

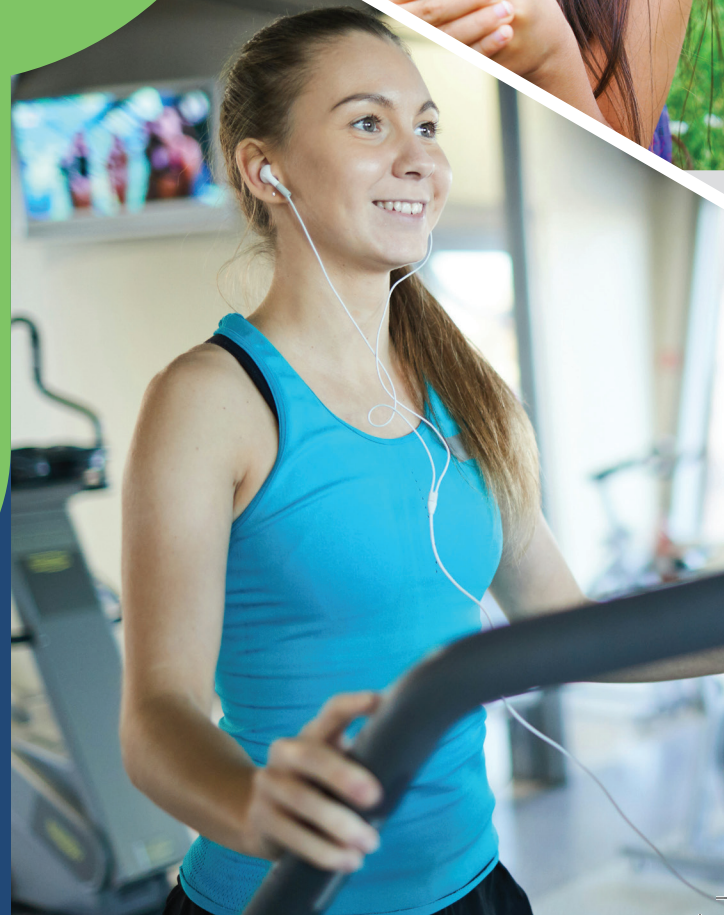


Jointly operated by the Vancouver Board of Parks and Recreation and the Marpole-Oakridge Community Association

TO REGISTER: vancouver.ca/marpoleoakridgerec

FITNESS CENTRE: vancouver.ca/marpoleoakridgefitness

COMMUNITY CENTRE: marpoleoakridge.org



**Marpole-Oakridge
Community Centre**

**SPRING &
SUMMER 2025
RECREATION
GUIDE**

PROGRAMS RUNNING

Apr 1-Aug 29, 2025

SPRING PROGRAMS REGISTRATION STARTS:

- Online/In-Person: MONDAY, MARCH 10 @ 7:00PM • By Phone: TUESDAY, MARCH 11 @ 10:00AM
- ## SUMMER DAYCAMP REGISTRATION STARTS: Online/In-Person: WEDNESDAY, MARCH 12 @ 7:00PM
- By Phone: Thursday March 13 @ 10:00AM
- ## SUMMER PROGRAMS REGISTRATION STARTS:
- Online/In-Person: MONDAY, MAY 26 @ 7:00PM • By Phone: TUESDAY, MAY 27 @ 10:00AM

GET IN TOUCH WITH US

990 West 59th Avenue
(At the corner of Oak Street)
Vancouver, BC V6P 1X9

COMMUNITY CENTRE
604-257-8180 (press 1)
marpolecc@vancouver.ca
marpoleoakridge.org

OPERATING HOURS

SPRING: Apr 1-Jun 28, 2025
SUMMER: Jun 30-Aug 29, 2025

COMMUNITY CENTRE & FITNESS CENTRE

Mon-Thu 9:00am-9:00pm
Fri (Spring) 9:00am-8:00pm
Fri (Summer) 9:00am-5:00pm
Sat (Spring) 9:00am-4:00pm
Sat (Summer) 9:00am-1:00pm
Sun & Stat Holidays • CLOSED
(Closed Apr 18, Apr 21, May 19,
Jul 1, Aug 2, Aug 4, Aug 30, 2025)
Centre Office closes 15 minutes
earlier than the community centre

RACQUETBALL COURT
See page 19 for details

SAUNA & WHIRLPOOL
See page 19 for hours

Facility Rentals info on page 16,
at www.marpoleoakridge.org
or at the front desk.

MOCA VISION & MISSION

Our mission is to offer accessible and diverse leisure opportunities to enhance the well-being of individuals and strengthen a sense of community in a safe and welcoming environment.

Jointly operated by the Vancouver Board of Parks and Recreation and the Marpole-Oakridge Community Association.

Interactive Brochure available at www.vancouver.ca/marpoleoakridgerec and www.marpoleoakridge.org

REGISTER

- **ONLINE** recreation.vancouver.ca and browse our activities
- **BY PHONE** 604.257.8180 (press 1) and please have your credit card number and course numbers ready
- **IN PERSON** Register yourself and up to two other people in each course

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ADMINISTRATIVE INFORMATION

► **Protection of Personal Information:** In the course of providing programs and services, MOCA collects personal information from individuals participating in classes, workshops, events or rentals. The information may be used for communication purposes regarding current or upcoming events, processing payments, or statistical purposes. We respect the importance of protecting the personal information that we collect. For information on our privacy policies and practices, call 604.257.8180 (1) or email marpoleoakridgecc@gmail.com.

► **Leisure Access Program:** The Vancouver Park Board Leisure Access Program is for Vancouver residents who face financial barriers. MOCA allows a 50% discount off most centre programs for those who qualify for the LAP program. Applications available at the front desk. Leisure Access Discount does not apply to private music lessons.

► Refund Policy

- A \$5.00 administration fee per program, per person will be charged for all program refunds, unless the program is cancelled by the Community Centre.
- Refund requests must be received by phone or in-person to the front office during operational hours with the required notice as outlined below.
- Regular weekly programs (exceptions are noted below): a full refund less the admin fee will be provided if requested at least 7 calendar days before the program start date. Refunds requested within 6 calendar days of the program start date and up to 72 hours before the start of the scheduled second session, will be charged for the first session and the admin fee. No refunds thereafter.
- One-day sessions and events, workshops, out-trips, and court rentals: a full refund less the admin fee will be provided if requested at least 7 calendar days before the program start date. No refunds thereafter.
- Week-long programs (such as day camps): a full refund less the admin fee will be provided if requested at least 14 calendar days before the program start date. No refunds thereafter.
- 10 usage passes (dance, sports, aerobics) and 1 month aerobics passes: no refunds available.
- Aerobics FitPass: full refunds are not available. Refunds requested before the halfway point of the season (based on pass dates), will be charged 50% of the total pass fee and the admin fee. No refunds thereafter.



PARENT-TOT • PRESCHOOL



PERFORMING ARTS/MUSIC

Zumbini®

No Way! Jose

O-5 yrs

Sing, dance and play as you bond with your child! Created by Zumba® and BabyFirst, the Zumbini® program combines music, dance and playing instruments for 45 minutes of bonding, learning and fun! Zumbini® is the 1st early childhood education program to create a true "360°" experience, with live classes and the "Zumbini® Time" interactive TV show on BabyFirst TV. Parent participation is required. Children 6 months and under can attend free with a registered sibling. www.zumbini.com. No class Apr 23.

► 554808 \$180/9 sess

Apr 9-Jun 11 W 9:30am-10:15am

► 554810 \$180/9 sess

Apr 9-Jun 11 W 10:30am-11:15am

Maayan Amitov

Zumbini® Camp O-5 yrs

Course description on page 6.

► 554895 \$60/3 sess

Jul 2-Jul 4 W-F 1:00pm-1:45pm

► 554860 \$80/4 sess

Aug 5-Aug 8 Tu-F 9:45am-10:30am

► 554885 \$80/4 sess

Aug 25-Aug 28 M-Th 1:00pm-1:45pm

Maayan Amitov

Music Exploration

Camp

3-6 yrs

Course description on page 6.

► 558826 \$80/5 sess; Drop-in \$22

Jul 21-Jul 25 M-F 10:00am-10:30am

Musical Expressions

Uke & Me

3-5 yrs

Explore this fun instrument through colours, numbers, jamming and singing along to your favourite tunes. No experience required. Ukuleles are provided for use in class or bring your own. Parent participation required. Drop-ins welcome if space permits. No class Apr 18.

► 551630 \$178.20/11 sess; Drop-in \$22

Apr 11-Jun 27 F 11:00am-11:30am

Musical Expressions

Wee Expressions O-4 yrs

Parents and children jointly participate in singing, instrument playing, learning manners, brain gym, accompanying song actions, baby sign language and dances with a sense of exploration and fun. Our curriculum is based on researched benefits of music infused with Music Therapy techniques. \$7 music fee included. No class Apr 18.

► 551626 \$185.70/11 sess; Drop-in \$22

Apr 11-Jun 27 F 10:05am-10:50am

Musical Expressions

SPORTS/SOCIAL

Sportball • Parent & Tot Multisport

2-3 yrs

Refine motor skills, such as balance and coordination, and develop social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class. Sportball maintains a one-parent-per-child ratio policy in all Parent Child programs. More info at www.sportball.ca.

No class Apr 18.

► 552495 \$92.50/5 sess

Apr 4-May 9 F 4:45pm-5:30pm

No class Apr 19, May 17 & Jun 7.

► 552472 \$148/8 sess

Apr 12-Jun 21 Sa 10:20am-11:05am

► 552506 \$111/6 sess

May 16-Jun 20 F 4:45pm-5:30pm

No class Aug 2

► 554419 \$129.50/7 sess

Jul 5-Aug 23 Sa 10:20am-11:05am

Sportball Vancouver

Please note our Summer programs and Daycamps are in yellow

Parent & Tot Drop-in Playtime

O-5 yrs

Tots, toddlers and preschoolers—along with their parent or caregiver—are welcome to puzzles, books, toys and more. An infant area is also available for those not yet walking, with toys best suited for little hands.

► 552463 Drop-in \$2.50

Apr 12-May 31 Sa 10:45am-12:15pm



PRESCHOOL



PERFORMING ARTS

Creative Ballet 3-6 yrs

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love exploring their creative expression in this fun and welcoming class. Children must be able to participate without a parent in the room. Please wear ballet outfit.

Creative Ballet 3-5 yrs

No class Apr 19 & Jun 7.

▶ 552631 \$130/10 sess

Apr 5-Jun 21 Sa 10:20am-11:05am

No class Aug 2

▶ 554426 \$91/7 sess

Jul 5-Aug 23 Sa 10:20am-11:05am

Children's Creative Ballet 4-6 yrs

No class Apr 19 & Jun 7.

▶ 552632 \$130/10 sess

Apr 5-Jun 21 Sa 11:10am-11:55am

No class Aug 2

▶ 554429 \$91/7 sess

Jul 5-Aug 23 Sa 11:10am-11:55am

Endorphin Rush Dance

Jazz/Ballet 3-5 yrs

Children will learn the fundamentals of both ballet and jazz dance while developing their own creative expression. The dancer's mobility, balance, and coordination will be improved in this fun and welcoming program. Children must be able to participate without a parent in the room.

No class Apr 19 & Jun 7.

▶ 552638 \$130/10 sess

Apr 5-Jun 21 Sa 2:10pm-2:55pm

Endorphin Rush Dance

Mini Hip Hop Breakers

3-6 yrs

This non-stop action-packed class includes hip-hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Dancers will improve coordination, musicality, expression, and learn dynamic choreography. Please wear a comfortable dance outfit.

Hip Hop Breakers

3-5 yrs

No class Apr 19 & Jun 7.

▶ 552608 \$130/10 sess

Apr 5-Jun 21 Sa 9:30am-10:15am

No class Aug 2

▶ 554425 \$91/7 sess

Jul 5-Aug 23 Sa 9:30am-10:15am

Hip Hop Breakers

4-6 yrs

No class Apr 19 & Jun 7.

▶ 552635 \$130/10 sess

Apr 5-Jun 21 Sa 1:20pm-2:05pm

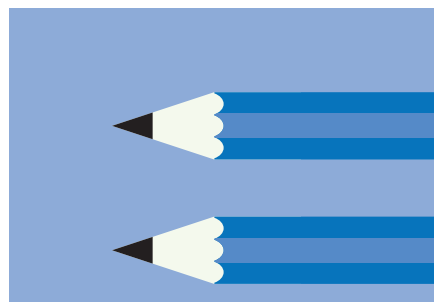
No class Aug 2

▶ 554431 \$91/7 sess

Jul 5-Aug 23 Sa 12:00pm-12:45pm

Endorphin Rush Dance

Please note our Summer programs and Daycamps are in yellow



ART

Preschool Drawing

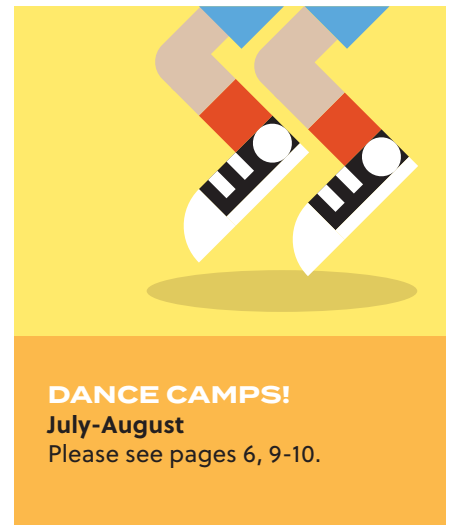
3.5-5 yrs

Watch their imaginations bloom as they draw an adorable flowerpot that screams spring vibes! Our cuddly Teddy Bear is the perfect intro to figure drawing! Get ready for some serious cuteness overload! If you have a nature lover at home, they'll be buzzing with excitement over our super cool insect drawing. Finally, our charming bird bath scene will have them mastering composition like a pro!

