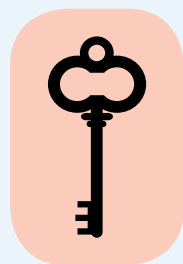


Social Recreation



Get your Social Key!

Participate in any one or more of the following listed programs: English Corner, Knitting, Art Club, Daytime Social Drop-In. You can also sign up for an individual program for \$1.90 per session.

Apr 3-Sep 1 100133 \$4.76

Daytime Social Drop-In

Join us for a cup of tea or coffee. Play cards, board games, do puzzles or just chat about current events. We are located close to public transportation, and we are wheelchair accessible.

50+ yrs	MO Volunteer
100134	\$1.90/22 sess
Apr 4-Aug 29	Tu 1:00pm-3:00pm
50+ yrs	MO Volunteer
100135	\$1.90/22 sess
Apr 6-Aug 31	Th 10:00am-12:00pm



Tuesday Art Club

Looking for a place to draw or paint and meet other people who enjoy art too? Come and join our group! No oils please. This is a self-led program.

50+ yrs	No Instructor
100709	\$1.90/22 sess
Apr 4-Aug 29	Tu 10:00am-12:00pm

Please see page 5 and visit marpoleoakridge.org for workshops.

English Corner

English Corner is an informal way to improve conversational English. At English Corner, participants learn English, share ideas and discover ways to build community. All English language levels are welcome! No session Apr 14, 17, May 22, Jul 3, Aug 7.

19+ yrs	Howard & Huda Bolbolan
100091	\$1.90/18 sess
Apr 3-Aug 28	M 6:30pm-8:30pm
19+ yrs	Sahba Imani
100092	\$1.90/22 sess
Apr 5-Aug 30	W 3:30pm-5:30pm
19+ yrs	Farah Aghdasi
100093	\$1.90/22 sess
Apr 7-Jun 30	F 3:30pm-5:30pm
19+ yrs	Farah Aghdasi
100093	\$1.90/22 sess
Jul 7-Sep 1	F 3:30pm-4:45pm

Knitting

Bring your new or unfinished projects and work on them in this social, self-directed group. Whether knitting, crocheting or other needlework, share your ideas with others and try new things. No session Apr 14.

19+ yrs	MO Volunteer
100136	\$1.90/21 sess
Apr 7-Sep 1	F 1:00pm-3:00pm



Monthly Luncheon

You are invited to our Lunch Party. Have a social lunch where you can meet new people and chat over a lovely meal. Please register early as space is limited.

50+ yrs	Cinco de Mayo
100137	\$3.81/person (reg by Apr 21)
Apr 25	Tu 12:00pm-3:00pm
50+ yrs	Victoria Day English Tea
100138	\$3.81/person (reg by May 19)
May 23	Tu 12:00pm-3:00pm
50+ yrs	Canada "150" Celebration
100139	\$3.81/person (reg by Jun 23)
Jun 27	Tu 12:00pm-3:00pm
50+ yrs	Mid-Summer Social
100230	\$3.81/person (reg by Jul 21)
Jul 25	Tu 12:00pm-3:00pm
50+ yrs	End of Summer Picnic
100231	\$3.81/person (reg by Aug 18)
Aug 22	Tu 12:00pm-3:00pm

Bridge

Come play bridge on Friday afternoons and enjoy some coffee/tea with others. Previous bridge knowledge is required. No session Apr 14.

50+ yrs	No Instructor
100143	\$1.90/12 sess
Apr 7-Sep 1	F 1:00pm-3:30pm

Seniors Week: Bollywood Nights

Gear up for a fun filled, energetic and rocking party at Killarney Community Centre. Music, dancing, glamour & food, are all going to be part of the entertainment, thus making a special celebration of diversity. For Bollywood dance workshops in May, visit killarney-centre.ca

50+ yrs	103091
Please register for this FREE Event	
Jun 9	F 11:00am-1:30pm

Chinese Seniors Group

Make new friends and promote mutual help amongst each other. There are workshops on current issues, seniors benefits and safety, community resources, physical/mental wellness, and cross-cultural sharing. This is a joint program with S.U.C.C.E.S.S. Contact Timothy Kwan at 604-408-7260 or timothy.kwan@success.bc.ca

