailto:body.works@ubc.ca) for more information. No program May 18

▶ 616962		\$221/13 sess
May 11-Jun 25	M Th	9:30 am-10:30 am

UBC School Of Kinesiology

## ADULTS



## SPORTS

### Pickleball Stage 2: Skills & Drills

A beginner & mid-level course for those who have completed Stage 1: "Learn to Play". Fine tune your strokes and shot selection choices, learn the third shot, drive, block, smash, lob, and how to move safely around the court.

▶ 610409		\$112/4 sess
Apr 10-May 1	F	1:45pm-3:15pm
▶ 610413		\$112/4 sess
Jun 5-Jun 26	F	1:45pm-3:15pm
▶ 614985		\$112/4 sess
Aug 7-Aug 28	F	1:45pm-3:15pm

### Pickleball Stage 2: Tune in to Win

▶ 610421		\$112/4 sess
Apr 7-Apr 28	Tu	10:45 am-12:45 pm

### Unforced Errors

▶ 610462		\$112/4 sess
May 5-May 26	Tu	10:45 am-12:45 pm

### Beat the Bangers

▶ 610551		\$112/4 sess
Jun 2-Jun 23	Tu	10:45 am-12:45 pm

### Doubles Strategy

▶ 614986		\$112/4 sess
Jul 7-Jul 28	Tu	10:45 am-12:45 pm

### Transition Zone

▶ 615313		\$112/4 sess
Aug 4-Aug 25	Tu	10:45 am-12:45 pm

Mona Lee

### Pickleball Court Rental

Each registration is for one court, max 4 players. Players must supply their own paddles and pickleballs.

▶ 607412-607427		\$17.86/1 sess
Weekly	W	1:50pm-3:05pm

Check online for more additional dates.

### Pickleball 19 yrs+

Get active on the court with Pickleball. It is a fun and easy to learn sport that will have you coming back for more. Maximum 24 players, 18 registered and 6 drop-in spaces. Drop-in, space permitting, \$5.24.

▶ 610232	\$54.29/12 sess • Drop-in \$5.24
Apr 7-Jun 23	Tu 1:00pm-3:00pm
▶ 610234	\$54.29/12 sess • Drop-in \$5.24
Apr 9-Jun 25	Th 10:45am-12:45pm
▶ 610233	\$54.29/12 sess • Drop-in \$5.24
Apr 9-Jun 25	Th 1:00pm-3:00pm
▶ 612992	\$36.19/8 sess • Drop-in \$5.24
Jul 7-Aug 25	Tu 1:00pm-3:00pm
▶ 612994	\$36.19/8 sess • Drop-in \$5.24
Jul 9-Aug 27	Th 10:45am-12:45pm
▶ 612993	\$36.19/8 sess • Drop-in \$5.24
Jul 9-Aug 27	Th 1:00pm-3:00pm

## VISUAL ART

### The Joy of Acrylic Painting 19 yrs+

Learn a new way to express your creativity! In this unique oil painting in acrylic style course, the class will learn a step by step demonstration to paint a beautiful image each session using a new technique with oil paint. Materials included. Philip speaks English, Mandarin, Cantonese and Taiwanese.

▶ 617041		\$150/6 sess
Apr 29-Jun 3	W	10:00am-12:00pm

Philip Tsang

### The Joy of Drawing 19 yrs+

Learn and improve your drawing skill and technique such as still lifes, landscapes, animals, portraits and more. Each session will include a drawing demonstration to inspire and guide your own work. Materials are included.

▶ 617042		\$126/6 sess
Apr 30-Jun 4	Th	10:00am-11:30am

Philip Tsang

### The Joy of Watercolour 19 yrs+

This program introduces essential watercolour painting techniques. Through guided projects, including landscapes, still life, animals, and portraits, you'll become familiar with the unique properties of watercolour while exploring both traditional and contemporary styles. All materials are provided by the instructor.