▶ 552771 \$176/8 sess

Apr 23-Jun 11 W 3:30pm-4:20pm

Young Rembrandts



DANCE CAMPS!

July-August

Please see pages 6, 9-10.

PRESCHOOL



SPORTS

Sportball Multisport

3.5-5 yrs

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. For more, visit www.sportball.ca.

No class Apr 18.

► 552493 \$92.50/5 sess
Apr 4-May 9 F 3:45pm-4:45pm

No class Apr 19, May 17 & Jun 7.

► 552466 \$148/8 sess
Apr 12-Jun 21 Sa 9:15am-10:10am

► 552505 \$111/6 sess
May 16-Jun 20 F 3:45pm-4:45pm

No class Aug 2

► 554415 \$129.50/7 sess
Jul 5-Aug 23 Sa 9:15am-10:10am

Sportball Vancouver

Sportball Outdoor Soccer

3.5-5 yrs

Introduces fundamental concepts of gameplay and teaches the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors, rain or shine; Parent is required to remain on the field for children's safety. Info at www.sportball.ca.

No class May 19.

► 552507 \$129.50/7 sess
May 5-Jun 23 M 5:00pm-6:00pm

No class Aug 4

► 554420 \$111/6 sess
Jul 7-Aug 18 M 5:00pm-6:00pm

Sportball Vancouver

MARTIAL ARTS

SunMither Taekwondo Little Ninjas

3.5-5 yrs

Everyone can benefit from martial arts. Learning these new techniques will improve mental and physical development. Purchase of a uniform will be available for \$60 plus tax.

► 552793 \$93/12 sess
Apr 1-Jun 17 Tu 3:45pm-4:15pm

Little Ninjas/Ninjas Plus 3.5-5 yrs
For those new to Taekwondo or who've completed a previous session of Taekwondo Little Ninjas.

► 552805 \$93/12 sess
Apr 3-Jun 19 Th 3:30pm-4:00pm

► 554444 \$54.25/7 sess
Jul 8-Aug 19 Tu 4:15pm-4:45pm

► 554452 \$54.25/7 sess
Jul 10-Aug 21 Th 4:00pm-4:30pm

Little Ninjas Plus • 3.5-6 yrs

For those who've completed a previous session of Taekwondo Little Ninjas.

► 552796 \$93/12 sess
Apr 1-Jun 17 Tu 4:15pm-4:45pm

► 552806 \$93/12 sess

Apr 3-Jun 19 Th 4:00pm-4:30pm
Bahareh Dehkordi

SPORT CAMPS!
April-June, July-August
Please see pages 12-13.

PLEASE NOTE
Martial Arts classes: Waiver form must be completed for participation and handed in by first class.



SPECIALTY CAMPS



REFUND POLICY • all refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required. Refund requests must be made in person or by phone

SPECIALTY CAMPS • 0-5 YRS

Zumbini® Camp 0-5 yrs

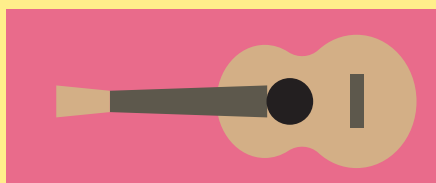
Created by Zumba® and BabyFirst, the Zumbini® program combines music, dance and playing instruments for 45 minutes of learning and fun. Parent participation required. Themes: Kalino-Hili-TJ-Jose.

► 554895 \$60/3 sess
Jul 2-Jul 4 W-F 1:00pm-1:45pm
► 554860 \$80/4 sess
Aug 5-Aug 8 Tu-F 9:45am-10:30am
► 554885 \$80/4 sess
Aug 25-Aug 28 M-Th 1:00pm-1:45pm
Maayan Amitov

Music Exploration Camp 3-6 yrs

Explore this fun instrument through colours, numbers, musical story telling and sing-alongs. Instruments and Ukulele are provided for use in class. Parent participation required.

► 558826 \$80/5 sess; Drop-in \$22
Jul 21-Jul 25 M-F 10:00am-10:30am
Musical Expressions



Sportball Outdoor Multisport Camp 3.5-5 yrs

A variety of ball sports and activities PLUS snack time, stories, co-operative games and more! Camps will run outdoors, rain or shine. Please pack a hat, sunscreen, a labelled water bottle and a nut free lunch or snack. More info: www.sportball.ca

► 555125 \$95/5 sess
Jul 7-Jul 11 M-F 10:45am-12:00pm
► 555128 \$95/5 sess
Jul 28-Aug 1 M-F 10:45am-12:00pm
► 555130 \$95/5 sess
Aug 11-Aug 15 M-F 10:45am-12:00pm
Sportball Vancouver

Sportball Outdoor Soccer Camp 3.5-5 yrs

Kickstart your day! Sportball soccer camps introduce fundamental concepts of gameplay and teaches the basic skills required to bend it like Beckham in a supportive, noncompetitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play. Please bring a nut free snack and/or lunch with a name labeled water bottle. Camp is held outdoors for the duration of the camp.

► 555285 \$95/5 sess
Jul 14-Jul 18 M-F 10:45am-12:00pm
Sportball Vancouver

DANCE CAMPS

Frozen Ballet Dance Camp 4-6 yrs

100% Frozen Soundtrack Music is played in this creative ballet class. No experience required as dancers learn the basics of ballet and expression through movement. Costumes welcome, but not required. Beginner friendly. Presentation on the last day!

► 554729 \$109/5 sess
Jul 14-Jul 18 M-F 9:15am-10:30am
► 554739 \$109/5 sess
Aug 11-Aug 15 M-F 10:45am-12:00pm
Endorphin Rush Dance

Mini Hip Hop Moves and Grooves Camp 3-5 yrs

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. We will work on a choreographed dance and perform for family on the last day! Please bring a filled water bottle each day. www.kirbysnelldance.com.

3-5 yrs
► 554740 \$109/5 sess
Aug 11-Aug 15 M-F 9:15am-10:30am
4-6 yrs
► 554732 \$109/5 sess
Jul 14-Jul 18 M-F 12:30pm-1:45pm
Endorphin Rush Dance

Fairies, Frogs & Dragons Dance Camp 4-6 yrs

Creative dance camp with the theme of fairies, frogs, and fire breathing dragons. Dancers are encouraged to let their imaginations run wild in this playful and expressive dance camp. In a warm and welcoming environment children will make new friends while improving their dance technique, and exploring creative expression. Beginner friendly. Bring your cameras! Presentation for parents on the last day! www.kirbysnelldance.com

► 554738 \$109/5 sess
Aug 11-Aug 15 M-F 9:15am-10:30am
Endorphin Rush Dance



DAYCAMPS



REGISTRATION
starts online/ in person:
Wednesday March 12
@ 7:00pm
by phone:
Thursday March 13
@ 10:00am

DAYCAMPS

Summer Fun Day Camp

Our summer daycamp is a full-day, play-based recreation program designed to foster friendships and encourage play through group activities and games. Please note, this is not a licensed child care program.

Each week, campers will go on outings throughout the lower mainland (e.g., swimming, ice skating, parks), traveling by a combination of public transit, charter bus, and/or on foot. This action-packed camp offers a variety of activities, including games, sports, dance, and crafts. Staff members are primarily between the ages of 18 and 22. The program has a staff-to-participant ratio of 1:10, with additional support from youth volunteers.

We meet in the Auditorium (for ages 6-8) and the Basement (for ages 9-12), both of which can be loud, open spaces with fluorescent lighting. Children are required to bring a backpack containing a snack, lunch, water bottle, sunscreen, a hat, and closed-toe shoes.

To ensure all campers have a positive experience, we provide daily visual schedules and offer a quiet corner and sensory tools. If you have any questions or concerns about how we can support your child's participation, please contact staff by emailing: marpole.camps@vancouver.ca

- Waiver forms must be completed and submitted at drop-off.
- Children must be signed in and out daily by a parent or guardian.
- Children must have completed kindergarten and be eligible for grade 1 to register for camp.
- No camps on Jul 1 and Aug 4.

REFUND POLICY for daycamps
All refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required. Refunds requests cannot be done online.

Daycamp		6-8 yrs	Daycamp		9-12 yrs	Aftercare	6-12 yrs
► 548365		\$140/4 sess	► 548373		\$140/4 sess	► 548357	\$30/4 sess
Jun 30-Jul 4	M, W-F	9:00am-3:30pm	Jun 30-Jul 4	M, W-F	9:00am-3:30pm	Jun 30-Jul 4	M, W-F 3:30pm-5:00pm
► 548366		\$175/5 sess	► 548374		\$175/5 sess	► 548358	\$37.50/5 sess
Jul 7-Jul 11	M-F	9:00am-3:30pm	Jul 7-Jul 11	M-F	9:00am-3:30pm	Jul 7-Jul 11	M-F 3:30pm-5:00pm
► 548367		\$175/5 sess	► 548375		\$175/5 sess	► 548359	\$37.50/5 sess
Jul 14-Jul 18	M-F	9:00am-3:30pm	Jul 14-Jul 18	M-F	9:00am-3:30pm	Jul 14-Jul 18	M-F 3:30pm-5:00pm
► 548368		\$175/5 sess	► 548376		\$175/5 sess	► 548360	\$37.50/5 sess
Jul 21-Jul 25	M-F	9:00am-3:30pm	Jul 21-Jul 25	M-F	9:00am-3:30pm	Jul 21-Jul 25	M-F 3:30pm-5:00pm
► 548369		\$175/5 sess	► 548377		\$175/5 sess	► 548361	\$37.50/5 sess
Jul 28-Aug 1	M-F	9:00am-3:30pm	Jul 28-Aug 1	M-F	9:00am-3:30pm	Jul 28-Aug 1	M-F 3:30pm-5:00pm
► 548370		\$140/4 sess	► 548378		\$140/4 sess	► 548362	\$30/4 sess
Aug 5-Aug 8	Tu-F	9:00am-3:30pm	Aug 5-Aug 8	Tu-F	9:00am-3:30pm	Aug 5-Aug 8	Tu-F 3:30pm-5:00pm
► 548371		\$175/5 sess	► 548379		\$175/5 sess	► 548363	\$37.50/5 sess
Aug 11-Aug 15	M-F	9:00am-3:30pm	Aug 11-Aug 15	M-F	9:00am-3:30pm	Aug 11-Aug 15	M-F 3:30pm-5:00pm
► 548372		\$175/5 sess	► 548380		\$175/5 sess	► 548364	\$37.50/5 sess
Aug 18-Aug 22	M-F	9:00am-3:30pm	Aug 18-Aug 22	M-F	9:00am-3:30pm	Aug 18-Aug 22	M-F 3:30pm-5:00pm

DAYCAMPS & SPECIALTY CAMPS

REGISTRATION starts online/ in person **Mar 12 @ 7pm** and **Mar 13 @ 10am** by phone

DRAWING CAMPS

Cartoon Character Creation Camp 6-12yrs

Learn the basics of cartooning and create your own characters and learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action and personification will contribute to your child's artistic advancement!

► 554668 \$215/5 sess
Jul 7-Jul 11 M-F 9:15am-12:15pm
Young Rembrandts

Favourite Apps & Video Games Drawing Workshop Camp **NEW** 6-12yrs

Students will learn new illustration and colouring techniques, inspired by popular video games. Artwork is inspired by pixel block characters, plants, zombies and many more classic apps and games. If your child loves to game or draw, they will have a blast putting their own personal touches on some of these favourites!

► 554670 \$215/5 sess
Jul 7-Jul 11-F M-F 12:45pm-3:45pm
Young Rembrandts

Tropical Island Drawing Workshop Camp **NEW** 6-12yrs

Children will create original characters like cheeky coconut creatures, spirited islanders, as well as traditional Polynesian flower crowns. Artists will also illustrate breathtaking ocean scenes with Wa'a Kaulua boats and the serene landscapes of island huts and native plants. This workshop blends realism with cartoons, using vibrant no-mess materials like coloured pencils and markers.

► 554672 \$215/5 sess
Jul 28-Aug 1 M-F 9:15am-12:15pm
Young Rembrandts

REFUND POLICY for daycamps

All refund requests are subject to a \$5 administration fee per program/program per week and 14 calendar days notice is required. Refund requests cannot be done online.

DRAWING & TECH CAMPS

Furry Friends Drawing Workshop Camp 6-12 yrs

Artists will learn how to sketch and bring to life their favourite animals in a playful, cartoon style! Whether it's a fluffy dog, a silly fox, or a mighty dinosaur, our artists will discover the joy of drawing all kinds of creatures.

► 554673 \$215/5 sess
Jul 28-Aug 1 M-F 12:45pm-3:45pm
Young Rembrandts

Anime/Manga Fashion Drawing Workshop Camp 6-12yrs

Artists will learn to draw anime style fashion characters ranging from simple to elaborate! This is a great way to combine fashion designing skills and learn new manga tricks. Each day students will complete multiple pieces of artwork like manga hairstyles, school uniforms, fantasy costumes and more ARTastic drawings.

