

## Pre-Teen Social Recreation & Leadership

### Pre-Teen Club

9-13 years

Calling all grade 4, 5, 6 and 7's! Meet other pre-teens in the neighborhood and join us every Friday evening for arts & crafts, movies, baking and games.

- Sept 8** Magnetic Picture Frames
- Sept 15** Pajama Day & Pancakes
- Sept 22** Slime
- Sept 29** 3D Paper Book Covers
- Oct 6** Melted Beaded Keychains
- Oct 13** Decorating Diyas & Henna
- Oct 20** Smoothies
- Oct 27** Pumpkin Carving
- Nov 3** Fear Factor
- Nov 10** Bird Feeders
- Nov 17** Baking
- Nov 24** Karaoke
- Dec 1** Holiday Ornaments
- Dec 8** Holiday Celebration

**9-13 yrs** Joanna Chiu  
**124149** Drop-in \$2  
**Sep 8-Dec 8** F 4:15pm-5:30pm

### Bakers Kitchen

Do you love eating pastries and desserts, but don't know how they're made? Join us and explore your inner bakerness! Learn how to bake delicious desserts and share your creations at home with your family!

**9-13 yrs**  
**124141** \$40/5 sess  
**Oct 5-Nov 2** Th 4:00pm-5:30pm  
**9-13 yrs**  
**124346** \$40/5 sess  
**Nov 16-Dec 14** Th 4:00pm-5:30pm



### Go Girls!

Hey girls! Lets get together and explore your creativity, discover talents, and share memories with new friends. Program will engage in topics such as: goal setting, inspiring women, leadership and activities that building confidence. Please contact Youth Worker for details.

**9-13 yrs** Big Brothers & Big Sisters  
**124145** FREE

### MO Jr. Youth Council

Marpole-Oakridge (MO) Jr. Youth Council is looking for preteens that are in grades 6 & 7, that are interested in building their leadership skills and making a positive contribution to the community and their peers.

**11-13 yrs** Anntuaneth Figueroa  
**124146** FREE/12 sess  
**Oct 3-Dec 19** Tu 3:30pm-4:30pm

### Exit the Room

Do you enjoy solving mysteries? Join us on this out trip to Exit the Room! where you can problem solve challenging puzzles and exciting clues within 45 minutes. Price includes transportation and admission fee.

**9-13 yrs** Youth Leader  
**124144** \$30/1 sess  
**Sep 22** F 11:00am-3:00pm

### Pumpkin Patch

Wear your rain boots and let's head over to Richmond Country Farms for a fun afternoon of hay rides, music, and pumpkins. Price includes transportation, admission fee and pumpkin.

**9-13 yrs** Youth Leader  
**124414** \$30/1 sess  
**Oct 20** F 11:00am-3:00pm

### Science World

Experience the live demonstrations, explore, and take part in the hands-on activities that Science World has to offer. Price includes transportation, admission fee, and OMNIMAX Film.

**9-13 yrs** Youth Leader  
**124418** \$40/1 sess  
**Nov 10** F 10:00am-5:00pm

### Ice Skating at Robson Square

Skate at Robson Square, drink some hot chocolate, take a walk around downtown Vancouver and see the holiday décor. Price includes transportation, skate rental fee, and hot chocolate!

**9-13 yrs** Youth Leader  
**124441** \$15/1 sess  
**Dec 1** F 11:00am-3:00pm



### Movie Ticket Youth Fundraiser

Have you heard? The MO youth council is selling discounted CINEPLEX **Movie Passes for only \$11** each! Passes are valid for one general admission to any Cineplex movie theatre. Purchase movie passes at the main office. For more information please contact the youth room at 604-718-5879. Thank you for supporting the Youth Council.

**\$11**  
per pass

## Youth Leadership Opportunities

### MO Youth Council

Marpole-Oakridge (MO), is looking for youth who would like to take the initiative to plan and implement special events, fundraisers and activities for other youth in the community. Youth must commit for the entire school year Sept 2017-June 2018. Pick a youth committee that interests you:

Environmental Committee  
Engagement Committee  
Fundraising Committee  
Fine Arts Committee

Meetings are held every Wednesday in the Club Room. For more information please contact 604-718-5879.