▶ 617043		\$136/6 sess
Apr 30-Jun 4	Th	11:35am-1:05pm

Philip Tsang

## SPORTS

### Table Tennis 19 yrs+

Drop-in table tennis for everyone, first come first serve basis. Please bring own equipment. Schedule subject to change. Drop-in \$2.86 + tax/person, per 2 hours. 10 usage card \$22 + GST. No sess Apr 3, Apr 6, May 7, May 18.

• Monday	10am-12pm, 1-3pm
• Tuesday	10am-12pm, 1-3pm, 6:30-8:30pm
• Wednesday	1-3pm, 6:30pm-8:30pm
• Thursday	10am-12pm, 1-3pm
• Friday	10am-12pm, 1-3pm

▶ 616968 Mar 30-Jun 19

### Table Tennis Rentals for Families 6 yrs+

Details online and on p. 9.

		\$5/1 sess
Weekly	M Th	4:45pm-5:45pm
Weekly	M	6:00pm-7:00pm
Weekly	Th	3:30pm-4:30pm

### Pickleball Stage 1 Learn to Play 19 yrs+

Come try this fun, popular, easy-to-learn, and exciting sport. Designed for beginner players or intermediate beginners who have never played or have only played a few times. You will learn the correct form & technique to execute shots as well as to move safely and efficiently around the court.

▶ 610411		\$112/4 sess
May 8-May 29	F	1:45pm-3:15pm
▶ 610413		\$112/4 sess
Jun 5-Jun 26	F	1:45pm-3:15pm

Mona Lee

# GYM SPORTS SCHEDULE • Apr 7-Jun 26 & Jun 29-Sep 4

Monday *no sessions May 18 and Aug 3	Tuesday	Wednesday *no sessions Jul 1	Thursday	Friday
Recreational Badminton (19+) 11:40am-1:40pm		Recreational Badminton (19+) 11:40am-1:40pm	Pickleball (19+) 10:45-12:45pm	Recreational Badminton (19+) 11:40am-1:40pm
	Pickleball (19+) 1:00pm-3:00pm	Pickleball Court Rental (19+) 1:50pm-3:05pm	Pickleball (19+) 1:00pm-3:00pm	
Recreational Basketball (19+) 7:10pm-9:00pm	Recreational Intermediate Volleyball (19+) 7:10pm-9:00pm	Recreational Intermediate Volleyball (19+) 7:10pm-9:00pm	Advanced Doubles Badminton (19+) 7:10pm-9:00pm	

## SPORTS

### Adult Tennis Lessons: Feeding Frenzy (2.0-3.0)

19 yrs+  
See online for class description.

▶ 616023 \$112.50/3 sess  
Apr 13-Apr 27 M 1:50pm-3:05pm  
No class May 18.

▶ 616024 \$112.50/3 sess  
May 4-May 25 M 1:50pm-3:05pm

▶ 616898 \$150/4 sess  
Jun 1-Jun 22 M 1:50pm-3:05pm  
Summer Smash Tennis

### Recreational Badminton

19 yrs+  
Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring your own racquet/birdies. No session May 18, Jul 1, Aug 3.

▶ 610235 Drop-in \$5.24  
Apr 13-Jun 22 M 11:40am-1:40pm

▶ 610237 Drop-in \$5.24  
Apr 8-Jun 24 W 11:40am-1:40pm

▶ 610238 Drop-in \$5.24  
Apr 10-Jun 26 F 11:40am-1:40pm

▶ 612804 Drop-in \$5.24  
Jul 6-Aug 24 M 11:40am-1:40pm

▶ 612805 Drop-in \$5.24  
Jul 8-Aug 26 W 11:40am-1:40pm

▶ 612806 Drop-in \$5.24  
Jul 10-Aug 28 F 11:40am-1:40pm

### Recreational Basketball

19 yrs+  
Full-court recreational basketball. No session May 18, Aug 3. Drop-in \$7.14

▶ 610239 \$61.90/10 sess  
Apr 13-Jun 22 M 7:10pm-9:00pm

▶ 612807 \$55.71/9 sess  
Jun 29-Aug 31 M 7:10pm-9:00pm

### Recreational Volleyball Intermediate

19 yrs+  
Fast-paced volleyball for intermediate players. Participants must understand the rules and game strategies and demonstrate ball control. Supervisors have the right to direct players to appropriate level of play. Drop-in \$7.14.