► 554674 \$215/5 sess
Aug 18-Aug 22 M-F 9:15am-12:15pm
Young Rembrandts

Fantasy Forest Drawing Workshop Camp 6-12yrs

Magical, mythical, marvelous art is coming your way in this camp, focused on creativity and whimsy! Students will learn to draw otherworldly creatures like fairies, trolls and a forest queen and create beautiful scenery.

► 554675 \$215/5 sess
Aug 18-Aug 22 M-F 12:45pm-3:45pm
Young Rembrandts

Byte Camp • Music Video Production Camp 9-12yrs

Camp time will be split between digital music composition, video filming and editing. Use amazing software tools to craft your very own song from scratch. We will show you the basics of beats, baselines, chords, and melodies so that your song will sound awesome. Experiment with video, special effects, and TikTok style editing techniques to make your own video as cool as your tune. No session Jul 1.

► 554745 \$340/4 sess
Jun 30-Jul 4 M, W-F 9:15am-4:15pm
Byte Camp

TECH CAMPS

Introduction to Coding Camp 9-12yrs

Build your own game! Students will be introduced to basic coding skills with Scratch and make their very own games. They will learn how to create 2D vector artwork to make characters and levels that are entirely their own. The final project is a game that you can play and share with friends online.

► 554750 \$395/5 sess
Jul 14-Jul 18 M-F 9:15am-4:15pm
Byte Camp

Graphic Design & Printing Camp 11-14yrs

Full description on p.16.
► 554751 \$395/5 sess
Jul 28-Aug 1 M-F 9:15am-4:15pm
Byte Camp

2D Video Game Design Camp 11-14yrs

Full description on p.16.
► 554783 \$340/4 sess
Aug 5-Aug 8 Tu-F 9:15am-4:15pm
Byte Camp

Introduction to Coding Level 2 Camp 9-12yrs

Level up your coding and artwork skills in this fun and challenging camp. Students will take on advanced character movements and level design to make characters, levels and gameplay that are entirely unique. The final project is a game that you can play and share with friends online. Scratch or Byte Camp's Intro to Coding is recommended as a prerequisite.

► 554785 \$395/5 sess
Aug 11-Aug 15 M-F 9:15am-4:15pm
Byte Camp

Jr. Coding: Code Breaker Camp 6-8 yrs

Kids love secret codes and puzzles, and we'll explore all sorts of codes and mysteries that existed before computer programming like morse, nautical flags, trail markers, baseball signals, code wheels, treasure maps, and more. Using creative storytelling, our robots will learn how to crack another mysterious code or puzzle while we learn how to program them. No experience or device needed.

► 555273 \$375/5 sess
Jul 7-Jul 11 M-F 9:15am-3:15pm
Zen Maker Lab

TECH & ROBOTICS CAMPS

Creative Makers & Illustration Camp 6-8 yrs

If your child loves drawing and making cartoons this camp is for you! Your child will learn animation skills and bring their sketchbook to life through animation while learning to design and animate 3D characters. Explore different cultural graphic art styles such as Japanese anime. See online for detailed camp description.

► 555275 \$375/5 sess
Aug 18-Aug 22 M-F 9:30am-3:30pm
Zen Maker Lab

Brick Animation Camp 7-12 yrs

Bring your movie-making ideas to life by creating a stop-motion Brick Animation mini movie, using LEGO® Movie Maker Software and LEGO® elements! Students will learn the basic techniques of Brick Animation including movement, timing, effects, editing, voice overs, and more! See online for detailed camp descriptions.

► 554689 \$175/5 sess
Aug 25-Aug 29 M-F 10:00am-12:00pm
Tomorrow's Playground

WEDO 1 Robotics Camp 7-12 yrs

Exciting and fun introduction to Robotics with Lego® Education WeDo 1 software. In this STEM-based program, students will develop their skills in science, technology, engineering, and mathematics. Using LEGO® elements, teams of students will build various robots featuring a working motor, sensors, and gears, and then program their models using block coding, and engage in fun theme-based activities!

► 554690 \$175/5 sess
Aug 25-Aug 29 M-F 12:30pm-2:30pm
Tomorrow's Playground

Spike Robotics Camp 8-12 yrs

An introductory Robotics program featuring LEGO® SPIKE Robotics. In this STEM-based program, teams of students will learn to design, program, and control Robots and other mechanisms using motors, sensors and gears! See online for detailed camp description.

► 554691 \$225/5 sess
Aug 25-Aug 29 M-F 3:00pm-5:00pm
Tomorrow's Playground

SPORTS CAMPS

Kids Basketball Camp DRIVE Basketball 7-12 yrs

A focus on developing playing skills; understanding and playing as a team on both offense and defense; improving shooting skills and providing conditioning exercises. Bring a water bottle and dress in proper attire.

► 554692 \$162/3 sess
Jul 2-Jul 4 W-F 10:45am-3:15pm
► 554693 \$240/5 sess
Aug 25-Aug 29 M-F 12:45pm-4:45pm
DRIVE Basketball Inc.

Sportball Outdoor Multisport Camp 5-8 yrs

Introduces children to a variety of ball sports and activities PLUS snack time, stories, co-operative games and more! Camps will run outdoors, rain or shine. Please be sure to pack a hat, sunscreen, a labelled water bottle and a nut free snack.

► 555127 \$225/5 sess
Jul 7-Jul 11 M-F 1:00pm-4:00pm
► 555129 \$225/5 sess
Jul 28-Aug 1 M-F 1:00pm-4:00pm
► 555133 \$225/5 sess
Aug 11-Aug 15 M-F 1:00pm-4:00pm
► 555287 \$225/5 sess
Aug 25-Aug 29 M-F 9:15am-12:15pm
Sportball Vancouver

Sportball Outdoor Soccer Camp 5-8 yrs

Camps will run outdoors, rain or shine. Introduces fundamental concepts of gameplay and basic skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play. Please bring a nut free snack and a name labeled water bottle.

► 555286 \$225/5 sess
Jul 14-Jul 18 M-F 1:00pm-4:00pm
Sportball Vancouver

Summer Smash Tennis: Mini Aces Camp Indoor 6-7 yrs

This fun half day camp focuses on developing a tennis foundation, including fundamental movement, tracking, and racquet skills. Students enjoy various activities that encourage the development of motor skills and physical literacy. Please bring your own racquet.

► 554725 \$115/5 sess
Aug 25-Aug 29 M-F 9:15am-10:15am
Summer Smash Tennis

Summer Smash Tennis: Junior Fundamentals + Aces Indoor Camp 7-10 yrs

Develop a strong tennis foundation in a fun and supportive environment. This half day camp is designed for beginners AND players with experience. Students will develop their skills each week through high energy, game-based lessons that follow the Summer Smash Progression. Please bring your own racquet.

► 554728 \$258.75/5 sess
Aug 25-Aug 29 M-F 10:15am-12:30pm
Summer Smash Tennis

Volleyball Camps 9-16 yrs

A new, fun way for kids and youth to learn how to play volleyball. Full course description online.

Smashball • 9-12 yrs
► 559175 \$140/5 sess
Aug 25-Aug 29 M-F 5:00pm-7:00pm
Train & Play • 13-16 yrs
► 559176 \$140/5 sess
Aug 25-Aug 29 M-F 5:00pm-7:00pm
Volleyball BC

DANCE CAMPS

Swiftie Dance Party Camp 5-7 yrs

This upbeat, empowering, and vibrant dance class is set to 100% Taylor Swift tunes! Dancers will improve jazz technique, play interactive dance games, and learn dynamic choreographies all while making new friends.

► 554730 \$109/5 sess
Jul 14-Jul 18 M-F 10:45am-12:00pm
Endorphin Rush Dance

Hip Hop Moves & Grooves Camp 6-10 yrs

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the week we will work on a choreographed dance.

► 554733 \$109/5 sess
Jul 14-Jul 18 M-F 2:00pm-3:15pm
Endorphin Rush Dance

CHILDREN



DANCE CAMPS

Dance Extreme Camp

6-10 yrs

Styles may include Latin Dance, Contemporary, Popping, Hip Hop, Acrobatic Dance, Creative Movement and Bollywood! Please wear comfortable clothing, clean indoor shoes and bring water.

► 554741 \$109/5 sess
Aug 11-Aug 15 M-F 2:00pm-3:15pm
Endorphin Rush Dance

VPS Musical Camp

"Descendants" 6-12 yrs

Campers will bring the thrilling story of Descendants to life on stage, learning new songs, choreography, and acting skills inspired by the beloved film. Full description online.

► 559186 \$330/5 sess
Aug 25-Aug 29 M-F 9:30am-3:30pm
Vancouver Performing Stars

Dance Camp: Jazz Funk, Hip Hop & Asian Pop

6-13 yrs

A beginner / intermediate camp buffet of Jazz Funk, Hip Hop fundamentals, Korean (KPOP) and Asian Pop dance styles. Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more! See online for camp description.

► 554900 \$195/5 sess
Jul 21-Jul 25 M-F 9:15am-12:15pm
► 554932 \$195/5 sess
Aug 25-Aug 29 M-F 12:15pm-3:15pm
Praise TEAM

PERFORMING ARTS

Musical Theatre Camp: Act, Dance, Sing FUN!

6-13 yrs

Learn the technical and artistic aspects of a musical theatre performance, including some singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. See online for detailed camp description.

► 554903 \$195/5 sess
Jul 21-Jul 25 M-F 12:15pm-3:15pm
► 554921 \$156/4 sess
Aug 5-Aug 8 Tu-F 9:15am-12:15pm
► 554925 \$195/5 sess
Aug 25-Aug 29 M-F 9:15am-12:15pm
Praise TEAM

Dance Camp: Street, Locking & Popping

6-13 yrs

Learn Hip Hop, Locking, Popping, Street Dance and other dance styles. Students will refine their technique through dance skills, strengthening, footwork, isolations and more! See online for detailed camp description.

► 554923 \$156/4 sess
Aug 5-Aug 8 Tu-F 12:15pm-3:15pm
Praise TEAM

REFUND POLICY for daycamps

All refund requests are subject to a \$5 administration fee per program/ per week and 14 calendar days notice is required Refunds requests cannot be done online.

PERFORMING ARTS

Children's

Creative Ballet 4-6 yrs

Young ballerinas explore the fun and beauty of ballet while learning basic techniques. Children must be able to participate without a parent in the room. Please wear ballet outfit.

No class Apr 19 & Jun 7

► 552632 \$130/10 sess
Apr 5-Jun 21 Sa 11:10am-11:55am

No class Aug 2

► 554429 \$91/7 sess
Jul 5-Aug 23 Sa 11:10am-11:55am

Endorphin Rush Dance

Jazz/Ballet

5-7 yrs

Learn the fundamentals of both ballet and jazz dance while developing creative expression. Mobility, balance, and coordination will be improved in this fun and welcoming program. Children must be able to participate without a parent in the room.

No class Apr 19 & Jun 7.

► 552633 \$140/10 sess
Apr 5-Jun 21 Sa 12:15pm-1:15pm
Endorphin Rush Dance

Hip Hop, Dance, Stretch & Strength 9-17 yrs

Our goal is for the student to have better physical awareness, stronger core muscles, increased flexibility, and stand tall with confidence. No previous experience required. See online description for preferred dress code. Bring your water bottle! No class Jun 7.

► 552816 \$170/10 sess
Apr 12-Jun 21 Sa 12:30pm-1:30pm
Praise TEAM

Ballet • Stretch & Strength

8-14 yrs

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Our goal is for the student to improve physical awareness, have stronger core muscles, increase flexibility and and stand tall with confidence. No experience required. See online description for preferred dress code. Bring your water bottle.

► 552814 \$170/10 sess
Apr 16-Jun 18 W 3:30pm-4:30pm

► 554497 \$119/7 sess
Jul 9-Aug 20 W 3:30pm-4:30pm

Praise TEAM

CHILDREN



PERFORMING ARTS

KPOP (Korean Pop)/ Hip Hop Open 6-17 yrs

Students will experience high dynamics cardio Korean Pop Music Dance and learn Hip Hop fundamentals in one class! Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more! previous experience required. Dress: shoes with non-marking soles & comfortable sports clothing. Bring your water bottle!

6-12 yrs

► 552330 \$204/12 sess
Apr 3-Jun 19 Th 3:30pm-4:30pm
No class Jun 7.

► 552337 \$170/10 sess
Apr 12-Jun 21 Sa 10:30am-11:30am

► 554479 \$119/7 sess
Jul 10-Aug 21 Th 3:30pm-4:30pm
No class Aug 2.

► 554489 \$119/7 sess
Jul 5-Aug 23 Sa 10:30am-11:30am

10-17 yrs

► 552335 \$204/12 sess
Apr 3-Jun 19 Th 4:30pm-5:30pm
No class Jun 7.

► 552339 \$170/10 sess
Apr 12-Jun 21 Sa 11:30am-12:30am

► 554483 \$119/7 sess
Jul 10-Aug 21 Th 4:30pm-5:30pm
No class Aug 2.

► 556649 \$119/7 sess
Jul 5-Aug 23 Sa 11:30am-12:30pm
Praise TEAM

Jazz Funk, Hip Hop, Pop Dance Sampler 6-12 yrs

Come experience high dynamics cardio dance of Jazz Funk, Hip Hop and Pop fundamentals! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Learn teamwork while supporting classmates, have fun, and rise to a new challenge. No previous experience required. See online description for preferred dress code: Bring your water bottle!