<b>13-18 yrs</b>	<b>Youth Leader</b>
<b>124147</b>	<b>FREE/14 sess</b>
<b>Sep 13-Dec 13</b>	<b>W 4:00pm-5:30pm</b>

## Volunteer Opportunities

Need volunteer hours for school? MO has many volunteer opportunities for youth 13-18 yrs! All volunteers are required to complete a youth volunteer application form, assist to a volunteer interview with the youth staff, and attend a mandatory volunteer orientation before volunteering. For more information please contact the youth worker at 604-718-5879.

Volunteer Positions Available:

- Youth Room Supervisor
- Administrative Assistant
- Program Activity Assistant
- Gym Supervisor
- Special Events
- Snack Bar
- Children Daycamps
- MoreSports after school programs (various elementary schools)

### Fall Youth Volunteer Orientation

This one time orientation is mandatory for all youth wanting to volunteer for Marpole-Oakridge Community Centre programs, special events and youth council. This training provides information on volunteer rights & guidelines, benefits of volunteering, description of volunteer roles, and what to do in case of an emergency. After completing this orientation youth can begin to volunteer at MO.

<b>13-18 yrs</b>	<b>Youth Leader</b>
<b>124153</b>	<b>\$6/1 sess</b>
<b>Aug 30</b>	<b>W 2:00pm-4:00pm</b>

### Duke Of Edinburgh Award

The Duke of Edinburgh Award is an internationally recognized leadership program that encourages youth to challenge themselves in a fun, active environment. Participants must be self-motivated and able to work independently to complete the four components of this program: Service, Skill, Physical Fitness and Expedition. Advice & support meetings can be booked with the youth worker. An application form must be filled out at time of payment and can be picked up at the main office or the youth room. For more information please contact 604-718-5879.

<b>14-18 yrs</b>	<b>Anntuaneth Figueroa</b>
<b>124143</b>	<b>\$35/Booklet Fee</b>
<b>Sep 1-Dec 15</b>	<b>Ongoing</b>

### Youth Photo Club

Ready to go beyond selfies? Learn the basics of lighting, framing, colour, contrast and more. Bring your camera, smart phone, or tablet to share photos and head out into the community to take pictures.

<b>13-18 yrs</b>	<b>Volunteer</b>
<b>124158</b>	<b>FREE/3 sess</b>
<b>Sep 28, Oct 26, Nov 30</b>	<b>Th 6:00pm-7:00pm</b>

### Snack Bar Crew Training

The Snack Bar Crew is looking for responsible, friendly and task oriented youth to help manage the Snack Bar afterschool. This training will teach you the skills that you need to successfully work in a customer service setting. Training will cover: customer service, cash handling, inventory, and proper food handling. This training is mandatory for all youth who are interested in volunteering in the Snack Bar. Snack Bar Shift Hours: 3:15pm - 6:00pm Monday to Thursday, Friday 3:15pm-7:00pm.

<b>14-18 yrs</b>	<b>FREE/1 sess</b>
<b>128118</b>	<b>Sa 1:00pm-3:00pm</b>
<b>Sep 30</b>	

### MoreSports Mentorship Training

MoreSports provides affordable sports and physical activity opportunities for children, youth, and families living in Vancouver. We provide afterschool sports and activities to our local elementary schools: MultiSports, Mixed Games, Soccer, and Basketball, and Coaching opportunities for youth. Our youth leaders come from diverse backgrounds and sport experience, but they all share a passion for working and helping kids. Mentorship is a win-win and through Moresports, our leaders not only become key role models in their community, they inspire new ones.

<b>13-18 yrs</b>	<b>FREE/1 sess</b>
<b>128127</b>	<b>F 3:15pm-5:15pm</b>
<b>Oct 13</b>	

To avoid disappointment, register early and bring a friend along!

**Register Early!**

## Youth Sports & Fitness

### Volleyball Skill Development

This volleyball program aims to teach the fundamentals of volleyball. Techniques include: bumping, passing, setting, serving, and spiking. Make sure you come geared up and ready to go! No session Oct 27.