▶ 610240 \$74.29/12 sess  
Apr 7-Jun 23 Tu 7:10pm-9:00pm

▶ 610241 \$74.29/12 sess  
Apr 8-Jun 24 W 7:10pm-9:00pm

▶ 612808 \$61.90/10 sess  
Jun 30-Sep 1 Tu 7:10pm-9:00pm

▶ 612809 \$55.71/9 sess  
Jul 8-Sep 2 W 7:10pm-9:00pm

### Advanced Doubles Badminton

19 yrs+  
Volunteer supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. Please bring own equipment & birdies.

▶ 610231 \$74.29/12 sess • Drop-in \$7.14  
Apr 9-Jun 25 Th 7:10pm-9:00pm

▶ 612803 \$61.90/10 sess • Drop-in \$7.14  
Jul 2-Sep 3 Th 7:10pm-9:00pm

## DROP-IN PROCEDURES

- Registered participants have 15 mins after the scheduled start time to sign-in at the front desk or their spot will be given to a drop-in participant.
- \*Registered spots cannot be transferred to other participants.
- Drop-in players can sign-up 30 minutes prior to the program start time. Drop-ins must be present and in-person. First come, first served basis. No phone-ins. No name proxies.
- After 15 minutes, staff will announce names from the drop-in wait list who can then pay and join activity.
- For safety and attendance, only registered participants and paid drop-in participants are allowed inside gymnasium. Adult sports programs are for ages 19+. No warm-ups. No spectators.
- Drop-in fees collected once spot is available.

NOTE • Prices do not include GST



Check out the weekly programs offered across Vancouver for 2STGD and 2SLGBTQIA+ folks of all ages.

vancouver.ca/park-board-pride

# ADULTS

## DANCE

### Intro to Ballet

19 yrs+

A beginners class for those with little or no dance experience. Learn the basic positions, barre exercises, simple centre work and most of all, the joy of movement with your body. Wear ballet slippers or socks to class and have fun. No class May 18.

▶ 603146 \$164.29/10 sess  
Apr 13-Jun 22 M 5:30pm-7:00pm  
Kuei-ming Lin

### Ballet for Beginners

19 yrs+

An easy-going class for those who have learned the basic vocabularies of ballet. Learn a barre routine, some centre work and easy dances. Wear ballet slippers or socks to class and have fun. No class Feb 16.

▶ 603153 \$164.29/10 sess  
Apr 13-Jun 22 M 7:15pm-8:45pm  
Kuei-ming Lin

### Social Dance Practice

19 yrs+

Join in on some fun! It's a great way to stay active. No instruction, no partner necessary. 10 tickets: \$26.19 + tax

▶ 613086 Drop-in \$3.09  
Apr 7-Jun 23 Tu 12:30pm-3:00pm  
▶ 613085 Drop-in \$3.09  
Apr 9-Jun 25 Th 12:30pm-3:00pm  
▶ 613087 Drop-in \$3.09  
Jun 30-Aug 25 Tu 12:30pm-3:00pm  
No session Jul 30.  
▶ 613088 Drop-in \$3.09  
Jul 2-Aug 27 Tu 12:30pm-3:00pm

### Belly Dance for Fun & Fitness

19 yrs+

The ancient art of getting together and celebrating life to middle eastern, Egyptian and North African music and beats. Drop-in \$15. No class May 18

▶ 614722 \$102.86/8 sess  
Apr 20-Jun 15 7:00pm-8:00pm  
Sylvie Royer

### Ballroom Dance

19 yrs+

Stay active and have fun! No partner or experience required. Drop-in \$15.