► 552815 \$170/10 sess
Apr 16-Jun 18 W 4:30pm-5:30pm

► 554498 \$119/7 sess
Jul 9-Aug 20 W 4:30pm-5:30pm
Praise TEAM

ART & EDUCATION

Mixed Media Art 6-12 yrs

An introduction to mixed media arts. Instructor led hands on exploration of artworks composed from a combination of different media or materials. Encourages creativity and sharing in an fun artistic space. Supplies provided.

No class Apr 21 & May 19.

► 552786 \$126.50/11 sess
Mar 31-Jun 23 M 5:45pm-6:45pm
Raquel Quintanilla

ART & EDUCATION

FUNDamental Drawing 6-12 yrs

Join springtime fun with Young Rembrandts! If your little artist is captivated by the magic of the movies, they will love drawing our movie theater scene. Drawing Aladdin's Lamp will be a wish come true! We're also riding the waves with our super cool Surfer & Wave illustration! Our baby dragons lesson will fire up their imagination and teach them to master colour and composition. And to top it all off, we'll draw a stunning portrait of Frida Kahlo to spark their creativity. Sign up today and let the creativity bloom!

► 552773 \$176/8 sess
Apr 23-Jun 11 W 4:30pm-5:30pm
Young Rembrandts

Design & Architecture for Kids 6-13 yrs

Learn about architecture and design thinking through fun hands-on workshops! Discover famous architects and buildings, play with materials and materiality, learn architectural drawings and build 3D models just like an architect!

6-9 yrs • Kids

► 552864 \$254/9 sess
Apr 8-Jun 3 Tu 3:45pm-5:00pm

8-13 yrs • Tweens

► 552865 \$254/9 sess
Apr 8-Jun 3 Tu 5:15pm-6:30pm
Petit Architect Design For Kids Ltd.

Please note our Summer programs
and Daycamps are in yellow

CHILDREN



SPORTS

Badminton Lessons

Beginner I/II 8-10 yrs

The beginner I class focuses on the basic fundamentals: using the proper racket grip, practicing hitting the shuttle consistently with the proper form, and some basic footwork. The beginner II class will build on top of the level I class with adding more complex footwork, and learning different variety of shots: high clear, drop shot, net shot, drive, lifts, and smash. Please bring your own racquet.

No class Apr 19 & Jun 7.

► 552987 \$75/10 sess
Apr 5-Jun 21 Sa 11:15am-12:00pm
Raymond Wong

Badminton Lessons Beginner II 10-14 yrs

A continuation of the Beginner II class. For players who need to develop better form and footwork to advance their game. (Class content: footwork-multiple corners, high clear, drop shots, net shot, drive, smash and defense). Please bring your own racquet.

No class Apr 19 & Jun 7.

► 552991 \$100/10 sess
Apr 5-Jun 21 Sa 12:00pm-12:55pm
Raymond Wong

FAMILY BADMINTON COURT RENTALS

Available Thu and Sat in the summer. See online for details.

Badminton Lessons

Intermediate 10-14 yrs

For players with some experience and would like to develop better form and footwork. Students will enhance what they have learned from Beginner II class and further improve their skills. (Class content: footwork-multiple corners, high clear, drop shots, net shot, drive, smash and defense).

No class Apr 19 & Jun 7.

► 552992 \$100/10 sess
Apr 5-Jun 21 Sa 12:55pm-1:55pm
Raymond Wong

Kids Indoor Soccer

5.5-12 yrs

Cooperative games and basic soccer skills will be taught. Soccer provides a safe environment for children to learn about fair play, tolerance, inclusion, and respect, and to build confidence.

5.5-8 yrs

No class Apr 21 & May 19.

► 552782 \$110/11 sess
Mar 31-Jun 23 M 3:30pm-4:30pm

9-12 yrs

No class Apr 21 & May 19.

► 552785 \$110/11 sess
Mar 31-Jun 23 M 4:35pm-5:35pm
Raquel Quintanilla

5.5-8 yrs

No class Aug 4.

► 554509 \$60/6 sess
Jul 7-Aug 18 M 3:30pm-4:30pm

9-12 yrs

No class Aug 4.

► 554510 \$60/6 sess
Jul 7-Aug 18 M 4:35pm-5:35pm

TBA

SPORTS

Sportball

Outdoor Soccer 5-10 yrs

Introduces fundamental concepts of gameplay and the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes are outdoors, rain or shine; Parent is required to remain on the field for children's safety. Info at www.sportball.ca. No class May 19.

5-7 yrs

No class May 19.

► 552600 \$129.50/7 sess
May 5-Jun 23 M 6:00pm-7:00pm

No class Aug 4.

► 554421 \$111/6 sess
Jul 7-Aug 18 M 6:00pm-7:00pm

8-10 yrs

No class May 19.

► 552601 \$129.50/7 sess
May 5-Jun 23 M 7:00pm-8:00pm

No class Aug 4.

► 554422 \$111/6 sess
Jul 7-Aug 18 M 7:00pm-8:00pm

Sportball Vancouver

Marpole Moresports

Mini Soccer 5-12 yrs

A fun, low-pressure, skill-building experience in a supportive soccer environment. No experience necessary! Soccer shoes and shin guards are not provided but are recommended. Each session includes practice time and game play. No session Apr 19, May 17 and Jun 7. Location: Oak Park outside on grass field next to the field house.

Gr. K-1 Co-ed

► 553407 \$65/8 sess
Apr 5-Jun 14 Sa 10:00am-10:45am

Gr. 2-7 Co-ed

► 553410 \$70/8 sess
Apr 5-Jun 14 Sa 11:00am-12:00pm

Gr. 5-7 Co-ed

► 553411 \$70/8 sess
Apr 5-Jun 14 Sa 12:00pm-1:00pm

Moresports



CHILDREN



SPORTS

Volleyball: Smashball

9-12 yrs

A new, fun way for youth to learn how to play volleyball. By teaching through gameplay, Smashball develops both physical- and games-literacy. As athletes advance, Smashball becomes faster and more competitive to match their new skills. Smashball is fast-paced, engaging, and a lot of fun!

No class Apr 21 & May 19.

► 552872 \$162.50/10 sess

Apr 7-Jun 23 M 5:45pm-7:00pm

No class Aug 4.

► 554507 \$97.50/sess

Jul 7-Aug 18 M 5:45pm-7:00pm

Volleyball BC

Volleyball: Train & Play

13-16 yrs

The Train & Play sessions are designed for participants of all levels to learn volleyball in a low-pressure, developmentally appropriate environment. Coaches will instruct the participants on the different technical and tactical skills of volleyball using both the traditional and conceptual approach.

No class Apr 21 & May 19.

► 552874 \$162.50/10 sess

Apr 7-Jun 23 M 5:45pm-7:00pm

No class Aug 4.

► 554508 \$97.50/6 sess

Jul 7-Aug 18 M 5:45pm-7:00pm

Volleyball BC

Please note our Summer programs and Daycamps are in yellow

Basketball • DRIVE Training Academy 6-12 yrs

Athletes develop the fundamentals while improving overall skills. The Training Academy program will allow athletes to advance as they progress with their skills, athleticism and confidence, learning the fundamentals of shooting, passing, triple threat, scoring moves and more. They will also be playing games and learning team concepts in a fun and competitive environment. Please bring a water bottle and dress in proper attire.

6-8 yrs

► 551657 \$126/12 sess

Apr 1-Jun 17 Tu 3:35pm-4:35pm

► 551662 \$126/12 sess

Apr 3-Jun 19 Th 3:35pm-4:35pm

► 554499 \$73.50/7 sess

Jul 8-Aug 19 Tu 3:35pm-4:35pm

► 554500 \$73.50/7 sess

Jul 10-Aug 21 Th 3:35pm-4:35pm

9-12 yrs

► 551670 \$156/12 sess

Apr 1-Jun 17 Tu 4:35pm-5:50pm

► 551678 \$156/12 sess

Apr 3-Jun 19 Th 4:35pm-5:50pm

► 554501 \$91/7 sess

Jul 8-Aug 19 Tu 4:35pm-5:50pm

► 554503 \$91/7 sess

Jul 10-Aug 21 Th 4:35pm-5:50pm

DRIVE Basketball Inc.

Kids Indoor Tennis Lessons 7.5-16 yrs

Young players with some experience continue to develop their skills through high energy, game-based lessons that use the ½ stage of the progressive tennis model. An emphasis is placed on inspiring a love for the game while building a strong technical foundation. Please bring your own racquet. Class takes place in the gymnasium.

Junior Aces • 7.5-10 yrs

No class Apr 19.

► 555728 \$150/5 sess

Apr 5-May 10 Sa 2:05pm-3:00pm

No class Jun 7.

► 555730 \$150/5 sess

May 17-Jun 21 Sa 2:05pm-3:00pm

Youth Aces • 11-16 yrs

No class Apr 19.

► 555726 \$150/5 sess

Apr 5-May 10 Sa 3:00pm-4:00pm

No class Jun 7.

► 555727 \$150/5 sess

May 17-Jun 21 Sa 3:00pm-4:00pm

Summer Smash Tennis

Table Tennis for Kids

6-12 yrs

A supportive and engaging environment for players of all levels. Participants will develop through a mix of interactive drills, friendly competition, and skill-building exercises. No session April 21, May 19.

► 553185 \$35/5 sess

Apr 9-May 12 M 3:30pm-4:30pm

► 553186 \$35/5 sess

May 26-Jun 23 M 3:30pm-4:30pm

Curtis Chow



CHILDREN



MARTIAL ARTS

Go-Ju Ryu Karate 7 yrs+

For all ages! This program improves focus and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress. Parents are encouraged to take the class with their child.

Beginners • 7 yrs+

▶ 551638	\$132/11 sess
Apr 9-Jun 18 W	6:15pm-7:15pm
▶ 556734	\$96/8 sess
Jul 2-Aug 20 W	6:15pm-7:15pm

Intermediate Plus • 7 yrs+

▶ 551649	\$165/11 sess
Apr 9-Jun 18 W	6:15pm-7:45pm
▶ 556735	\$120/8 sess
Jul 2-Aug 20 W	6:15pm-7:45pm

George Chan

Self Defense

Krav-Jitsu 6-14 yrs

Build confidence, keep fit, improve grades and bully proof with the most effective self-defense program available! Kids learn realistic street safety and effective self-defense in a fun and cooperative environment. 2 multi-black belt instructors (male and female) teach striking, ground protection, weapons safety, escapes (grabbed/pinned), rolls, falling, pad hitting and more.

▶ 548106	\$143/11 sess
Apr 10-Jun 19 Th	6:15pm-7:15pm
▶ 548235	\$78/6 sess
Jul 10-Aug 14 Th	6:15pm-7:15pm

Hit And Run Self Defense

Wushu/Kung Fu 6-16 yrs

The basics and fundamentals of Wushu, a Chinese Martial Arts. Children will develop basic punching, kicking and forms techniques while learning discipline, respect, and self confidence. Please wear loose fitting clothing and clean (indoor only) flat rubber sole shoes. Uniform and shoes (\$100 for both, or \$70 for uniform only and \$40 for shoes only) required.

Beginner/Intermediate • 6-12 yrs

No class Apr 21, Apr 28 & May 19.

▶ 553219	\$135/9 sess
Apr 7-Jun 23 M	4:45pm-5:45pm
No class Apr 26 & Jun 7.	
▶ 553221	\$135/9 sess
Apr 12-Jun 21 Sa	2:45pm-3:45pm

Intermediate • 8-15 yrs

No class Apr 21, Apr 28 & May 19.

▶ 553220	\$135/9 sess
Apr 7-Jun 23 M	3:45pm-4:45pm
No class Apr 26 & Jun 7.	
▶ 553222	\$135/9 sess
Apr 12-Jun 21 Sa	1:45pm-2:45pm

Ken Low



PLEASE NOTE

Martial Arts classes: Waiver form must be completed for participation and handed in by first class.

MARTIAL ARTS

SunMither Taekwondo

6-15 yrs

Learning new techniques to improve mental and physical development. Uniform required, \$60 plus tax.

White/yellow belt • 6-8 yrs

▶ 552797	\$144/12 sess
Apr 1-Jun 17 Tu	4:45pm-5:30pm
▶ 552808	\$144/12 sess
Apr 3-Jun 19 Th	4:30pm-5:15pm
▶ 554446	\$84/7 sess
Jul 8-Aug 19 Tu	4:45pm-5:30pm
▶ 554454	\$84/7 sess
Jul 10-Aug 21 Th	4:30pm-5:15pm

Green and up belt • 9-15 yrs

▶ 552799	\$186/12 sess
Apr 1-Jun 17 Tu	5:30pm-6:30pm
▶ 552810	\$144/12 sess
Apr 3-Jun 19 Th	5:15pm-6:00pm
▶ 554448	\$108.50/7 sess
Jul 8-Aug 19 Tu	5:30pm-6:30pm
▶ 554456	\$84/7 sess
Jul 10-Aug 21 Th	5:15pm-6:00pm

Bahareh Dehkordi

KEES Tae Kwon Do 5-15 yrs

For self defense and unarmed combat, making use of the hands and feet for offense and defense techniques. Uniform required, \$70 plus tax.

Beginner/Intermediate • 5-7 yrs

No class Apr 21 & May 19.