50+ yrs	Cantonese - Timothy Kwan
100145	\$1.90/22 sess
Apr 6-Aug 31	Th 9:30am-11:30am
50+ yrs	Mandarin - Timothy Kwan
100146	\$1.90/22 sess
Apr 6-Aug 31	Th 1:30pm-3:30pm

Evergreen Karaoke Group

Come join in on Chinese Karaoke, facilitated by Ms. Vivien Wong, with the S.U.C.C.E.S.S. Evergreen News Club. Call 604-408-7274 ext. 1054 or email publications@success.bc.ca for more information. Drop-in only.

19+ yrs	Loretta Chiu - SUCCESS
100095	Drop-in \$6.67
Apr 6-Jun 29	Th 10:00am-12:00pm
19+ yrs	Loretta Chiu - SUCCESS
105305	Drop-in \$6.67
Jul 6-Aug 31	Th 10:00am-12:00pm

Women's World of SUCCESS 中僑婦女園地

中僑婦女園地的服務宗旨是要提高婦女們的家庭生活質量，促進家長和子之間的關係，並幫助婦女克服社會隔離鼓勵她們參與社區生活。本會每週五有聚會和各項有關日常生活的粵語講座。歡迎加入。Women's World of SUCCESS aims at enhancing the quality of family life, promoting positive parent-child relationships, and helping women to overcome social isolation. To participate (and for a meeting schedule), please contact SUCCESS at 604-408-7260.

19+ yrs	
Apr 7-Sep 1	F 9:30am-11:30am

Minds in Motion

This fitness (12:00-1:00pm) and social program (1:00-2:00pm) is for people experiencing early stage memory loss who may attend with a friend, family member or caregiver. A certified fitness instructor conducts the fitness portion and, for the second part, a facilitator ensures participants are welcomed and assists with social interaction and involvement in activities, guided by the needs and interests of the participants. Registrants may be accompanied by a caregiver.

50+ yrs	Bonnie K. & Kate C.
100147	\$74.29/12 sess; Drop-in \$7.43
Apr 11-Jun 27	Tu 12:00pm-2:00pm
50+ yrs	Bonnie K. & Kate C.
100229	\$55.71/9 sess; Drop-in \$7.43
Jul 4-Aug 29	Tu 12:00pm-2:00pm

Yogafit for Seniors

Yogafit is a fitness-based yoga based on the principles of Hatha Yoga. It blends balance, strength, flexibility and power in a fitness format. Yogafit is designed to improve the health, performance and mental activity of athletes or individuals interested in improving their level of fitness. The poses will allow the seniors to increase muscular strength, endurance, flexibility, lung capacity and overall wellness.

50+ yrs	Emily Chan
100149	\$66.67/10 sess; Drop-in \$7.62
Apr 21-Jun 23	F 9:30am-10:30am
50+ yrs	Emily Chan
106899	\$26.67/4 sess; Drop-in \$7.62
Jul 7-Jul 28	F 9:15am-10:15am



Tea Time

Have some coffee/tea and enjoy a casual conversation with others. There is also a variety of games you can enjoy, such as Dominoes, Mahjong, Chess, Cards, etc. No session Apr 14.

50+ yrs	Loritz Lo
100144	\$1.90/21 sess
Apr 7-Sep 1	F 10:00am-12:00pm



Table Tennis

Three full size tables are available on a first come, first serve basis. Please play in pairs or doubles. Players of all skill levels are welcome. Please bring own equipment. Monthly schedule at the front desk.

19+ yrs	Drop-in \$1.43/person
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VANCOUVER BIRD WEEK MAY 6-13th

This Annual celebration is inspired by World Migratory Bird Day, a United Nations-sponsored initiative that recognizes the importance of birds as key indicators of our environment's health. The 2017 theme is Birds at the Shore, and activities will include bird-related workshops, walks, talk, and lectures and including art activities at community centres across Vancouver leading to the selection of the City Bird. All events are free. www.vancouverbirdweek.ca