#### Latin

Learn the rumba, samba, cha cha, paso double and jive.

▶ 614389 \$169/13 sess  
Mar 31-Jun 23 Tu 9:30am-10:30am  
▶ 614390 \$169/13 sess  
Mar 31-Jun 23 Tu 10:30am-11:30am  
▶ 614392 \$156/12 sess  
Apr 11-Jun 27 Sa 1:30pm-2:30pm  
▶ 614393 \$156/12 sess  
Apr 11-Jun 27 Sa 2:30pm-3:30pm  
▶ 614396 \$112/9 sess  
Jun 30-Aug 25 Tu 9:30am-10:30am  
▶ 614397 \$112/9 sess  
Jun 30-Aug 25 Tu 10:30am-11:30am

#### Standard

Learn the waltz, tango, viennese waltz, slow flxtrot and the quickstep.

▶ 614725 \$156/12 sess  
Apr 8-Jun 24 W 9:30am-10:30am  
▶ 64849 \$156/12 sess  
Apr 8-Jun 24 W 10:30am-11:30am  
Raf Chen Raf Chen

### Ballroom Dance

19 yrs+

Come learn the waltz, tango, viennese waltz, slow foxtrot and the quickstep. Stay active and have fun by learning ballroom dance. No partner or experience required. Drop-in \$15.

#### Standard

▶ 614725 \$156/12 sess  
Apr 8-Jun 24 W 9:30am-10:30am  
▶ 614849 \$156/12 sess  
Apr 8-Jun 24 W 10:30am-11:30am  
Raf Chen

### Line Dance with Ember

19 yrs+

Line dance for fun. Meet new friends and exercise your body and mind by dancing to all genres of music and dance styles. Prior knowledge of basic dance steps is recommended. Drop-in \$7.14 + tax.

#### Beyond Beginner

▶ 613030 \$71.43/12 sess  
Apr 9-Jun 25 Th 6:30pm-8:00pm  
▶ 613031 \$71.43/12 sess  
Apr 11-Jun 27 Sa 11:30am-1:00pm  
▶ 613045 \$23.81/4 sess  
Jul 23-Aug 13 Th 6:30pm-8:00pm  
Ember Schira

### Line Dance Social

19 yrs+

▶ 614692 \$10/1 sess  
Jul 18 Sa 10:45am-12:45pm  
▶ 613046 \$10/1 sess  
Aug 8 Sa 10:45am-12:45pm  
Ember Schira

### Line Dance with Vivian

19 yrs+

Beginner/high beginners will learn Cha Cha, Mambo, Waltz, Rumba, Samba! We'll start slow and then move to a faster pace. Conducted in English with Chinese translation available. Drop-in \$7.14 + tax, if space permits.

#### Beginner Plus

No class May 18

▶ 613033 \$59.52/10 sess  
Apr 13-Jun 22 M 1:30pm-3:00pm  
▶ 613048 \$47.62/8 sess  
Jul 6-Aug 24 M 1:30pm-3:00pm

#### Intermediate

▶ 613034 \$71.43/12 sess  
Apr 8-Jun 24 W 1:30pm-3:00pm  
▶ 613049 \$47.62/8 sess  
Jul 8-Aug 26 W 1:30pm-3:00pm

#### Beginner

▶ 613032 \$71.43/12 sess  
Apr 10-Jun 26 F 1:30pm-3:00pm  
▶ 613047 \$47.62/8 sess  
Jul 10-Aug 28 F 1:30pm-3:00pm

### Vocal Training for Beginners

19 yrs+

If you've ever thought you couldn't sing, this program is for you—because if you can speak, you can sing! Experienced singers, this is your opportunity to unlock your potential by expanding your range and power.

▶ 5617166 \$140/8 sess  
Apr 23-Jun 11 Th 6:30pm-8:00pm  
Jan Cooper



## SOCIAL

### Karaoke

Sing along with your friends! Bring your own music or select available options onsite. English and all languages are welcome. Drop-in if space permits.