▶ 553036	\$132/11 sess
Mar 31-Jun 23 M	3:45pm-4:30pm
No class Apr 18 & May 9.	
▶ 553042	\$132/11 sess
Apr 4-Jun 27 F	3:45pm-4:30pm
No class Aug 4.	

▶ 554515	\$84/7 sess
Jul 7-Aug 25 M	3:30pm-4:15pm
No class Aug 8.	

▶ 554522	\$84/7 sess
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Jul 4-Aug 22 F	3:30pm-4:15pm
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Beginner/Intermediate • 8-15 yrs

No class Apr 21 & May 19.

▶ 553037	\$132/11 sess
Mar 31-Jun 23 M	4:30pm-5:15pm
No class Apr 18 & May 9.	
▶ 553216	\$132/11 sess
Apr 4-Jun 27 F	4:30pm-5:15pm
No class Aug 4.	

▶ 554521	\$84/7 sess
Jul 7-Aug 25 M	4:15pm-5:00pm

Advanced • 8-15 yrs

No class Apr 18 & May 9.

▶ 553217	\$132/11 sess
Apr 4-Jun 27 F	5:15pm-6:00pm

All Levels • 8-15 yrs • No class Aug 8.

▶ 554523	\$84/7 sess
Jul 4-Aug 22 F	4:15pm-5:00pm

KEES Taekwondo

MUSIC LESSONS



PIANO LESSONS

Piano Lessons Beginner

5 yrs+

Love the world of music and the piano through enjoyable songs and pieces. Develop proper technique with fun exercises. Piano lessons cover dexterity, listening, rhythm and theory. Lessons are 30 minutes.

No class Apr 21 and May 19.

► 548209-548213 \$325/10 sess

Apr 7-Jun 23 M 3:30pm-5:30pm

► 557878-557882 \$130/4 sess

Jul 7-Jul 28 M 3:30pm-5:30pm

► 557883-557887 \$97.50/3 sess

Aug 11-Aug 25 M 3:30pm-5:30pm

Musical Expressions

No class Apr 22 and May 13

► 552279-552286 \$243/9 sess

Apr 1-Jun 10 Tu 3:00pm-6:30pm

Roy Sun

► 549582-549586 \$297/11 sess

Apr 9-Jun 18 W 3:30pm-5:30pm

► 549587-549593 \$297/11 sess

Apr 10-Jun 19 Th 3:30pm-6:30pm

No class Apr 18

► 549594-549600 \$270/10 sess

Apr 11-Jun 20 F 3:30pm-6:30pm

No class Apr 19 and Jun 7

► 549601-549607 \$243/9 sess

Apr 12-Jun 21 Sa 9:30am-12:30pm

Andrea Chang

No sessions Apr 23, May 21 and May 28

► 549416-549422 \$270/10 sess

Apr 2-Jun 25 W 5:00pm-8:00pm

No sessions Apr 26, May 17 and May 24

► 549423-549432 \$243/9 sess

Apr 5-Jun 21 Sa 9:15am-2:45pm

Fiorella Alvarenga Morales

► 557859-557864 \$225/9 sess

Apr 3-May 29 Th 4:00pm-6:00pm

► 558695-558703 \$125/5 sess

Jul 3-Jul 31 Th 4:00pm-6:00pm

► 557866-557871 \$100/4 sess

Jul 5-Jul 26 Sa 10:00am-12:00pm

Brendan Wong

PRIVATE LESSONS

Private Guitar or Ukulele Lessons 5 yrs+

Have you always wanted to learn a string instrument? We offer private guitar or even ukulele lessons to get you started. This program is based on special interests and fundamental goals that serve the humble of beginners all the way to tomorrow's prodigies. All classes are set in a fun, stress free environment. All students are required to bring their own guitar or ukulele. No class Apr 21 and May 19.

► 548214-548224 \$325/10 sess

Apr 7-Jun 23 M 3:00pm-8:30pm

► 557889-557898 \$130/4 sess

Jul 7-Jul 28 M 3:30pm-8:15pm

► 557899-557908 \$97.50/3 sess

Aug 11-Aug 25 M 3:30pm-8:15pm

Musical Expressions

Private Flute Lessons 7 yrs+

Enjoy private flute lessons and learn at your own pace. All levels are welcome, from beginners to students needing coaching in school band and orchestra programs. Lessons are scheduled in 30 minute time slots. All levels are welcome. Please bring your own flute. Music books are extra. For more information, see andreaminden.ca

► 551846-551849 \$360/12 sess

Apr 1-Jun 17 Tu 4:00pm-5:30pm

Andrea Minden

Private Singing Lessons 10 yrs+

No experience is necessary, all levels welcome. Gina brings more than 15 years of experience, both as a music instructor and professional operatic soprano. No classes Apr 19, May 14, 15, 17

► 553564-553568 \$321.75/11 sess

Apr 2-Jun 18 W 10:00am-12:00pm

► 553569-553574 \$321.75/11 sess

Apr 3-Jun 19 Th 5:00pm-7:45pm

► 553575-553582 \$292.50/10 sess

Apr 5-Jun 21 Sa 10:00am-1:45pm

Gina Morel

Private Violin Lessons 6 yrs+

Join as a complete beginner or tune up your violin skills. Students of all levels are welcome! Learn the violin in a supportive environment with a dedicated teacher, who will also provide you with information on how to get the appropriate size and type of violin. Preparation for the Royal Conservatory of Music exams is a possibility for those who wish to have their learning level recognized.

► 548179-548183 \$324/6 sess

Apr 2-May 7 W 3:30pm-7:40pm

► 548184-548188 \$324/6 sess

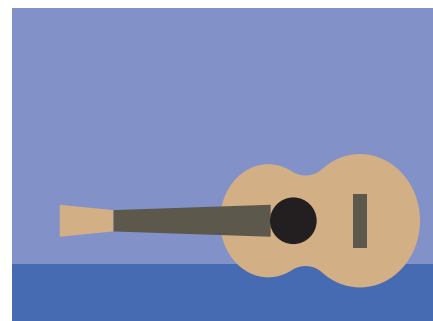
May 14-Jun 18 W 3:30pm-7:40pm

► 557872-557877 \$432/8 sess

Jul 2-Aug 20 W 3:30pm-7:40pm

Ali Nourbakhsh

Please note our Summer programs
and Daycamps are in yellow



PRE-TEENS



DAYCAMP

Youth Leadership Camp 11-14yrs

Youth Leadership Camp is all about helping young people build leadership and communication skills while preparing for future volunteer opportunities. Through engaging discussions, group projects, and confidence-building activities, youth will grow both individually and as part of a team. Each week, we explore a new theme with interactive workshops, leadership games, and team-building exercises, creating a supportive and fun space where youth can share ideas on issues that matter most to them. Along with these activities, youth will enjoy exciting outings across the lower mainland, including swimming, ice skating, and park visits, traveling by public transit, charter bus, or on foot. Leadership camp sessions are held in a lively youth room with fluorescent lighting and open space. Youth should bring a backpack with a snack, lunch, water bottle, sunscreen, a hat, and closed-toe shoes. To accommodate all youth, we provide daily visual schedules and offer a quiet corner with sensory tools. If you have any questions or concerns, reach out to our staff at marpole.camps@vancouver.ca.

553434		\$128/4 sess
Jun 30-Jul 4	M,W-F	9:00am-4:00pm
553436		\$160/5 sess
Jul 7-Jul 11	M-F	9:00am-4:00pm
553437		\$160/5 sess
Jul 14-Jul 18	M-F	9:00am-4:00pm
553438		\$160/5 sess
Jul 21-Jul 25	M-F	9:00am-4:00pm
553439		\$160/5 sess
Jul 28-Aug 1	M-F	9:00am-4:00pm
553440		\$128/4 sess
Aug 5-Aug 8	Tu-F	9:00am-4:00pm
553441		\$160/5 sess
Aug 11-Aug 15	M-F	9:00am-4:00pm
553442		\$160/5 sess
Aug 18-Aug 22	M-F	9:00am-4:00pm

Day Camp Staff

Please note our **Summer programs** and **Daycamps** are in yellow

SCAN THAT ONECARD!

Sign up for a OneCard to scan in each time you visit!

TECH CAMPS

Byte Camp • Graphic Design & Printing Camp 11-14yrs

Learn how fun and easy it can be to design and fabricate your very own Pinterest-worthy stickers, badges, cards, and more! Learn how to design original digital artwork and print and cut out art with a precision die cutter. Wow your friends and family when you take home your amazing new creations every day!

554751 \$395/5 sess

Jul 28-Aug 1 M-F 9:15am-4:15pm

Byte Camp

Byte Camp • 2D Video Game Design Camp 11-14yrs

Learn how to build a 2D game from the ground up using Godot, an awesome free platform for coding and launching games (think Python, but way more fun!) Time will be spent learning how to create advanced 2D vector artwork and animated character sprites to make your game look great. Some coding experience or Byte Camp's - Intro to Coding is recommended as a prerequisite.

554783 \$340/4 sess

Aug 5-Aug 8 Tu-F 9:15am-4:15pm

Byte Camp

REFUND POLICY for daycamps

All refund requests are subject to a \$5 administration fee per program/per week and 14 calendar days notice is required. Refunds requests cannot be done online.

SOCIAL

Pre-Teen Club 9-12 yrs

Calling all grade 4, 5, 6 and 7's! Meet other pre-teens in the neighborhood and join us every Friday evening for arts & crafts, movies, baking and games. No sessions Apr 18, May 2, & Jun 6.

Weekly Activities:

April 4 • Clay Magnets

April 11 • Felt Friends Creations

April 25 • Froggy Pizzas

May 9 • Heart Key Chains

May 16 • Pasta Pops

May 23 • Bookmarks

May 30 • Pudding Snacks

June 13 • S'mores Cookie Cups

June 20 • Waterpark & Snacks

553183 \$2 drop-in

Apr 4-Jun 20 F 4:00pm-5:15pm

Youth Staff & Volunteers

Pro-D Camp Apr 28 6-12 yrs

Plan ahead for your upcoming professional day. Take part in games, activities, and a fun swimming out trip! Participants need to bring a snack, lunch, a refillable water bottle, closed-toe shoes, swim wear, and towel. Parental/guardian waiver and consent forms must be completed. Participants are to meet in the youth room.

553187 \$60/1 sess

Apr 28 M 9:00am-3:00pm

Day Camp Staff

YOUTH

SOCIAL

Step by Step Painting

13-18 yrs

Unleash your inner artist watching Bob Ross Painting videos after school! Join us for a relaxing and creative experience where you'll learn how to paint beautiful landscapes. All materials provided. No class Apr 21 and May 19. This is a self-led program.

► 553421 Free/12 sess
Apr 7-Jun 23 M 4:00pm-5:00pm

Cooking Skills

12-18 yrs

Each week we will make a different recipe from scratch. We will meal prep, cook, eat, and clean.

► 553177 \$47.50/5 sess
Apr 8-May 6 Tu 3:30pm-5:30pm
► 559073 \$47.50/5 sess
May 20-Jun 17 Tu 3:30pm-5:30pm

Resume & Cover

Letter Support

15-18 yrs

Sign up for a one hour time slot. Bring volunteer/employment information, certifications, trainings/education info with you. No session May 1 & June 5.

► 553423-553433 Free
Apr 3-Jun 19 Th 4:00pm-5:00pm
Community Youth Worker

Peer Youth Leaders

13-18 yrs

Every week, drop by the youth room and socialize with other newcomers and become familiar with our community; featuring presenters, activities, community leaders, workshops, and opportunities for bonding.

► 553192 Free/8 sess
Apr 4-May 30 F 4:00pm-6:00pm
Immigrant Services Society

Stitch & Sip

12-18 yrs

Learn the art of crochet! Through this hands-on course, participants will gain gross motor skills and patience, with a focus on practicing healthy mental health habits. Crafters will gain the confidence needed to hook their way into a new, exciting hobby and come home with their own crochet "ducky!" Materials included. No session April 18.

► 556506 \$40/8 sess
Apr 4-May 30 F 4:00pm-5:30pm
Tammy Tsui

SPECIAL EVENTS



Bottle Drive

All Ages

Gather your empty cans, milk cartons, and bottles, and bring them to support youth programs and equipment! Drop-offs can be made at the designated collection area on the side of the Oak park 7575 Fremlin Street.

► 553448 Apr 25 F 3:30pm-7:30pm
► 553449 Jul 25 F 11:00am-5:00pm

Speed Puzzling

13-18 yrs

Put your puzzle-solving skills to the test! Whether you're a seasoned puzzler or just looking for some fun, this event is for all youth. Prizes will be awarded to the fastest team—come puzzle with us!

► 553420 Free/1 sess
May 2 F 4:00pm-6:00pm
MO Youth Council

BC YOUTH WEEK

"BC Youth Week is a provincial celebration of youth held annually during the first week of May. It is a week of fun filled interaction and a celebration intended to build a strong connection between youth and their communities. This event is intended to highlight the interests, accomplishments, and diversity of youth across the province."

<https://www.bcyouthweek.com/>

To stay up to date on Vancouver City Wide youth week events please follow @cwycvancouver on instagram. For local events please chat with your Community Youth Worker.

Youth Week

British Columbia - May 1-7

OUT TRIPS

Movies at Cineplex

13-18 yrs

Enjoy a night out at the movies hanging out with friends. Youth are to meet in the youth room with completed and signed waiver.

