



Sports Schedule: April 3 - September 2, 2017

*Prices do not include tax

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Apr 3 - Jun 26 No session Apr 17, May 22 Jul 10 - Aug 21 No session Jul 3, Aug 7</p>	<p>Apr 4 - Jun 27 Jul 4 - Aug 29</p>	<p>Apr 5 - Jun 28 Jul 5 - Aug 22</p>	<p>Apr 6 - Jun 29 Jul 6 - Aug 24</p>	<p>Apr 7 - Jun 30 No session Apr 14 Jul 7 - Aug 25</p>	<p>Apr 8 - Jun 24 No session Jun 3 MOCC closed Sat Jul 1 - Sep 2</p>
<p>Recreational Badminton 103080 103610 11:40am-1:40pm Drop-in \$4.05</p>		<p>Recreational Badminton 103081 103613 11:40am-1:40pm Drop-in \$4.05</p>	<p>Recreational Badminton 103082 103614 10:35am-12:35pm Drop-in \$4.05</p>	<p>Seniors Badminton 103083 103604 11:40am-1:40pm Drop-in Sr \$2.38 Drop-in under 50 \$4.05</p>	
<p>PickleBall 103049 \$25.74/11 sess 103619 \$14.04/6 sess 1:40pm-3:15pm Drop-in \$2.86</p>		<p>Indoor Soccer (Adaptive) 100638 \$28.57/13 sess 103553 \$19.76/9 sess 2:00pm-3:15pm Drop-in \$2.86 (by referral only)</p>	<p>Beginner Badminton 100499 103615 12:35pm-1:50pm Drop-in \$3.10</p>	<p>Open Gym Basketball 103087 103455 1:45pm-3:15pm Drop-in \$1.90</p>	
	<p>Basketball for Boys (Adaptive) 100296 7:00pm-8:15pm \$24.76/12 sess Starts Apr 11 Spring Only</p>	<p>Youth Open Gym Basketball 96570 3:15pm-4:45pm FREE Spring Only</p>	<p>Women's Intermediate Badminton 103598 \$46.67/13 sess 103601 \$21.71/8 sess 1:50pm-3:50pm Drop-in \$4.05</p>	<p>Youth Drop-In Basketball 96569 105154 3:15pm-4:30pm Drop-in \$1.00 No session Jun 23</p>	<p>Family Badminton 100692 2:00pm-3:50pm Ad \$32.39/Yth/Ch \$21.95/12 sess Drop in Ad \$3.33 Yth/Ch \$2.50 Spring Only</p>
<p>Recreational Basketball 103094 7:05pm-9:20pm \$49.72/11 sess Drop-in \$5.25 103452 7:05pm-8:50pm \$23.00/7 sess Drop-in \$4.10 Ends Aug 28</p>	<p>Adult Open Gym Basketball 103093 8:20pm-9:20pm 107433 7:15pm-8:50pm Drop-in \$1.25</p>	<p>Recreational Inter. Volleyball 103088 7:05pm-9:20pm \$59/12 sess Drop-in \$5.25 103548 7:05pm-8:50pm \$26/8 sess Drop-in \$4.10</p>	<p>Advanced Doubles Badminton 100290 7:05pm-9:20pm \$59/13 sess Drop-in \$5.25 103548 7:05pm-8:50pm \$36.33/8 sess Drop-in \$4.10</p>	<p>Youth Drop-In Badminton 96568 4:30pm-5:45pm Drop-in \$2 No session Jun 23 Spring Only</p>	

Sports Descriptions

Advanced Doubles Badminton

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Beginner Badminton

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Open Gym Basketball

Drop-in and shoot some hoops. Six hoops available. Please bring your own basketball.

Recreational Badminton

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Recreational Basketball

Full-court recreational basketball for men and women. A very popular program; early registration is recommended. Registered participants have 15 minutes to arrive (by 7:20pm) or the spot will be sold to a drop-in participant.

Recreational Intermediate Volleyball

Fast paced volleyball for recreational intermediate players. Participants must have a good understanding of the rules, game strategies and demonstrate good ball control. Registered participants have 15 minutes to arrive (by 7:20pm) or the spot will be sold to a drop-in participant.

Women's Intermediate Badminton

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Seniors Badminton

Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Family Badminton

Families consisting of an adult and child (7-18 yrs) will be given priority. Children 7-12 yrs must be accompanied by an adult. Unaccompanied adults may drop-in if space permits. Volunteer badminton supervisors have the right to direct players to an appropriate level of play. Most games are played in doubles on a court rotational basis. No single court games, unless time and/or skill level permits. Please bring own equipment and shuttlecocks.

Table Tennis

Drop-in table tennis for everyone. Three full size tables available. Please play in pairs or doubles. First come first serve basis. Players of all skill levels are welcome. Please bring own equipment. Children 7-12 yrs must be supervised by an adult. Please pick up a schedule at the front desk. Schedule subject to change monthly.

For safety and attendance, only registered participants and paid drop-in participants are allowed into gymnasium. Adult sports programs are for ages 19 yrs and up. No warm ups. No spectators. All adult sports programs are non-instructional. Please register in the program suitable for your level of participation.

Basketball - Adaptive

The Developmentally Challenged Youth Basketball Association (DCYBA) promotes and supports the development of youth with developmental challenges through basketball. Males 14-25 yrs old are welcome to join. Learn to play in a non-competitive and fun environment. Contact Ann Carr if interested in joining at 604-228-9527 or visit www.dcyba.org for more information.

Indoor Soccer - Adaptive

An opportunity to engage in recreational soccer in a supportive, social environment. Facilitated by Vancouver Coast Health for their clients, friends and family members. Contact Katie Maher at 604-269-2731 for more details. Participation is by referral only.

PickleBall

Get active on the court with Pickleball. This sport combines elements of badminton, tennis and table tennis. It is a fun and easy to learn sport, and will have you coming back for more! This is a non-instructional program. Please bring own equipment.

Sports Drop-In and Program Procedures

1. First priority for play is for registered participants. Registered participants have 15 minutes after activity start time to arrive, or the spot will be made available for a drop-in participant.
2. Drop-in wait list sheet will be available 30 minutes prior to activity start time. Drop-ins must be present and in-person. Please sign up at the front office. First come, first served basis, no phone-ins and no name proxies.
3. Drop-in spots are not guaranteed. Drop-ins will be allowed for any unregistered spaces, up to the program maximum capacity.
4. After 15 minutes, the front office will announce names from the drop-in wait list. Drop-in participants can now purchase a drop-in admission to join into activity.

See specific program for applicable drop-in fee. Prices do not include tax.