No class May 18.

▶ 609982 \$28.57/10 sess; Drop-in \$3.81  
Apr 13-Jun 22 M 11:45am-2:45pm

▶ 609984 \$34.29/12 sess; Drop-in \$3.81  
Apr 10-Jun 26 F 11:45am-2:45pm

No class Aug 3.

▶ 615269 \$22.86/8 sess; Drop-in \$3.81  
Jul 6-Aug 31 M 11:45am-2:45pm

▶ 615275 \$22.86/8 sess; Drop-in \$3.81  
Jul 10-Aug 28 F 11:45am-2:45pm

Wai Sin

### Chess for Life

Through guided play and shared learning, participants strengthen strategic thinking, boost memory, and build meaningful social connections. Whether you're rediscovering the game or exploring it for the first time. All skill levels welcome.

▶ 611210 \$150/10 sess  
Apr 16-Jun 18 Th 3:00pm-4:00pm

No class Jun 6.

▶ 611222 \$150/10 sess  
Apr 11-Jun 20 Sa 12:00pm-1:00pm

▶ 615286 \$150/10 sess  
Jul 9-Aug 27 Th 10:00am-11:00am

Chess Institute of Canada

### Seniors Luncheon

You are invited to our bi-monthly luncheon. Meet new people and chat over a lovely meal. Please register early as space is limited.

#### High Tea

▶ 605939 \$13/1 sess  
May 7 Th 12:00pm-1:30pm

#### Canada Day

▶ 605979 \$10/1 sess  
Jun 25 Th 12:00pm-1:30pm

#### BC Day

▶ 605985 \$10/1 sess  
Jul 30 Th 12:00pm-1:30pm

### 50 yrs+

### Tea Time

Enjoy a relaxing break with coffee or tea while chatting casually in Mandarin, Cantonese, or English. Join us for games, crafts, gentle exercise videos, and the occasional special presentation. Registration required. No program Jul 30.

▶ 616946 \$2.86/season  
Apr 9-Jun 18 Th 10:00am-12:00pm

▶ 616947 \$2.86/season  
Jul 9-Aug 20 Th 10:00am-12:00pm

### Seniors' Social and Games

Join a friendly group for conversation or to play various available games—scrabble, cribbage or cards.

▶ 615266 \$2.86/season  
Apr 7-Jun 30 Tu 1:00 pm-3:00 pm

▶ 615267 \$2.86/season  
Apr 9-Jun 25 Th 1:00 pm-3:00 pm

▶ 615279 \$2.86/season  
Jul 7-Sep 1 Tu 1:00 pm-3:00 pm

▶ 615282 \$2.86/season  
Jul 2-Sep 3 Th 1:00 pm-3:00 pm

▶ 616947 \$2.86/season  
Jul 9-Aug 20 Th 10:00am-12:00pm

### Youth Create, Seniors Celebrate!

Youth and seniors come together to prepare and perform music, dance, spoken word, visual art displays, and short performances for seniors in the community promoting connection, engagement, and youth leadership!

▶ 615375 Free/1 sess  
Apr 20 M 1:00pm-2:30pm

### Government Benefits for Older Adults

Presented by our legal advocate, an informative overview of federal and BC government benefits for seniors.

▶ 617178 FREE, pre-registration  
May 14 Th 10:00am-12:00pm

Seniors First BC

### 55 yrs+

### Crafts for Seniors

Explore your artistic side with various themes which are volunteer sponsored and supplies are provided. Join us every second Tuesday of the month to make unique and creative crafts!

#### Decoupage Paper Crafting

▶ 617034 \$4.76/1 sess  
Apr 14 Tu 1:00pm-3:00pm

#### Shell Crafts

▶ 617035 \$4.76/1 sess  
May 12 Tu 1:00pm-3:00pm

#### Paper Quilling

▶ 617038 \$4.76/1 sess  
Jun 9 Tu 1:00pm-3:00pm

#### Beads

▶ 617036 \$4.76/1 sess  
Jul 14 Tu 1:00pm-3:00pm

#### Eco-Printing

▶ 617037 \$4.76/1 sess  
Aug 11 Tu 1:00pm-3:00pm

### Adventures on Transit

All trips are subject to change. Waiver forms must be completed prior to departure. Participants are responsible for their own food costs.