► 553188 \$12/1 sess
May 27 Tu 4:00pm-8:00pm
► 556386 \$12/1 sess
Jun 24 Tu 4:00pm-8:00pm
Youth Staff

LEADERSHIP

MO Youth Council

13-18 yrs

The Marpole-Oakridge Youth Council, is looking for youth who are interested in improving their community by sharing their ideas, opinions, and thoughts. The MOYC plans, organizes, and implements special events, programs, out-trips, fundraisers and activities for youth & families.

► 553180 Free/11 sess
Apr 2-Jun 11 W 4:00pm-5:30pm
MO Youth Council Members

Youth Volunteer Orientation

13-18 yrs

Mandatory orientation for youth wanting to volunteer for MOCC programs, special events and youth council. Training will provide information on volunteer rights & expectations, guidelines, emergency procedures, volunteer opportunities, and volunteer sign-up. Don't miss it! Next intake will be in September.

► 553198 Free/1 sess
Apr 4 F 4:00pm-6:00pm
Community Youth Worker

Marpole Day Volunteer Orientation

13-18 yrs

Mandatory for all youth volunteers that are signed up for Marpole Community Day. Orientation will provide information on event details, emergency procedures, and expectations.

► 556399 Free/1 sess
May 29 Th 4:00pm-5:30pm
Community Youth Worker

Please note our Summer programs and Daycamps are in yellow

YOUTH

LEADERSHIP

Day Camp Volunteer Orientation **15-18 yrs**

Mandatory for youth with a volunteer position this summer with MOCC camps. Training will cover safety, volunteer rights & expectations, emergency procedures, behavior management, and activity/game planning.

► 553419 Free/1 sess
Jun 20 F 5:00pm-7:00pm
Day Camp Staff

Marpole Day Volunteers Needed **13-18 yrs**

The Marpole Day Community Festival needs LOTS of volunteers to help with set-up, rides, carnival games/activities, concession, take-down, and much more! Sign up to volunteer, we have 3 shifts available. All volunteers must attend our Marpole Day Volunteer Orientation May 29, 4:00-5:30pm.

All Day Shift
► 553443 9:00am-5:00pm
Morning Shift
► 553444 9:00am-1:00pm
Afternoon Shift
► 553445 1:00pm-5:00pm

CERTIFICATE

Emergency First Aid (Blended) with CPR/AED C **14-18 yrs**

Lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the workplace or home, meeting provincial worker safety and insurance requirements. Equivalent to Occupational First Aid Level 1. A 3-year Emergency First Aid with CPR/AED Level C certification from the Canadian Red Cross will be awarded with successful completion. To be completed online and 4 hours in-person training.

► 553190 \$100/1 sess
May 31 Sa 11:00am-3:00pm
First Aid Pro

FoodSafe Level 1 **13-18 yrs**

An 8-hour course covering food handling, sanitation, and work safety relevant to the food service industry. Foodborne illnesses, receiving and storing food, preparing & serving food, cleaning and sanitation will also be covered. Certification valid for 5 years.

► 553191 \$85/1 sess
Jun 14 Sa 9:00am-4:00pm
Paul Richardson

SPORTS

Night Hoops Skills & Drills **12-18 yrs**

Night Hoops for youth passionate about basketball and eager to improve their game. This free program is for those aged 12-18, offering an inclusive space to develop skills through drills, and connect with peers. Whether you're new to the sport or an experienced player, Night Hoops provides an opportunity to learn and grow in a supportive environment. It's more than just basketball, it's about coming together as a community and building friendships. Night Hoops allows young players to be part of something bigger, learning teamwork, discipline, and leadership both on and off the court. No session Jun 6.

► 553182 Free/8 sess
Apr 11-May 30 F 6:30pm-8:00pm

**SNACK SHACK
OPENING SUMMER
OF 2025!**
More Info to come.

YOUTH DROP-IN SCHEDULE • Spring & Summer 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Youth Room Drop-In 3:00pm-5:00pm	Youth Room Drop-In CLOSED	Youth Room Drop-In 3:00pm-6:45pm	Youth Room Drop-in 3:00pm-6:00pm	Youth Room Drop-in 3:00pm-7:45pm
Step by Step Painting 4:00pm-5:00pm	Youth Table Tennis 3:15pm-4:30pm	Youth Table Tennis 3:15pm-3:55pm		Youth Table Tennis 3:15pm-7:45pm
	Cooking Drop-in (Apr 1-Jun 10) 3:30pm-5:30pm	Youth Open Gym 3:15pm-4:30pm (spring only)		Youth Badminton 3:15pm-4:45pm (summer 3:20-4:50pm)
		Youth Basketball 3:15pm-4:30pm (summer only)		Youth Basketball 4:50pm-6:30pm (spring only)
		Youth Volleyball 4:30pm-5:45pm (spring & summer)		

- Youth are required to scan their One Card upon arrival in the youth room. Sign up in the youth room with the Community Youth Worker.
- Don't forget, we have sports equipment available for borrowing in the gym! Ask the staff or volunteer.

Snack Bar Schedule

Monday 3:30pm-5:30pm
Tuesday 3:30pm-5:30pm
Wednesday 3:30pm-6:00pm
Thursday 3:30pm-5:30pm
Friday 3:30pm-6:30pm
Saturday 11:00am-1:30pm



FITNESS CENTRE + FACILITY RENTALS

Fitness Centre

Prices do not include tax and are subject to change

	Adult 19-64 yrs	Youth 13-18 yrs	Senior 65 yrs+
Drop-in • Single Visit	\$7.93	\$5.55	5.55
10-Visit Pass*	\$71.37	\$49.95	\$49.95
Flexipass • 1-month	\$64.15	\$44.91	\$44.91
Flexipass • 3-month	\$173.21	\$121.25	\$121.25
Flexipass • 12-month	\$554.26	\$387.98	\$387.98
<i>Please note: Passes are not accepted at Sunset fitness centre</i>			

Racquetball Courts

Prices do not include tax. Admission includes access to the courts and fitness centre.

	Adult 19-64 yrs	Youth 13-18 yrs & Seniors 65+	10-visit pass
Prime time (45 mins) • Mon-Fri, 3pm to closing • Weekends all day	\$18.86	\$13.20	\$169.74
Non-prime time (45 mins) • Mon-Fri, 9am-3pm	\$13.47	\$9.43	\$121.23
Singles • For individual practice and play • No reservations	\$9.43	\$6.60	

Personal Training Fees

Prices do not include tax and are subject to change

	Private 1 person	Semi-Private 2 person	Group 3-4 people
1 Session	\$65.98	\$98.93	\$138.78
3 Session	\$182.83	\$252.85	\$371.70
5 Session	\$294.07	\$452.85	\$545.18
10 Session	\$527.90	\$841.00	\$997.22

FITNESS

Fitness for Youth

Guided four week program for Youth ages 13-18 years. A completed Par-Q and consent form are required prior to participation.

FREE with fitness centre admission

Apr 4-Jun 27 F 3:30pm-4:30pm



SAUNA & WHIRLPOOL • Hours of Operation

- Mon to Thu: 9am-1:45pm & 3:30pm-8:45pm (closed daily 1:45pm-3:30pm)*
- Fri (Spring): 9am-1:45pm & 3:15pm-7:45pm (closed daily 1:45pm-3:15pm)*
- Fri (Summer): 9am-4:45pm
- Sat (Spring): 9am-3:45pm
- Sat(Summer): 9am-12:45pm

FITNESS CENTRE

Hours of Operation
• See p.2

Room Rentals

More information at www.marpoleoakridge.org • Prices do not include tax and are subject to change

Room Max Capacity	Dimensions	Non-Prime Time (operating hours)	Prime Time (after hours)
Gymnasium • Sports Only (100)	90' x 64'	\$50/hr + tax	\$79/hr + tax
Auditorium (100)	72' x 24'	\$45/hr + tax	\$74/hr + tax
Upper Lounge (70)	48' x 30'	\$45/hr + tax	\$74/hr + tax
Club Room (50)	49' x 20'	\$38/hr + tax	\$67/hr + tax
Social Room (30)	29' x 22'	\$28/hr + tax	\$57/hr + tax
Lower Lounge (30)	26' x 20'	\$28/hr + tax	\$57/hr + tax

**Additional Fees may apply depending on the nature of the rental (e.g. SOCAN and ReSound Fees, Staffing, Damage Deposits, Insurance) **

AEROBICS SCHEDULE • Mar 31-Jun 27 and Jul 2-Aug 23

Group Fitness

Monday* Mar 31-Jun 23 Jul 7-Aug 18	Tuesday* Apr 1-Jun 24 Jul 8-Aug 19	Wednesday Apr 2-Jun 25 Jul 2-Aug 20	Thursday Apr 3-Jun 26 Jul 3-Aug 21	Friday* Apr 4-Jun 27 Jul 4-Aug 22	Saturday* Apr 5-Jun 21 Jul 5-Aug 23
Step & Strength 9:20am-10:20am Rilla ▶ 548025 ▶ 551723	Tabata & Stretch 9:20am-10:20am Sarah ▶ 548026 ▶ 551724	Muscle Madness 9:20am-10:20am Charlene ▶ 548021 ▶ 551719	Zumba 9:20am-10:20am Marina ▶ 548030 ▶ 551728	HIIT 9:20am-10:20am Bonnie ▶ 548020 ▶ 551718	Zumba 9:15am-10:15am Marina ▶ 548031 ▶ 551729
Refit 10:25am-11:25am Don ▶ 548022 ▶ 551720		Refit 10:25am-11:25am Sarah ▶ 548023 ▶ 551721 <i>No class Jul 2</i>		Refit 10:25am-11:25am Bonnie ▶ 548024 ▶ 551722 <i>No class Jul 4</i>	
Total Body Conditioning 6:00pm-7:00pm Katy • Auditorium ▶ 548028 ▶ 551726	Zumba 6:00pm-7:00pm Marina ▶ 548029 ▶ 551727	Total Body Conditioning 6:00pm-7:00pm Don ▶ 548027 ▶ 551725	*No classes Fri Apr 18, Mon Apr 21, Mon May 19, Tue Jul 1st, Sat Aug 2, Mon Aug 5		

FITNESS

High Intensity (HIIT) Interval Training

A full-body 60-minute high intensity interval class consisting of 70% cardio and 30% strength training. The equipment, moves, format and music will be ever-changing! High and low modifications will be provided.

Apr 4-Jun 27	F	9:20am-10:20am
Jul 4-Aug 22	F	9:20am-10:20am

Muscle Madness

This full body workout is designed to increase strength, mobility and stability using weights, resistance bands and your own body weight. Suitable for all fitness levels.

Apr 2-Jun 25	W	9:20am-10:20am
Jul 2-Aug 20	W	9:20am-10:20am

Refit

A complete workout incorporating hi/low cardio, progressively challenging strength exercises using weights and bands, core work and a relaxing stretch. Options provided throughout.

Mar 31-Jun 23	M	10:25am-11:25am
Jul 7-Aug 18	M	10:25am-11:25am
Apr 2-Jun 25	W	10:25am-11:25am
Jul 9-Aug 20	W	10:25am-11:25am
Apr 4-Jun 27	F	10:25am-11:25am
Jul 11-Aug 22	F	10:25am-11:25am

Step and Strength

A total body conditioning class using the step for cardio, weights for strength work and a mat for stretching to ending with options provided.

Mar 31-Jun 23	M	9:20am-10:20am
Jul 7-Aug 18	M	9:20am-10:20am

Tabata & Stretch

Get ready to move with bursts of cardio combined with resistance band strength using your own body weight. Work at your own pace. Stretch to follow.

Apr 1-Jun 24	Tu	9:20am-10:20am
Jul 8-Aug 19	Tu	9:20am-10:20am

Total Body Conditioning

This class will provide a combination of exercises, cardio routines, core work, and agility drills with a cool down stretch. It will give you a fun, challenging workout and a functionally fit core.

Apr 2-Jun 25	W	6:00pm-7:00pm
Jul 2-Aug 20	W	6:00pm-7:00pm
Mar 31-Jun 23	M	6:00pm-7:00pm
Jul 7-Aug 18	M	6:00pm-7:00pm

Zumba

Zumba is a mix of dance and fitness: a fusion of Latin and international music and movement.

Apr 1-Jun 24	Tu	6:00pm-7:00pm
Jul 8-Aug 19	Tu	6:00pm-7:00pm
Apr 3-Jun 26	Th	9:20am-10:20am
Jul 3-Aug 21	Th	9:20am-10:20am
Apr 5-Jun 21	Sa	9:15am-10:15am
Jul 5-Aug 23	Sa	9:15am-10:15am

Fees

	Adult 19-64 yrs	Senior 65 yrs+
Drop-In	\$6.43	\$5.33
10 Ticket	\$56.33	\$42
1 Month Aerobics Pass	\$58.81	\$50
FitPass Spring Unlimited Mar 31-Jun 27	\$162.50	\$136.50
FitPass Summer Unlimited Jul 2-Aug 23	\$87.50	\$73.50
Prices do not include GST		

ADULTS



MARTIAL ARTS

Iaido

19 yrs+

Iaido is the traditional Japanese martial art of drawing and cutting with the samurai sword. The purpose of Iaido is to develop awareness, centeredness, sincerity, a calm mind, and mental and physical harmony through the practice of traditional sword techniques. Beginners are welcome to join. Drop in \$13.80 + tax. No class Apr 18

► 551283		\$120.48/11 sess
Apr 11-Jun 27	F	5:45pm-7:15pm
► 551288		\$87.62/8 sess
Jul 2-Aug 20	W	5:45pm-7:15pm

Peter Pao

Tai Chi Learn & Practice

19 yrs+

Join this dedicated group to learn and practice the Tai Chi 24, 48 and 85 forms. The 85 form is true, a traditional routine with greater health benefits. All levels welcome. Drop-in \$3.10 + tax.