**13-18 yrs** Lovelle Castro  
124152 \$80/8 sess  
Sep 15-Nov 10 F 5:45pm-7:00pm

### Youth Drop-In Badminton

Enjoy recreational badminton with your friends. Participants must have a basic understanding of the rules and game strategies. Bring your own racquet or borrow one from the main desk with a One Card or Go Card. No session Oct 27.

**13-18 yrs** Youth Volunteer  
117967 Drop-in \$2  
Sep 15-Dec 22 F 4:30pm-5:45pm

### Youth Drop-In Basketball

All youth are welcome to drop-in and shoot some hoops. Games are half court and self organized. Bring your own ball or borrow one from the main desk with a One Card or a Go Card. No session Oct 27.

**13-18 yrs** Youth Volunteer  
117963 FREE/15 sess  
Sep 8-Dec 22 F 3:15pm-4:30pm

### Youth Open Gym

All youth are welcome to drop-in and shoot hoops, bump balls or swing a racquet (space permitting). Bring your own gear or borrow some from the front desk with a One Card or Go Card.

**13-18 yrs** Youth Volunteer  
117961 FREE/16 sess  
Sep 6-Dec 20 W 3:30pm-4:45pm

### Sunny Kim Tae Kwon Do

This fast-paced martial art combines athletic kicks, strong hand work, balance and speed. Emphasis is placed on forms and light contact sparring. Students are encouraged to participate in BC Taekwondo Federation events. A great workout for all ages! Belt Promoting Testing will be held 1:00pm-3:00pm Saturday Dec 16.

**13+ yrs** Sunny Kim Taekwondo  
117764 Free Trial Class  
Sep 5 Tu 7:00pm-7:45pm  
Set 1

**13+ yrs** Sunny Kim Taekwondo  
117765 \$112/14 sess  
Sep 8-Oct 24 Tu F 7:00pm-7:45pm  
Set 2

**13+ yrs** Sunny Kim Taekwondo  
117766 \$112/14 sess  
Oct 27-Dec 15 Tu F 7:00pm-7:45pm

### Night Hoops Sr & Jr Boys Teams



Night Hoops is a FREE late night basketball program for youth 13-18yrs. Night Hoops offers youth the opportunity to experience the thrill of playing on an organized basketball team. Players

do not have to be highly skilled. Practices will start Nov 17, and will be held in the MO gym on Friday nights. Games will take place on Saturdays at different sites (schedule TBA) and will start early January 2018. Participants must commit to both practice and team games. Check out the webpage [www.nighthoops.ca](http://www.nighthoops.ca) for more information. To register, contact the youth worker at 604-718-5879.

**13-18 yrs** TBA Instructor  
FREE  
Nov 17-Apr 13 F 7:00pm-8:15pm

### Family Badminton

Families consisting of an adult and child (7-18 yrs) will be given priority. For details see page 13. No session Oct 28.

**13+ yrs**  
117767 \$25.62/14 sess; Drop-in \$2.55  
Sep 9-Dec 23 Sa 2:00pm-3:50pm

## Adaptive

### Discovery Lifeskills

This social-recreational program is for youth with mild developmental disabilities who are looking to have fun, learn skills, and socialize. The activities will focus on social and life skills, allowing participants to have an opportunity to develop their independence. All participants are required to attend a meet and greet with staff prior to the first session. 1 to 1 support worker may be indicated by the participants needs assessment. No session Oct 7 and Nov 11.

**13-18 yrs**  
128165 \$130/10 sess  
Sep 16-Dec 2 Sa 10:00am-12:00pm

### Indoor Soccer

An opportunity to engage in recreational soccer in a supportive, social environment. Facilitated by Vancouver Coast Health. For details see page 27.

**19+ yrs** VCH  
117915 \$30.38/14 sess; drop-in \$2.91  
Sep 13-Dec 13 W 2:00pm-3:15pm

### Basketball for Boys

Facilitated by DCYBA, which promotes and supports the development of youth with developmental challenges through basketball. for details see page 27.

**14-25 yrs** DCYBA  
117918 \$28.70/14 sess  
Sep 12-Dec 12 Tu 7:00 pm-8:15 pm