#### Museum of North Vancouver, Lonsdale Quay & Shipyards

▶ 617176 \$15/1 sess  
Apr 22 W 10:00am-2:30pm

#### Lavenderland, Buddhist Temple & Ironwood Plaza

▶ 617175 \$15/1 sess  
Jun 17 W 10:00am-2:30pm

#### Charter Bus: Darts Hill, Moby Dick's & White Rock

▶ 617172 \$33/1 sess  
May 20 W 10:00am-3:30pm

#### Squamish: Shannon Falls, Brackendale Gallery & Railway Heritage Park

▶ 617174 \$68/1 sess  
Jul 8 W 9:30am-4:00pm

### SENIORS WEEK INFORMATION



Join us for Seniors Week from June 1-7, 2026 when we recognize our seniors & their contributions to our community! Please check [vancouver.ca](http://vancouver.ca) for special events & programs happening this week.

### COMMUNITY PARTNER

#### Marpole-Oakridge Family Place

- Bi-weekly socio-educational gatherings for seniors
- Daily emergency response, advocacy and referral service for seniors
- Provider of the South Vancouver Seniors Network service, including networking, referrals, and the Weekly Live Webinar. Visit [mofp.org](http://mofp.org)



# FITNESS CENTRE + FACILITY RENTALS

## Hours of Operation

### SAUNA

- Mon to Thu: 9am-1:45pm & 3:30pm-8:45pm (closed daily 1:45pm-3:30pm)
- Fri (Spring): 9am-1:45pm & 3:15pm-7:45pm (closed daily 1:45pm-3:15pm)
- Fri (Summer): 9am-4:45pm
- Sat (Spring): 9am-3:45pm
- Sat (Summer): 9am-12:45pm
- Sun & Stat Holidays CLOSED

### FITNESS CENTRE

- See page 2

**Racquetball Court rentals** available in 45 min time slots. Info at: [vancouver.ca/parks-recreation-culture/squash-and-racquetball-court-rental-rates.aspx](http://vancouver.ca/parks-recreation-culture/squash-and-racquetball-court-rental-rates.aspx). Call facility to book: 604.257.8180 ex. 1

**Personal Training** • Achieve your fitness goals with personalized programs. Visit our website for details and pricing. <https://vancouver.ca/parks-recreation-culture/personal-training.aspx>

	Adult 19-64 yrs	Youth 13-18 yrs	Senior 65 yrs+
Drop-in • Single Visit	\$7.93	\$5.55	\$5.55
10-Visit Pass*	\$71.37	\$49.95	\$49.95
Flexipass • 1-month	\$64.15	\$44.91	\$44.91
Flexipass • 3-month	\$173.21	\$121.25	\$121.25
Flexipass • 12-month	\$554.26	\$387.98	\$387.98

*Please note: Passes are not accepted at Hastings, Kerrisdale, Killarney, and Sunset fitness centres. Prices do not include tax and are subject to change.*

### Fitness for Youth 13-18 yrs

Our knowledgeable staff will guide participants through a four-week program teaching exercises to cover all components of a complete fitness program. At the end participants will have the confidence to use the Fitness Centre on their own. Par-Q & consent form required.

▶ 614770	Fitness Centre admission
Apr 17-May 8	F 4:00 pm-5:00 pm
▶ 614771	Fitness Centre admission
May 22-Jun 12	F 4:00 pm-5:00 pm
▶ 614993	Fitness Centre admission
Jul 3-Jul 24	F 4:00 pm-5:00 pm
▶ 614994	Fitness Centre admission
Aug 7-Aug 28	F 4:00 pm-5:00 pm

PLEASE NOTE Centre Office closes 15 minutes earlier than the community centre.