► 551277		\$34.05/13 sess
Apr 1-Jun 24	Tu	10:00am-11:30am

Jack Fong

Health Qigong & Tai Chi

19 yrs+

This is a combined class of Tai Chi and Health Qigong. You will learn health enhancing movements and breathing methods to strengthen, arms, legs, elbows and knees. This class is suitable for all ages. Shoes (\$40) are required and available for purchase. No class Apr 22, May 6 and Jun 3

► 554114		\$96/8 sess
Apr 8-Jun 10	Tu	5:45pm-6:45pm

Lai Chun Cheung

Tai Chi

Kung Fu Fan

19 yrs+

Tai Chi Fan 56 movements (also known as Kung Fu Fan) is one of the most beautiful self-defense forms, and is one of the standard Tai Chi weapons. The form is both elegant and beautiful. Practice the Tai Chi Fan would improve the eye-hand coordination, grip-wrist flexibility, strength, balance and focus. The fan is made of durable bamboo and silk. It is very to carry and transport. Fan (\$25) and shoes (\$40) are available for purchase and required. No class Apr 23.

► 554116		\$125/10 sess
Apr 9-Jun 18	W	1:45pm-2:45pm

Lai Chun Cheung

FITNESS

Cardio Pilates

19 yrs+

A fusion of classic Pilates movements, fat burning cardio exercises and full body strengthening exercises with use of hand weights, flex bands and small stability balls. This energizing workout improves cardiovascular endurance, core balance, and lengthens and tones entire body. Drop-in \$14.52 + tax.

► 553875		\$156/13 sess
Apr 2-Jun 25	W	6:00pm-7:00pm
► 553876		\$117/9 sess
Jul 2-Aug 27	W	6:00pm-7:00pm

Emily O.Chan

Please note our Summer programs and Daycamps are in yellow

FITNESS

Hatha Yoga

19 yrs+

Enjoy the classic postures of Hatha Yoga to stretch and release tired muscles. Breathwork detoxifies and energizes. We finish with long, deep relaxation to refresh and revitalize. Drop-in space permitting \$15.24 plus tax.

► 551292		\$148.57/12 sess
Apr 9-Jun 25	W	9:30am-10:30am
► 551293		\$99.05/8 sess
Jul 2-Aug 20	W	9:30am-10:30am

Janet Ward

Iyengar Yoga

19 yrs+

The Iyengar method is adaptable to suit individual needs. Increased flexibility, reduced risk of injury, enhanced fitness for sports, relaxation for the mind and an increase of self-confidence are a few of the benefits. Drop-in \$23 + tax. No class Apr 19 and May 17

► 555500		\$210/10 sess
Apr 5-Jun 21	Sa	9:30am-11:00am

Grant Richards



ADULTS



ARTS

The Joy of Acrylic Painting 19 yrs+

Learn a new way to express your creativity! In this unique oil painting in acrylic style course, the class will learn a step by step demonstration to paint a beautiful image each session using a new technique with oil paint. Materials included.

► 558741 \$145.50/6 sess
May 15-Jun 19 Th 10:00am-12:00pm
Philip Tsang

The Joy of Drawing 19 yrs+

Learn and improve your drawing skill and technique such as still lifes, landscapes, animals, portraits and many more. The drawing demonstrations will be provided. Drawing materials are included.

► 558756 \$120/6 sess
May 7-Jun 11 Th 10:00am-11:30am
Philip Tsang

Private Violin Lessons 6 yrs+

Learn the violin in a supportive environment with a dedicated teacher, who will also provide you with information on how to get the appropriate size and type of violin.

► 548179-548183 \$324/6 sess
Apr 2-May 7 W 3:30pm-7:40pm
► 548184-548188 \$324/6 sess
May 14-Jun 18 W 3:30pm-7:40pm
► 557872-557877 \$432/8 sess
Jul 2-Aug 20 W 3:30pm-7:40pm
Ali Nourbakhsh

Vocal Training Beginner 19 yrs+

Our Vocal and Talent Development program is designed for both singers and non-singers alike. If you've ever thought you couldn't sing, this program is for you, because if you can speak, you can sing! For those who are already singers, this is your opportunity to unlock your full potential by expanding your range and power. In our talent development portion, you'll learn how to captivate an audience not just by singing, but by mastering stage movement and audience interaction. We'll help you develop the complete package, so you can shine both on stage and off. What do you have to lose? If you're looking to improve both your stage presence and vocal ability, this could even lead to exciting opportunities, like a music video! Come discover your talents and see where they can take you.

► 554279 \$136/8 sess
Apr 24-Jun 12 Th 6:30pm-8:30pm
Jan Cooper



FAMILY BADMINTON COURT RENTALS

Available Thu and Sat in the summer. See online for details.

SPORTS

Pickleball Stage 1: Learn to Play 19 yrs+

Come try this fun, popular, and easy-to-learn sport that blends elements of badminton, tennis and table tennis! Perfect for beginners or intermediate beginners who are new to the game or have only played a few times. You'll learn the proper form and technique for executing shots, as well as to move safely and efficiently around the court. Equipment provided. No class Apr 18.

► 552868 \$96/4 sess
Apr 4-May 2 F 1:45pm-3:15pm
► 548082 \$96/4 sess
May 9-May 30 F 1:45pm-3:15pm
► 552986 \$96/4 sess
Jun 6-Jun 27 F 1:45pm-3:15pm
► 552990 \$96/4 sess
Jul 11-Aug 1 F 1:45pm-3:15pm
Mona Lee

Pickleball Stage 2: Games & Drills 19 yrs+

For players who have completed Stage 1: Learn to Play. We'll work doubles strategy, communication, ball control, shot selection, and focus on placement over power. Equipment provided.

► 548084 \$112/4 sess
Apr 8-Apr 29 Tu 10:45am-12:45pm
► 548085 \$112/4 sess
May 6-May 27 Tu 10:45am-12:45pm
► 552995 \$112/4 sess
Jun 3-Jun 24 Tu 10:45am-12:45pm
► 553027 \$112/4 sess
Jul 8-Jul 29 Tu 10:45am-12:45pm
Mona Lee

GYM SPORTS SCHEDULE • Mar 31-Jun 26, Jul 2-Aug 30

SPORTS

Recreational Badminton

19 yrs+

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring your own racquet birdies. No session Apr 18, Apr 21, May 19 and Aug 4.

▶ 548086		Drop-in, \$5
Mar 31-Jun 23	M	11:40am-1:40pm
▶ 548087		Drop-in, \$5
Apr 2-Jun 25	W	11:40am-1:40pm
▶ 548088		Drop-in, \$5
Apr 4-Jun 27	F	11:40am-1:40pm
▶ 552640		Drop-in, \$5
Jul 7-Aug 18	M	11:40am-1:40pm
▶ 552641		Drop-in, \$5
Jul 9-Aug 20	W	11:40am-1:40pm
▶ 552642		Drop-in, \$5
Jul 11-Aug 22	F	11:40am-1:40pm

10 visit pass \$42.86 + tax, pass is valid for Monday, Wednesday, Friday AM badminton programs.

Pickleball Court Rental

19 yrs+

Each registration is for one court, max 4 players. Players must supply their own paddles and pickleballs.

▶ Weekly		\$15.24/1 sess
Apr 14-Jun 23	M	1:50pm-3:05pm
▶ Weekly		\$15.24/1 sess
Apr 2-Jun 25	W	1:50pm-3:05pm

Recreational Basketball

19 yrs+

Full-court recreational basketball. A very popular program, early registration is recommended. No session Apr 21, May 19 and Aug 4.

▶ 548089		\$65.48/11 sess; Drop-in \$6.90
Mar 31-Jun 23	M	7:10pm-9:00pm
▶ 552643		\$47.62/8 sess; Drop-in \$6.90
Jun 30-Aug 25	M	7:10pm-9:00pm

Recreational Volleyball Intermediate

19 yrs+

Fast paced volleyball for recreational intermediate players. Participants must have a good understanding of the rules, game strategies and demonstrate good ball control.

▶ 548090		\$77.38/13 sess; Drop-in \$6.90
Apr 1-Jun 24	Tu	7:10pm-9:00pm
▶ 548091		\$77.38/13 sess; Drop-in \$6.90
Apr 2-Jun 25	W	7:10pm-9:00pm
▶ 552645		\$53.57/9 sess; Drop-in \$6.90
Jul 2-Aug 27	W	7:10pm-9:00pm
▶ 552644		\$47.62/8 sess; Drop-in \$6.90
Jul 8-Aug 26	Tu	7:10pm-9:00pm

Advanced Doubles Badminton

19 yrs+

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and birdies.

▶ 548054		\$77.35/13 sess; Drop-in \$6.90
Apr 3-Jun 26	Th	7:10pm-9:00pm
▶ 552639		\$53.57/9 sess; Drop-in \$6.90
Jul 3-Aug 28	Th	7:10pm-9:00pm

Pickleball

19 yrs+

Get active on the court with Pickleball. Non-instructional. Paddles available for use. 24 Maximum daily players, 16 registered and 6 drop-in spaces.

▶ 548057		\$55.71/13 sess; Drop-in, \$5
Apr 1-Jun 24	Tu	1:00pm-3:00pm
▶ 554123		\$17.14/4 sess; Drop-in, \$5
Jul 8-Jul 29	Tu	1:00pm-3:00pm
▶ 554121		\$12.86/3 sess; Drop-in, \$5
Aug 5-Aug 19	Tu	1:00pm-3:00pm
▶ 548056		\$55.71/13 sess; Drop-in, \$5
Apr 3-Jun 26	Th	1:00pm-3:00pm
▶ 548058		\$55.71/13 sess; Drop-in, \$5
Apr 3-Jun 26	Th	10:45am-12:45pm
▶ 554122		\$17.14/4 sess; Drop-in, \$5
Jul 10-Jul 31	Th	1:00pm-3:00pm
▶ 554120		\$12.86/3 sess; Drop-in, \$5
Aug 7-Aug 21	Th	1:00pm-3:00pm

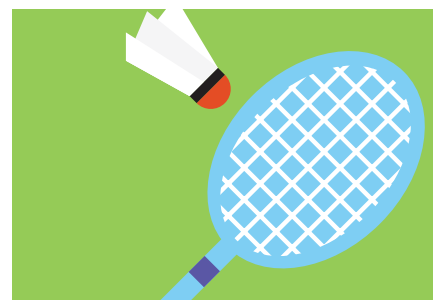
Table Tennis

19 yrs+

Drop-in table tennis for everyone and all skill levels. Three full size tables available. Please play in pairs or doubles. First come first serve basis. Please bring own equipment. Schedule subject to change. Drop-in \$2.38 + tax/ person, per 2 hour time slot.

Apr 2-Jun 28

- Monday 10am, 1pm, 6pm
- Tuesday 10am, 1pm, 6pm
- Wednesday 1pm
- Thursday 1pm
- Friday 10am, 1pm



Drop-in Procedures

- Registered participants have 15 mins after the scheduled start time to sign-in at the front desk or their spot will be given to a drop-in participant.
- Registered spots cannot be transferred to other participants.
- Drop-in players can sign-up 30 minutes prior to the program start time. Drop-ins must be present and in-person. First come, first served basis. No phone-ins. No name proxies.
- After 15 minutes, staff will announce names from the drop-in wait list who can then pay and join activity.
- For safety and attendance, only registered participants and paid drop-in participants are allowed inside gymnasium. Adult sports programs are for ages 19+. No warm-ups. No spectators.
- Drop-in fees collected once spot is available. See specific sport for fee.

NOTE • Prices do not include GST



Please note our Summer programs and Daycamps are in yellow

ADULTS



DANCE

Line Dance with Vivian

19 yrs+

Classes will be conducted mainly in English, Chinese translation available. Beginner/high beginners level. Dances will include Cha Cha, Mambo, Waltz, Rumba, Samba! First 30 minutes will be easy slow dances then faster music for the second half of the lesson. Drop-in \$7.14 + tax, if space permits.

Beginner

No class Apr 18

► 551301		\$59.52/10 sess
Apr 11-Jun 20	F	1:30pm-3:00pm
► 551914		\$53.57/9 sess
Jul 4-Aug 29	F	1:30pm-3:00pm

Beginner Plus

No classes Apr 21 and May 19

► 551302		\$53.57/9 sess
Apr 7-Jun 16	M	1:30pm-3:00pm
No classes Aug 4		

► 551915		\$47.62/8 sess
Jun 30-Aug 25	M	1:30pm-3:00pm

Intermediate

► 551303		\$65.48/11 sess
Apr 9-Jun 18	W	1:30pm-3:00pm
► 551916		\$53.57/9 sess
Jul 2-Aug 27	W	1:30pm-3:00pm

Belly Dance For Fun and Fitness

19 yrs+

The ancient art of celebrating life set to middle eastern, Egyptian and North African music and drum beats. Learn the movements that help strengthen your core, your pelvic floor. Drop-in \$14. Add: No classes May 6 and Jun 3

► 553881		\$113.40/9 sess
Apr 8-Jun 17	Tu	7:00pm-8:00pm

Sylvie Royer

Line Dance with Ember

19 yrs+

Line dance for fun. Meet new friends and exercise your body and mind by dancing to all genres of music. Prior knowledge of basic steps is recommended. Drop-in \$7.14 + tax. No class Apr 26.