[www.vancouver.ca/marpoleoakridgefitness](http://www.vancouver.ca/marpoleoakridgefitness) for up to date information

## Room Rentals

More information at [www.marpoleoakridge.org](http://www.marpoleoakridge.org) • Prices do not include tax and are subject to change. PLEASE NOTE Additional fees may apply depending on the nature of the rental (e.g. SOCAN and ReSound fees, staffing, damage deposits, insurance, etc.)

Room (Max Capacity)	Dimensions	Non-Prime Time Mon-Thurs (9am-9pm) Friday (9am-8pm) Saturday (9am-4pm)	Prime Time Mon-Thurs (9pm-Midnight) Friday (8pm-Midnight) Saturday (4pm-Midnight) Sunday (9am-Midnight)
Gymnasium – Sports only (100)	90' x 64'	\$52/hr + tax	\$82/hr + tax
Auditorium (100)	72' x 24'	\$46/hr + tax	\$76/hr + tax
Upper Lounge (70)	48' x 30'	\$46/hr + tax	\$76/hr + tax
Club Room (50)	49' x 20'	\$39/hr + tax	\$69/hr + tax
Social Room (30)	29' x 22'	\$29/hr + tax	\$59/hr + tax
Lower Lounge (30)	26' x 20'	\$29/hr + tax	\$59/hr + tax



# UPCOMING SPECIAL EVENTS

TSBC License #LAMO202804

MARPOLE-OAKRIDGE COMMUNITY CENTRE

COME & JOIN US FOR

## MARPOLE COMMUNITY DAY

SATURDAY, JUNE 6  
11:00AM - 3:00PM

990 WEST 59<sup>TH</sup> AVE  
(AT OAK ST.)

**FREE**

INFLATABLES • STAGE PERFORMANCES  
FREE RIDES & CARNIVAL GAMES  
FOOD CONCESSION • COMMUNITY TABLES  
FACE PAINTING • LIVE MUSIC & ENTERTAINMENT



Hosted by Marpole-Oakridge Community Association  
and Vancouver Board of Parks & Recreation

[www.marpoleoakridge.org](http://www.marpoleoakridge.org)



## Marpole Community Day & Sponsorship Opportunities

Come join us at Marpole-Oakridge CC for some FREE family fun at our outdoor community festival! Enjoy inflatables, face painters, balloon twisters, community booths, games, a youth fundraising food concession, live performances and more!

### SPONSORSHIP

We are seeking sponsors to support our community to keep this annual event accessible at no cost. Your sponsorship will help cover essential event expenses and will be recognized through promotional materials and event signage. For more information on sponsorship opportunities, and to receive our sponsorship package, please email [marpolefestival@gmail.com](mailto:marpolefestival@gmail.com). We would love to partner with you to make this event a success! Please submit sponsorship application by May 1, 2026.

▶ 609985

FREE

Jun 6

Sa 11:00am-3:00pm

## Music in the Park All Ages

Wonderful outdoor event for all ages. Enjoy live music, lawn games, crafts and food in Oak Park (behind the field house at 7575 Fremlin Street). Specific entertainment information will be posted when available.

▶ 615297

FREE

Jul 15

W

6:00pm-8:00pm





Marpole-Oakridge  
Community Centre

## SPRING & SUMMER 2026 RECREATION GUIDE

990 West 59th Avenue  
Vancouver, BC V6P 1X9

COMMUNITY CENTRE:  
604.257.8180 (press 1)

[marpolecc@vancouver.ca](mailto:marpolecc@vancouver.ca)

X @MarOakCA

f @marpoleoakridgecc

@marpoleoakridgecc



Programs and daycamps for kids

Seniors' programs and social events

Adult group fitness classes

Adult sports, health & wellness,  
martial arts classes

Special events and day trips

Youth activities & volunteering

Music, arts and crafts

Learning workshops

Facility rentals

Fitness centre, sauna,  
whirlpool, racquetball court