Beyond Beginner

► 548236		\$77.38/13 sess
Apr 3-Jun 26	Th	6:30pm-8:00pm
► 548237		\$71.43/12 sess
Apr 5-Jun 28	Sa	11:30am-1:00pm
► 555511		\$29.76/ 5 sess
Jul 17-Aug 14	Th	6:30pm-8:00pm

Line Dance Social

19 yrs

Join us for Line Dancing for those with previous experience! This social event is the perfect chance to get moving to familiar tunes, enjoy some fun dancing, and reconnect with fellow dancers.

► 551266		\$9/1 sess
Jul 26	Sa	10:45am-12:45pm
► 554111		\$9/1 sess
Aug 9	Sa	10:45am-12:45pm

Ember Schira

Ballet for Beginners

19 yrs+

This is an easy-going ballet class for those who want to dance some more after learning the basic vocabularies of ballet. Learn a barre routine, some centre work and easy dances. Wear ballet slippers or socks to class and have fun. No class Apr 21 and May 19.

► 551884		\$161.90/10 sess
Apr 7-Jun 23	M	7:15pm-8:45pm

Kuei-ming Lin

DANCE

Intro to Ballet

19 yrs+

Learn the basic ballet positions, barre exercises, simple centre work. Wear ballet slippers or socks to class and have fun. No class Apr 21 and May 19.

► 551885		\$161.90/10 sess
Apr 7-Jun 23	M	5:30 PM-7:00 PM

Kuei-ming Lin

Ballroom Dance

19 yrs+

Come learn the waltz, tango, viennese waltz, slow foxtrot and the quickstep. No partner required. No dance experience required. Drop-in \$15 + tax.

Standard

► 551898		\$169/13 sess
Apr 1-Jun 24	Tu	9:30am-10:30am
► 551899		\$169/13 sess
Apr 1-Jun 24	Tu	10:30am-11:30am

Raf Chen

Ballroom Dance

19 yrs+

Learn the rumba, cha cha, paso double and jive. No partner required. No experience required. Drop-in \$15 + tax.

Latin

► 551894		\$169/13 sess
Apr 3-Jun 26	Th	9:30am-10:30am
► 551895		\$169/13 sess
Apr 3-Jun 26	Th	10:30am-11:30am
551896		\$169/13 sess
► Apr 5-Jun 28	Sa	1:30pm-2:30pm
► 551897		\$169/13 sess
Apr 5-Jun 28	Sa	2:30pm-3:30pm
► 552332		\$104/8 sess
Jul 8-Aug 26	Tu	9:30am-10:30am
► 552343		\$104/8 sess
Jul 8-Aug 26	Tu	10:30am-11:30am

No class Aug 2

► 558623		\$91/7 sess
Jul 5-Aug 23	Sa	9:30am-10:30am
► 558625		\$39/3 sess
Jul 5-Jul 19	Sa	10:30am-11:30am
► 558629		\$26/2 sess
Aug 16-Aug 23	Sa	10:30am-11:30am

Raf Chen

Social Dance Practice

19 yrs+

No instruction provided. No partner necessary. Drop-in \$3.00 + tax or buy a 10-visit pass \$23.80 + tax.

► 552627		
Apr 1-Jun 24	Tu	12:30pm-3:00pm
► 552626		
Apr 3-Jun 26	Th	12:30pm-3:00pm
► 552630		
Jul 8-Aug 26	Tu	12:30pm-3:00pm
No program Aug 14		
► 552629		
Jul 3-Aug 28	Th	12:30pm-3:00pm

SENIORS



SOCIAL

Karaoke

50 yrs+

Register for some fun while singing along with your friends. You can bring your own music. Select music options are also available onsite. English and all languages are welcome.

No session Apr 21, May 19.

► 554656 \$28.57/10 sess
Apr 7-Jun 23 M 11:45am-2:45pm
No session Apr 18.

► 554657 \$28.57/10 sess
Apr 11-Jun 20 F 11:45am-2:45pm
No session Aug 4.

► 554659 \$20/7 sess
Jul 7-Aug 25 M 11:45am-2:45pm

► 554661 \$22.86/8 sess
Jul 4-Aug 22 F 11:45am-2:45pm

Wai Sin

Tea Time

55yrs+

Have some coffee/tea and enjoy a casual conversation, exercise, games, workshops and more.

► 552373 \$3.10/season
Apr 10-Jun 19 Th 10:00am-12:00pm

No program Aug 14

► 552376 \$3.10/season
Jul 3-Aug 21 Th 12:00pm-1:30pm

Seniors Luncheon 55yrs+

You are invited to our bi-monthly luncheon. Have a social lunch where you can meet new people and chat over a lovely meal. Please register early as space is limited.

High Tea

► 554052 \$10/1 sess
May 8 Th 12:00pm-1:30pm

Canada Day Theme

► 554059 \$10/1 sess
Jun 26 Th 12:00pm-1:30pm

Tropical

► 554060 \$10/1 sess
Aug 14 Th 12:00pm-1:30pm

Seniors' Social & Games

Join a friendly group for conversation or to play various available games—scrabble, cribbage or cards. Tuesday and/or Thursday 1pm-3pm

► 553682 \$2.38/season
Apr 1-Jun 24 Tu 1:00pm-3:00pm

► 553683 \$2.38/season
Apr 3-Jun 26 Th 1:00pm-3:00pm

► 553684 \$2.38/season
Jul 8-Aug 26 Tu 1:00pm-3:00pm

► 553685 \$2.38/season
Jul 3-Aug 28 Th 1:00pm-3:00pm

SOCIAL

Crafts for Seniors

Explore your artistic side! Research the craft to get ideas prior to the session. All supplies provided.

Shower Steamers

► 551355 \$4.76/1 sess
Apr 8 Tu 1:00pm-3:00pm

Neurographic Art

► 551356 \$4.76/1 sess
May 13 Tu 1:00pm-3:00pm

Painting on Glass

► 551357 \$4.76/1 sess
Jun 10 Tu 1:00pm-3:00pm

Macrame

► 554066 \$4.76/1 sess
Jul 8 Tu 1:00pm-3:00pm

Ink on Tiles

► 558565 \$4.76/1 sess
Aug 12 Tu 1:00pm-3:00pm

OUT TRIPS

Adventures on Transit

Broadway, West of

MacDonald

50 yrs+

Aims to provide participants with the opportunity to gain knowledge and experience using public transit while exploring various locations throughout the city. Along the way, participants will meet new people and create lasting memories. Participants are responsible for their bus fare, lunch, and shopping expenses. Join us as we explore the vibrant shops along Broadway and MacDonald, discover unique ethnic stores, and enjoy a delicious lunch!

► 558732 \$4.76/1 sess
May 21 W 10:00am-2:00pm

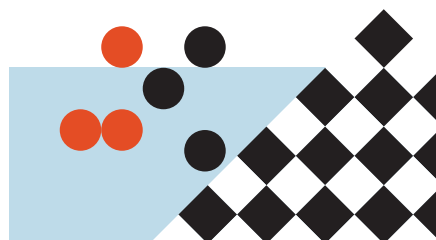
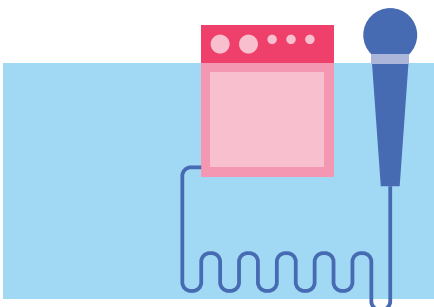
Langley Farm Tour

Out Trip

55 yrs+

This exciting activity includes comfortable charter bus transportation and exclusive visits to four amazing farms, partially subsidized by the Marpole-Oakridge Association. You'll explore Milner Valley Cheese, the fragrant Full Bloom Lavender Farm, the unique JV Academy Farm (home to Bison and Water Buffalo), and JD Farms Specialty Turkey, where you'll enjoy a mouthwatering lunch (at your own expense). Don't forget to sign and complete the activity waiver before we hit the road. Please note details subject to change.

► 558730 \$39/1 sess
Jul 11 F 9:30am-3:30pm



SENIORS



EDUCATION

Frauds & Scams Workshop

55 yrs+

In 2024, in Canada, there were 40,623 reports of fraud processed, 28,634 victims of frauds, and \$503M lost to fraud. This presentation by Seniors First BC introduces what frauds and scams are, common methods and schemes targeting Canadian seniors, safety strategies, and resources for reporting and gaining further information about frauds and scams.

► 554386 FREE, pre-registration required
Apr 24 Th 10:30am-12:00pm
Linda Yauk, Seniors First BC

Tools of a Pharmacist

55 yrs+

In BC, pharmacists are an integral part of our continuous care plan, especially when access to a family doctor is challenging. Join this workshop to learn more about how your local pharmacist can assist you.

May 27 Tu 10:30am-11:15am
► 558679 FREE, pre-registration required

Private Mobile Technology

55 yrs+

Are you feeling frustrated or confused with how to use your personal mobile device? Let Mary help! She offers personalized, one-on-one support tailored to your needs. Whether it's downloading an app, organizing your photos, or navigating Google Drive or iCloud, Mary is here to guide you through it. To ensure a focused session, please indicate the type of device and topic you need help with when registering. Registration deadline is 7 days prior to the class. 30-min private session at 10am, 10:30am, 11am. More sessions to come.

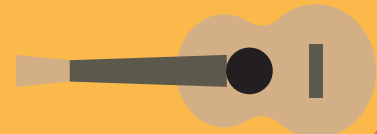
► 558662 \$16/1 - 30 min session
Apr 15 Tu
► 558674 \$16/1 - 30 min session
May 20 Tu
► 558675 \$16/1 - 30 min session
Jun 17 Tu
Mary Leung

Marpole Music Jam

19 yrs+

Come jam and meet new people at Marpole! Guitar players, singers, bring your voice and/or instrument to play and have a great time with other musicians. Very casual sessions. Music style; Americana, Classic Rock, Pop, Country, Folk and Sea Shanties. Bi-weekly program.

► 558171 FREE, registration required
Apr 9, 23, May 7, 21, Jun 4, 18
W 7:00pm-8:30pm



From Bach to Beatles

The Aoki Legacy Forum group will entertain you with music from Bach, Elvis, the Beatles and everything in between. Featuring Bob York on piano, ukelele players, guitarists, and talented singers. Specific information on performers will be posted when available. Admission by donation. Proceeds to the Aoki Legacy Fund. Snacks and light refreshments will be available.

► 554084 May 6 Tu 7:00pm-8:30pm
► 554085 Jun 3 Tu 7:00pm-8:30pm
► 554086 Jul 8 Tu 7:00pm-8:30pm
► 554087 Aug 5 Tu 7:00pm-8:30pm
► 554088 Sep 2 Tu 7:00pm-8:30pm





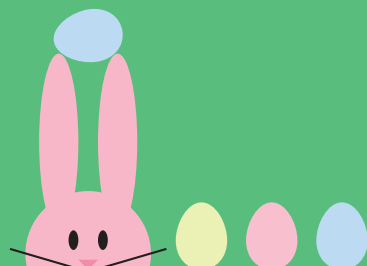
UPCOMING SPECIAL EVENTS

TSBC License #LAMO202804

Easter Egg Hunt • 1-6 yrs

Bunny has added Marpole-Oakridge Community Centre to its events list. Join in the hunt for Easter eggs and enjoy some egg crafts designed to let your little one be creative. Parent participation required. Have your cameras ready when the Easter Bunny stops by! All children participating must be registered.

► 553416 \$8/1 sess
Apr 12 Sa 11:00am-11:45am
► 553418 \$8/1 sess
Apr 12 Sa 12:00pm-12:45pm



Mother's Day • All Ages

Save the date! More info to come.

► 557322 \$8/1 sess
May 9 F 5:00pm-6:30pm

MARPOLE COMMUNITY DAY

Free Rides & Games * Stage Performances
Entertainment * Food Concession
Community Tables

Saturday June 7 • 11:00am-3:00pm
Marpole-Oakridge Community Centre
990 West 59th Ave (at Oak St.)

Hosted by Marpole-Oakridge Community Association and Vancouver Board of Parks & Recreation
www.marpoleoakridge.org

Music in the Park featuring music from Undercover

Wonderful outdoor event for all ages. Enjoy live music, lawn games, crafts and food in Oak Park (behind the field house at 7575 Fremlin Street).

► 554664 FREE
Jul 16 W 6:00pm-8:00pm





Marpole-Oakridge
Community Centre

SPRING & SUMMER 2025 RECREATION GUIDE

990 West 59th Avenue
Vancouver, BC V6P 1X9

COMMUNITY CENTRE:
604.257.8180 (press 1)

marpolecc@vancouver.ca

X @MarOakCA

f @marpoleoakridgecc

@marpoleoakridgecc



Programs and daycamps for kids

Seniors' programs and social events

Adult group fitness classes

Adult sports, health & wellness,
martial arts classes

Special events and day trips

Youth activities & volunteering

Music, arts and crafts

Learning workshops

Facility rentals

Fitness centre, sauna,
whirlpool, racquetball court

